



Single Copy \$1.00
Sections - 4
Pages - 24

Thursday, October 20, 2022 147th Year - No. 3

The Wayne Herald

Daily updates on the Web at www.thewayneherald.com

Candidate forum includes three contested races

By Clara Osten,
clara@wayneherald.com

Candidates for the races of Wayne Mayor, City Council Ward 1 and Wayne Community Schools Board of Education took part in a candidate forum on Monday at the Wayne Senior Center.

Moderated by Wayne Area Economic Development Director Luke Virgil, the event was co-sponsored by Wayne Area Economic Development Office and Craftology, more than 40 community members were in attendance to listen to the candidates and ask questions specific to each contested race.

Each of the candidates was able to share information with the audience on their backgrounds and reasons of running for public office.

Cale Giese, who currently serves as mayor of Wayne and is running for re-election, told the audience he is a life-long resident of Wayne and wants to "do my part of make Wayne better."

Among the areas Giese would like to focus on are a substation for generating electricity, community amenities such as parks, the trail, and the lagoon project and working on revitalizing workforce housing.

B.J. Woehler, who was also born and raised in Wayne, is challenging Giese for the position of mayor.

He said he believes in "limited government" and said the "city has gone too far."

He plans to listen to the public in regard to needs and would like to see the current city hall remain as the city hall. In addition, he would like to see chlorine eliminated



(Photo by Clara Osten)

Taking part in the Candidate forum on Monday at the Wayne Senior Center were (left) BJ Woehler, Cale Giese, Karen Granberg, Clayton Bratcher, Luke Virgil (moderator), Justin Davis and Jodi Pulfer.

from city water and "flush the Stool to Cool Project which is bringing debt to the city."

He said that while Wayne has a housing crisis and he isn't opposed to more housing, "government seems to think they need to be involved."

In the City Council Ward 1 race, Clayton Bratcher and Karen Granberg are vying for the spot.

Bratcher has been a Wayne County Deputy Sheriff for 15 years and "wants to continue to serve"

He told the audience that in regard to housing, he wants to "make homeowners responsible." He also wants to "see Wayne grow in a positive manner."

Karen Granberg, who has been a resident of Wayne for 39 years, retired from Wayne State College and was "looking around to see what I can do in the community to make an impact."

She said she wants to participate in government and "find out what people want. It is good to have communication so people understand what is going on."

Justin Davis, a candidate for Wayne Community Schools Board of Education, told the audience he grew up in Carroll, graduated from Wayne High School and after living in several other locations, moved to Wayne in 2015.

He is completing his first term on the

board and talked about the challenges and accomplishments of the districts in that time.

Jodi Pulfer is also running for a second term on the board of education. She told the audience her children graduated from Wayne High School and she feels she has time to commit to being on the board.

"I want the students to be the best they

can be. Each student is different."

Each of the candidates was asked what the biggest challenges are to the city and the school district.

Woehler said he felt lack of community involvement was an issue with citizens not knowing what was happening.

Giese said he felt electricity purchasing was an issue as it is difficult to attract businesses without reliable power.

Granberg said she feels there needs to be more communication so people understand what is going on.

Bratcher also said letting people know what is going on is important as is "getting people to care."

Both school board candidates said that working on the school's strategic plan for the coming years and retaining staff were high priorities.

In regard to school/city collaboration, all candidates said it was important to work with each other, have conversations and look at options that are good for both the school and the city.

The forum ended with Senator Joni Albrecht sharing information about the 2022 Legislative Session and the 2023 session, which will be 90 days long. She also thanked all those running for political office and giving of their time.



(Photo by Michael Carnes)

District champs

Both the Wayne High boys' and girls' Cross Country teams earned the right to compete at the State Tournament in Kearney on Friday, Oct. 21. Pictured following District competition were (front) Kyla Krusemark, Olivia Hanson, Lilyan Hurner, Laura Hasemann, Frantzie Barner and Jala Krusemark. Back, left to right: coach Kent Pulfer, Ethan McCraney, Adrian Klinetobe, Alex Frank, Drew Miller, Kasen York, Easton Blecke, coach Courtney Maas and coach Terry Bear. Information on the District meet can be found on page 1B in today's Herald.

Carbon pipeline information, grant applications on commissioners' agenda

By Clara Osten,
clara@wayneherald.com

Representatives from Summit Carbon Solutions were present at Tuesday's meeting of the Wayne County Board of Commissioners to provide an update on the project scheduled to go through Wayne County.

Of the 22 miles in Wayne County that the pipeline would impact, 35% of the land has been acquired. A total of 135 miles of the 318 miles (43%) in Nebraska has been acquired through voluntary easements.

The firm told the commissioners that they are proposing an August 2023 start date for construction of the project. The commissioners will need to get Road Use Agreements set before any digging can take place.

Commissioners received information from Highway Superintendent Mark Casey in regard to a resolution certifying proper completion of CBMP (4) involving several bridge projects.

The commissioners also approved and

signed a quitclaim deed to purchase 1.45 acres of land from the Union Pacific Railroad Company for an addition of the County Shop in Winside.

Emergency Manager Nic Kemnitz shared information on a number of items he has been involved with in recent weeks including the Missouri River Outdoor Expo, the Nebraska Pipeline Association Training in Norfolk, the National Weather Service Integrated Weather Team Meeting in Omaha, the Nebraska Emergency Management Agency Basic Academy in Lincoln (where Kemnitz was a panelist during discussion) and a large field fire north of Wayne where Kemnitz helped coordinate resources between the Wayne Volunteer Fire Department and Cedar County Emergency Management.

In other action, the board approved the following requests for Lodging Tax Grants: \$375 for advertising the Daniel Christian concert at the Little Red Hen Theatre in Wakefield;

\$1,500 for advertising, signage and programs for the Elkhorn Valley Bank Northeast Nebraska Shootout Dec. 28-30;

\$1,000 for advertising for The Fall Thing, sponsored by Wayne Area Economic Development on Oct. 22;

\$1,000 for advertising Christmas in Wayne, sponsored by Wayne Area Economic Development on Nov. 17; \$400 for advertising the Winside Museum Spaghetti Dinner on Oct. 23; and \$500 for the 2022 Christmas Tour of Home, sponsored by the Friends of the Museum.

A request for \$900 for mileage and expenses to the Nebraska Tourism Conference was denied.

A request from the Belden Volunteer Fire Department for \$80,000 in ARPA Grant funds for bunker gear and a water tender was denied.

The Wayne County Board of Commissioners will next meet in regular session on Tuesday, Nov. 1 at 9 a.m. in the courtroom at the Wayne County Courthouse.



(Photo by Clara Osten)

Dave Peterson with JEO Consulting shared information on a wholesale power and generation options at Tuesday's City Council meeting.

Update given to future of city property

By Clara Osten,
clara@wayneherald.com

Information on the future of the Community Activity Center (CAC) and the land surrounding it was shared during Tuesday's meeting of the Wayne City Council.

Council member Matt Eischied, who is part of the council's Facilities Committee, said the group met with the Wayne Community Schools' Facility Committee last week and "had lots of good discussion."

Eischied said the school would like to have an Elementary Learning Center that would house Pre-K through second grade in one location. He added that the city is "not ready to sell the CAC at this time, but this is not closing the door on the possibility in the future."

The school committee felt positive about possibly obtaining city-owned property west of the CAC to build on. This would not take away a lot of recreation area.

"The city wants to keep the school within city limits. We want to help the school, not limit them. We are equal partners," Eischied said.

Council member Brent Pick, who is also a member of the school's facility committee, told the council that the traffic flow and security is better at this site and leaves other school-owned areas open for other projects.

Additional discussion will take place between the city and the school in coming weeks.

Council members approved a resolution which approves Task Order No. 221753.00 with JEO Consulting Group, Inc. for a Wholesale Power and Generation Capacity Options Project.

Dave Peterson with JEO was at Tuesday's meeting and talked about the timeline for the project and said "this is a good time to do this as the city's contract with Big Rivers expires in 2026."

The project will help the city determine options for power purchases and possible generation of electricity in the future.

Peterson has done similar work with the city of South Sioux City and according to Electric Distribution Superintendent Tim Sutton, "Dave is very knowledgeable."

It is anticipated that the city would receive information on Peterson's findings and offers for the purchase of electric power by April of 2023.

Certificate of Payment No. 5 in the amount of \$199,504.31 was approved to Robert Woehler & Sons Construction Inc. for the Chicago Street Improvement Project.

Taylor Kube with Olsson said the "project is pretty much complete and everything has gone pretty well."

Certificate of Payment No 2 in the amount of \$37,797.08 to Robert Woehler & Sons Construction Inc. for the Lincoln Street Improvements Project was also approved. Kube updated the council on that project also and shared information on the next steps.

No one from the public spoke during a public hearing in regard to the acquisition of property from First Methodist Church.

The property involved is a portion of the parking lot on Main Street, across the street from the church.

The purchase would be contingent on the city purchasing the Ameritas property.

Closed session discussion was held on authorizing the city staff to negotiate a purchase price for the property from the church.

In other action, Kim Endicott was reappointed to the Library Board. Her term will expire on June 30, 2026.

The Wayne City Council will next meet in regular session on Tuesday, Nov. 1 at 5:30 p.m.



(Photo by Clara Osten)

Superior performance

The Wayne High School Blue Devil Marching Band earned a Division I (Superior) rating at the Oxbow Marching Band Festival in Ashland on Oct. 15. Pictured with the trophy are (left) Drum Major Evan Allemann and Matthew Rodriguez-Kufner, Band Director Alex Wieland and Color Guard Captain Gracie Jansen. This marks the fourth time this year the band has received a Superior during competition.

Color run raises funds for dementia research

Wayne Countryview Care and Rehabilitation recently hosted the fifth annual Commit To Be Fit week where we have a different activity every day to promote fitness and movement for our residents. The theme this year was "Walk for a Cure" and the facility partnered with the Dementia Society 60 mile walk challenge in an effort to raise \$500 for Dementia research. On Oct. 12, children from Rainbow World Childcare were invited to take part in a Color Run with residents of Countryview. Wayne High School FBLA students also assisted with the event. Among the week's activities was a "search" for a cure with a scavenger hunt walk and giant word find. The week was capped off with the Wayne State College marching band marching through the parking lot for our residents to enjoy. As of midweek, the facility had 62 miles logged and our challenge was 60 but were still trying to reach the \$500 goal. Donations for the Dementia Society will be accepted through October anyone interested in helping the cause can contact Countryview for more information.



(Photo by Clara Osten)

Residents of Countryview braved windy conditions to take part in last week's Color Run.



(Photo by Clara Osten)

Youth from Rainbow World enjoyed the Color Run last week as they raced around the parking lot at Countryview.

Legislative Update

Senator Albrecht provides update on activities

The smell of fall is in the air, the colors are changing on the trees, and the days are getting shorter. It was Fire Prevention Week this past week. We have encountered many fires this week due to high winds and dry conditions. Hats off to all the firefighters, volunteers, and farmers who come to the aid of

sent out. I would like to clarify some of the questions you had about the information I wrote in my last weekly update.

emailing me at jalbrecht@leg.ne.gov.



Legislative Update
By Joni Albrecht
State Senator, District 17

The pink postcards come from your county assessor but may be for the county, city, more than one public school district, or community college. If one or more of these entities is asking for a property tax amount that exceeds the annual allowable growth percentage (2% plus real growth), then the additional hearing is required. The point of the postcards is to inform taxpayers that while the levy is not going up, their property taxes are, due to increases in value.

Political subdivisions should lower their levies when values go up to help offset the increase, rather than taking the windfall and increasing their budgets. That is why the Legislature enacted this law to make sure taxpayers know what is happening. I understand your confusion and know timing is not ideal. Senator Ben Hansen is reaching out to me and my colleagues to streamline the process if possible next session.

Election day is Tuesday, Nov. 8 and time for you to have your voice heard. There are two initiatives that received enough petition signatures to be put on your ballot this November.

The first is Initiative 432, Photo Voter Identification otherwise known as Voter ID. This would amend Article I of the Nebraska Constitution to require voters to present a valid photo ID to vote. A "yes" vote supports amending the state constitution and would authorize the state legislature to pass laws to implement it. A "no" vote opposes this amendment.

The second is Initiative 433 which would increase the state's minimum wage in increments beginning in 2023 from \$10.50 up to \$15.00 by 2026. Currently it is \$9.00 per hour. A "yes" vote supports this ballot initiative and a "no" vote opposes it. I would like to encourage all of you to do your research into each candidate on your ballot and into each initiative to make a sound decision. I strongly encourage you to get out and vote on Tuesday, Nov. 8.

As always, I invite you to let me know your thoughts, ideas, concerns, or suggestions by contacting me by calling (402) 471-2716 or



Amy Schantz, LIMHP

New mental health practitioner available at PCH's Outpatient Clinic

Amy Schantz, LIMHP recently joined Pender Community Hospital's staff as a licensed independent mental health practitioner in its Outpatient Clinic.

Schantz, who has specialized training in trauma, parent-child interaction therapy, autism spectrum disorders and child behaviors, is available for both in-person and telehealth appointments the first and third Tuesday of each month.

As part of her practice, Schantz performs assessments, diagnoses, psychotherapy, treatment planning and crisis management for children, adolescents and adults. As a licensed independent mental health practitioner, Schantz provides flexible therapy that combines psychotherapy with practical, problem resolution strategies.

Schantz earned both her Master of Clinical Mental Health Counseling and Bachelor of Science in Human Services from Wayne State College.

PCH offers several types of behavioral health treatment options for people of all ages. For more information, visit pchne.org/services/behavioral-health.

their neighbors. We appreciate you and all you do.

After redistricting, I now represent an area of Dixon County. On Oct. 9 I was invited to the Ponca School to listen to the school board candidate forum. They also had two District 40 state legislative candidates in attendance to answer any questions.

This week I have been busy traveling in District 17. On Oct. 11, I was in South Sioux City with Governor candidate Jim Pillen. I was invited by Lance Hedquist, administrator, and Oscar Gomez, assistant city administrator, to visit with the administration and school board members of the South Sioux City Community School. We also visited Northeast Community College and visited with Dakota County Chairman Giese and Commissioner Launsby about concerns with the road leading to Kramper Lake. We finished with a wonderful lunch at Kahill's Steak, Fish and Chophouse where we had a round table discussion with other community leaders.

I enjoyed hearing the good things that are happening as well as the concerns of the community. It was wonderful to see where the new Veterans Victory Housing and Small Business Center is being built. It is very evident that there is a need for more housing in South Sioux City.

On Oct. 12, I attended the Dakota County Government Day at the Dakota City Hall. There were 27 students from South Sioux City School and 19 from Homer Public School. It is always good to visit with the students in my district and share my experiences of working in government to help my constituents and the people in the state of Nebraska. I would like to thank The American Legion and American Legion Auxiliary for hosting this event every year.

National Farmers Day was Oct. 12. I would like to thank all the farmers that work so hard to contribute to our economy, feed our nation and the world, and make Nebraska what it is. They work hard 24 hours a day, 7 days a week, 365 days a year to take care of the land, natural resources, animals, and provide for their families. Thank you so much to the farmers in District 17 for all you do for your communities and the state of Nebraska!

After visiting with people throughout my district, I am hearing there is still confusion regarding the pink postcards that were

Looking for a new challenge?
Cruise & Associates needs a full-time accountant.

- No tax experience necessary - we will train
- Accounting degree or 2-5 years experience
- Work-Life balance - 51 hour work week during tax season 37 hour week in off season
- Working with small to mid size businesses
- Preparing taxes for individuals, businesses and farmers

Resumes can be dropped off at 201 Main St. or emailed to michellec@cruise-associates.com.

For more information, call 402-375-4718 or go to cruise-associates.com.

The Wayne Herald
114 Main Street Wayne, NE 68787 402-375-2600
PUBLICATION NUMBER USPS 670-560
on the web at: www.thewayneherald.com

Established in 1875; a newspaper published weekly on Thursday. Entered in the post office and periodical postage paid at Wayne, Nebraska 68787.
POSTMASTER: "Address Service Requested" Send address change to The Wayne Herald, P.O. Box 70, Wayne, Nebraska, 68787

Publisher - Kevin Peterson
Advertising - Tracy Daniels
Advertising - Talesha Hopkins
Bookkeeper - Emily Patefield
Editorial/Circulation - Clara Osten
Reporter - Aubre Miller
Composition - Alyce Henschke
Pressman - Rob Zara
Press/Circulation - Joe Ridling
Circulation - Brad Telgren

Official Newspaper of the City of Wayne, County of Wayne and State of Nebraska

SUBSCRIPTION RATES
In Wayne, County - \$48.00 per year.
\$58 In-State Out-Of-County • \$68 Out of State.
Single copies \$1.00.

(531) 519-6050

HERE FOR YOU NOW

BUILT FOR THE FUTURE

Allo FIBER
ALLOFIBER.COM/WAYNE

WSC alumna moves into former sorority house

By Aubreanna Miller

For the Herald
Wayne High and Wayne State College both recently held their annual Homecoming celebrations.

Now, celebrating her very own homecoming, Elizabeth King has decided to move back to Wayne, into the home known as "The Brick," where she lived during her college days along with her sorority sisters in Chi Omega.

King searched for houses in Wayne for over a year, driving two and a half hours to walk through 13 houses on 13 separate occasions.

After going through the signing process on two of the houses, and both not working out, King started to lose hope and shed quite a few tears.

However, God had specific plans in mind for King and her husband, King said.

"The Trinity orchestrated the move," King said. "God had this in mind all along. We had a journey

of 13 months, visited 13 houses and the third time was the charm with this house's contract. Never in a million years would I have thought we would have had this perfect outcome."

After signing the contract for the house, located at 303 E. Tenth Street, King immediately reached out to her sorority sisters on Facebook, who all still contact each other often.

WSC recognized this house as the official sorority house for many years, even hosting another sorority, Theta Phi Alpha, for a few years.

King and her sisters reminisced about the days they spent together in the house. In the comment section on Facebook, they told stories of holding meetings in the living room, practicing for Greek Olympics in the yard, initiating new sisters and having to wear shoes in the creepy basement shower.

Every other year since graduat-



(Photo by Trisha Peters)

Elizabeth and Terry King were all smiles after the purchase of their new home at 303 East 10th Street.



(Photo by Scott Hasemann)

Smoke impacted travel on Highway 15 north of Wayne last week as firefighters worked to control a field fire.



Multiple departments fight wind-driven fire

Gusty winds on Wednesday (Oct. 12) made fighting a fire between Wayne and Laurel difficult.

Wayne Volunteer Fire Chief Phil Monahan said the Wayne department was called for mutual aid to a fire that was in the Laurel/Concord area shortly after 2 p.m.

The fire burned an area approximately 5-6 miles long and one mile wide. It burned everything in its path, including crops that had not been harvested.

In addition, seven homesteads were evacuated. "I can't thank those who came with tractors and discs enough for their help," Monahan said.

A total of seven fire departments worked to battle the blaze. They were assisted by the Wayne County Emergency Management, Cedar County Emergency Management, the Nebraska State Patrol and Nebraska Department of Roads.

Water to fight the fire was supplied by Central Valley Ag at Randolph and a number of local farmers.

Highway 15 from Wayne to Laurel was shut down for a period of time due to reduced visibility and the fact that power lines in the area were down.

During the fire, a Wayne Fire Department vehicle, a "tender" that holds 2,000 gallons of water was damaged when the heat from the fire melted part of the vehicle. The exact amount of damage is not known at this time. Fire officials are continuing to monitor the area to check for hot spots.



Elizabeth King (left) and Mary Ringlein pose in front of the Chi Omega crest in 1978.

Wayne Rotarians recognize World Polio Day by giving and serving

World Polio Day is Monday, Oct. 24. Most Americans have lived in a polio free world since 1979, so why have a world day recognizing polio?

The poliovirus is highly contagious, and spreads person to person affecting mostly children, usually through contaminated water. It can infect the nervous system and cause paralysis. There is no cure, only prevention by vaccination.

In 1985 Rotary International vowed to rid the planet of the poliovirus. Since then, more than 1.4 million Rotarians globally have honored the commitment by raising \$50 million which is matched \$2 for every contributed dollar by the Gates Foundation and coming to \$150 million annually. The Global Polio Eradication Initiative (GPEI) is an organization spearheaded by Rotary in partnership with the WHO, CDC, UNICEF, the Gavi Vaccine Alliance, and The Gates Foundation with a singular goal - to eradicate polio everywhere.

Today, polio remains endemic in only Afghanistan and Pakistan. But until it is eradicated globally, no country is safe from a potential re-emergence of this devastating disease. Polio is "just a plane ride away." Vaccine complacency in the USA has added to our vulnerability.

In June of this year, we were reminded that the world and therefore the USA is not yet immune. A young unvaccinated man in New York was infected becoming paralyzed by poliomyelitis. Poliovirus has since been detected in the wastewater of four counties in New

York. Rotarians around the world and in Wayne America are fighting for a 'polio free' world. Rotary International has made a commitment to the children of the world to eradicate this devastating disease not only with the funds to provide vaccinations, but with volunteers at vaccination events. Wayne Rotarians have given generously to the Polio Plus Foundation and are supporting Omaha Rotarian Gary Bren

in his Ride to End Polio in Tucson, Arizona on Nov. 19. He will ride 102 miles with the goal of raising \$30,000 in sponsors which will be matched for \$150,000.

October 24 is World Polio Day, a day to celebrate progress, persevere in the fight, and dream of the day when polio will be eradicated globally. On this World Polio Day, Wayne Rotarians, committed to Service above Self encourage everyone to learn more about efforts

to end polio globally. Please visit www.endpolio.org. If you want to learn more about Rotary, End Polio Now, or contribute to Gary's Ride to End Polio, please contact Barbara Engebretnsen, baengeb1@wsc.edu or better yet, join us at Tacos & More Wednesday mornings at 7:00!

Additional information on the case of paralytic poliomyelitis in New York City can be found at <https://www.cdc.gov/mmwr/volumes/71/wr/mm7133e2.htm>

Final preparations underway for Pink Flamingo Nite

The seventh annual Pink Flamingo Nite cancer awareness event is one week away and organizers have announced a number of the activities planned for the evening.

This year's event will be held Thursday, Oct. 27 and will focus on the theme "Believe There is Hope for a Cure - Be The Hope." It includes a light supper, vendors, wine bar, cancer information, a survivor style show, and guest speaker Kathleen Splitt.

Tickets for the event are currently on sale and can be purchased at Our Savior Lutheran Church, all of the banks in Wayne, Swans Apparel, IKT, Hair Envy, Providence Community Pharmacy, Wayne Area Economic Development Office in Wayne, as well as Missa Sue Salon in Laurel and The Quilt Shop in Wakefield. They will be available until Oct. 21.

Vendors and wine bar will open at 5 p.m. They will include a variety of personal care items, clothing and housewares. The meal will be



Kathleen Splitt

served starting at 5:30 p.m.

Live music with Sherie Lundahl will be part of the evening's program. A choir of women will also provide music during the event.

A style show with cancer survivors as models will feature clothing from local clothing stores.

A photo booth will allow those

present to have photos taken and shared to the group's event page.

Door prizes will be given away throughout the evening and those dressed in pink will also be recognized.

In addition, a quilt raffle will be held for a quilt sewn by Vernae Lühr.

Tickets for the raffle are on sale and can be purchased at Our Savior Lutheran Church, The Quilt Shop in Wakefield and other participating locations or by contacting Tracy Henschke (tracyhenschke@gmail.com) or Christina Junck at (402) 369-0676. They are \$5 each, three for \$10 or seven for \$20. The winner need not be present at Pink Flamingo Nite.

Sponsors for the event include Providence Medical Center, Our Savior Women of the Evangelical Lutheran Churches in America (WELCA) and Pac 'N' Save.

Supporting funds are being provided by Thrivent Financial.

Can I get my COVID-19 booster and the flu shot at the same time?



✓ **Yes. If it's time for your COVID-19 booster dose, get your flu shot the same day. Most people can get an updated COVID-19 booster two months after their last shot.**

! **Not eligible for a COVID-19 booster yet? Get your flu shot today.**

Local COVID-19 & Flu Vaccine Providers

- Steffen Drug, Hartington, 402-254-3549
- Keller Pharmacy, Ponca 402-755-2216
- The Apothecary, Pender 402-385-3350 Emerson 402-695-8100
- Providence Community Pharmacy, Wayne 402-375-8862
- Northeast NE Community Action Partnership, NENCAP 800-445-2505
- NENCAP offers vaccine clinics in Hartington, Pender, Wakefield, and Wayne. Call for more information.

Not sure if you need a COVID-19 booster? Scan here.



Northeast Nebraska Public Health Department
www.nnphd.org 402-375-2200

B.J. WOehler

For Mayor of Wayne

I want to get to the heart of why I am running, I believe in limited government that listens to the people and not manipulate markets or ignore other stakeholders. The city has gone too far, and I plan to change that if you give me the chance.

First off, I want to get back to the basics by listening to the voters. This will start by using the actual Mayors office in City Hall and setting office hours for the public to stop in. I plan to hold more ward meetings, town halls and get better virtual meeting options with increased fairness, truth and transparency.

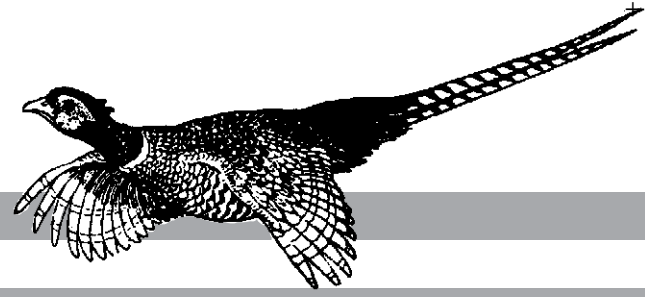
Speaking of City Hall, it's time to quit wasting time and money and make a decision. But now they are looking at buying prime real estate on Main St. Wasn't that the reason to buy Riley's? Lack of direction and follow-through will cost us millions!

The current City Hall does need some upgrades, but it is in a great location and large enough. Renovations have already been done in many of the offices. Cost is always an issue with an old building but are we sure we want to start over again?

More to come next week.....

Thanks BJ Woehler

Paid for by B.J. Woehler, 902 Bressler Ct., Wayne, NE 68787



Sports

Wayne girls' trip to state as easy as 1-2-3

By MICHAEL CARNES

For The Herald

PIERCE — When all six of your cross country runners finish in the top 20, your chances of success are pretty good.

When your team's first three runners are the first three across the

seconds apart, and Hasemann followed 12 seconds later to give the Blue Devils the top three spots and put a big smile on the face of coach Courtney Maas.

"I'm just on cloud nine right now," she said after the race. "What more can you ask? They just push each

helped," she said. "The wind was a little strong for us, but we were really dominant today."

Kyla Krusemark said she had been struggling with an illness going into the race, but having her sister and Hasemann within reach made it easier for her.

"Being able to go out and run with Jala made me more comfortable," she said. "We've been doing that a lot this year and to do it here was really good."

Hasemann, the lone senior on the team, said she was surprised at how well the entire team finished.

"I knew we'd do well, but I didn't think we'd do that well," she said. "It was kind of a 'let go and let God' thing and we just didn't worry about anything other than running well."

Five of Wayne's runners would have qualified as individuals for finishing in the top 15. Lilyan Hurner's 14th place finish was included in the team score, and Olivia Hanson placed 15th to earn a district medal. Only Frantzie Barner, who placed 18th, didn't make the medal stand but put an exclamation point on Wayne's dominating team effort.

"We had all six in the top 18 and 15 medal, so that was amazing," Maas said. "It was a lot of fun to see all the smiles and tears that they realized they get to go where they wanted to go at the start of the season, which was state."

The Blue Devils have already seen the Kearney Country Club once this season, running in the UNK Invite a few weeks ago as a pre-state meet and finishing in the top 10. Maas hopes this team can put itself in position for a high finish Friday afternoon.

"I'm excited to see what they can accomplish," she said. "You need to peak at the end of the season and that's what these girls are doing, and I can't wait to see what they can do in Kearney."

C-3 District at Pierce
Girls Team Standings (Top 3 to state)

WAYNE 19, Bloomfield/Wausa 54, O'Neill 62, Hartington-Newcastle 79, Boone Central 79, Battle Creek 126, Logan View 128, Columbus Lakeview 132, North Bend Central 133, West Point-Beemer 142.

Area Results
WAYNE — 1. Jala Krusemark, 20:16.66; 2. Kyla Krusemark, 20:34.94; 3. Laura Hasemann, 20:46.85; 14. Lilyan Hurner, 22:13.53; 15. Olivia Hanson, 22:32.92; 18. Frantzie Barner, 22:57.03.



(Photo by Michael Carnes)

Frantzie Barner posted an 18th place finish for the Wayne girls cross country team, which won the C-3 district title and earned a trip to the state meet this Friday in Kearney.

finish line, any doubt about where you're going to finish is pretty much eliminated.

Wayne's trio of senior Laura Hasemann and twin sophomore sisters Jala and Krusemark were the first ones home Thursday in the C-3 district race at the Pierce Community Golf Course, and with Wayne's other three runners finishing inside the top 20, the Blue Devils were no-doubt winners of the district title and one of three teams that will compete in this week's Nebraska State Cross Country Championships.

Jala and Kyla Krusemark were the first ones home, finishing 18

other constantly and that's what teammates do and it was so great to see."

Maas said the girls took their cue from the boys team, which had earlier secured a runner-up finish in a wild three-team race that was separated by a single point.

"The boys set the table for us and the girls saw how much fun that was, and they just went out there and ran well," Maas said.

Jala Krusemark, who crossed in 20:16.66, said the team's closeness and pack mentality helped them succeed on a cold and windy Thursday.

"We really ran as a pack and that



(Photo by Michael Carnes)

When your first three runners are leading the pack, you know it's going to be a good day. Jala Krusemark leads the way with teammates Kyla Krusemark and Laura Hasemann following during the C-3 district meet Thursday in Pierce. All six Wayne runners finished in the top 20 as the Blue Devils ran away with the district title.



(Photo by Michael Carnes)

Can you believe it??? We're going to state!!!

Lilyan Hurner and Olivia Hanson celebrate after the Wayne girls cross country team wrapped up the district title and earned a trip to the state cross country meet Thursday afternoon in Pierce. The Blue Devil girls dominated the C-3 district, with five of the six runners finishing in the top 15. They'll compete in the Nebraska State Cross Country Championships on Friday at the Kearney Country Club.

Another tie-breaker for Wayne boys leads to state trip

By MICHAEL CARNES

For The Herald

PIERCE — Only a good barber could shave it as close as the Wayne boys cross country team did Thursday.

The numbers bounced back and forth as the runners came home during the C-3 district meet at the Pierce Community Golf Course, and the Wayne boys and their fans nervously watched as the scores changed.

When the final runner came home and the scores became official, the Blue Devil boys erupted in celebration — not only had they qualified for state, but they won the district runner-up plaque the same way they won last week's Mid State Conference title — with a tie-breaker.

Easton Blecke's 28th place finish was higher than the fastest fifth-place finisher for Bloomfield/Wausa, and that was enough to give Wayne the runner-up trophy, finishing just one point behind district champion Hartington-Newcastle.

"A tight race is better than no race," a happy coach Terry Bear said once the results became official. "The boys have been running that way all year, and I've really



(Photo by Michael Carnes)

Senior Easton Blecke keeps the pace during the C-3 boys district cross country race Thursday in Pierce. The Blue Devils missed winning the district by one point and won the tie-breaker to claim the runner-up trophy and earn a trip to state.

believed that pack mentality has helped us in every race, because every place counts."

Freshman Drew Miller, who has been a consistent top-five finisher all year, led the charge with a fifth-place medal, but it was the placement of the other five runners that helped Wayne secure its first team trip since 2011.

Kasen York raced home for a seventh-place time of 18:05.33 and Alex Frank also medaled when he crossed in 11th place at 18:14.20. There would be a wait before the second half of Wayne's sextet came home, with Adrian Klinetobe edging teammate Easton Blecke by two-hundredths of a second for 27th place and senior Eathan McCraney finishing the deal in 32nd place.

"Kasen and Alex ran outstanding races today," Bear said. "I told the kids before today that we weren't worried about times as much as we were placers because we needed three medalists to have a chance, and the kids did it."

And having Klinetobe, Blecke and McCraney finish where they did was even more important, as it helped settle the tie-breaker for see who would get the runner-up trophy.

"It was that way last week in conference and those guys are our tie-breakers, and if you looked at how the results kept changing three or

four times, all those kids do matter in the end."

The Blue Devils have already seen the Kearney Country Club course they're going to compete on Friday afternoon at the Nebraska State Cross Country Championships, and Bear is hoping they will have a good showing in the Class C boys race.

"We went there for the UNK Invite and it gave the kids an idea of what to expect, and state will shake things up a little more," he said. "I just want the kids to run really well. I'm really proud of them and the whole program. Coach Maas and Coach Pulfer have done a great job with the program and we can see it with these kids and our junior high program and everything."

C-3 District at Pierce
Boys Team Standings (Top 3 to state)

Hartington-Newcastle 49, Wayne 50, Bloomfield/Wausa 50, Boone Central 63, Battle Creek 86, Pierce 97, Logan View 122, O'Neill 133, Columbus Lakeview 135, North Bend Central 167, Winnebago 192, West Point-Beemer 208.

Area Results
WAYNE — 5. Drew Miller, 17:54.68; 7. Kasen York, 18:05.33; 11. Alex Frank, 18:14.20; 27. Adrian Klinetobe, 19:14.47; 28. Easton Blecke, 19:14.49; 32. Ethan McCraney, 19:26.39.



(Photo by Michael Carnes)

Kasen York makes a mad dash for the finish line on his way to a seventh-place finish for the Wayne boys cross country team. York and the Blue Devils qualified for state by the slimmest of margins.

Hasemann ready to leave it all out on the course

By MICHAEL CARNES
For The Herald

When it comes to high school cross country, girls generally mature before boys and have more of their success during their freshman and sophomore years before body changes come into play and tend to slow them down.

That doesn't seem to be the case with Wayne High senior Laura Hasemann. In fact, her running and competitive spirit have seemed to age more like a fine wine as she goes

into her final cross country race this week at the Nebraska State Cross Country Championships.

The daughter of Scott and Mary Kay Hasemann will be a four-time qualifier when she hits the Kearney Country Club course Friday afternoon. She qualified as an individual in 2019 and 2020 — finishing fourth as a freshman — and was a part of last year's team that placed sixth in Class C.

"You don't see that all the time," coach Courtney Maas said. "Especially with girls, but she didn't let

those physical changes get in her way. I saw the change, but she's kept at it and kept pushing for what she wanted to reach, so to be a four-time qualifier is amazing and I know what she's capable of doing at state."

Injuries slowed Hasemann down a little last year, but a renewed focus and a change in mindset has worked wonders for her, she admitted.

"Last summer, I was dealing with some injuries, but this year I really hit the weight room and put a lot of miles in, and I really changed my mindset this summer and just really embraced this being my last year," she said.

All that hard work has paid off, not only for her but for her team. The Wayne girls have won several meets this year and enter the state race on a high note after dominating wins in the Mid State Conference and C-3 district meets the last two weeks.

Hasemann said the trust the younger athletes have in the only senior on the team has made it a lot of fun.

"It's really cool to see, because I've been looking forward to this the past couple of years," she said. "To see how much growth we've had the last couple of years and how much trust we have in each other, I haven't been able to do what I've done without them and I just love them to death. They make me proud every single day."

Maas is impressed with the leadership Hasemann has shown, both on and off the track.

"Before the season started, we had a team-building thing in Yankton and I told her that she's in the best shape of her life both physically and mentally, and she's truly embraced it and has just worked her tail off," she said. "She really is a good leader for this team, not only as a runner but as a person."

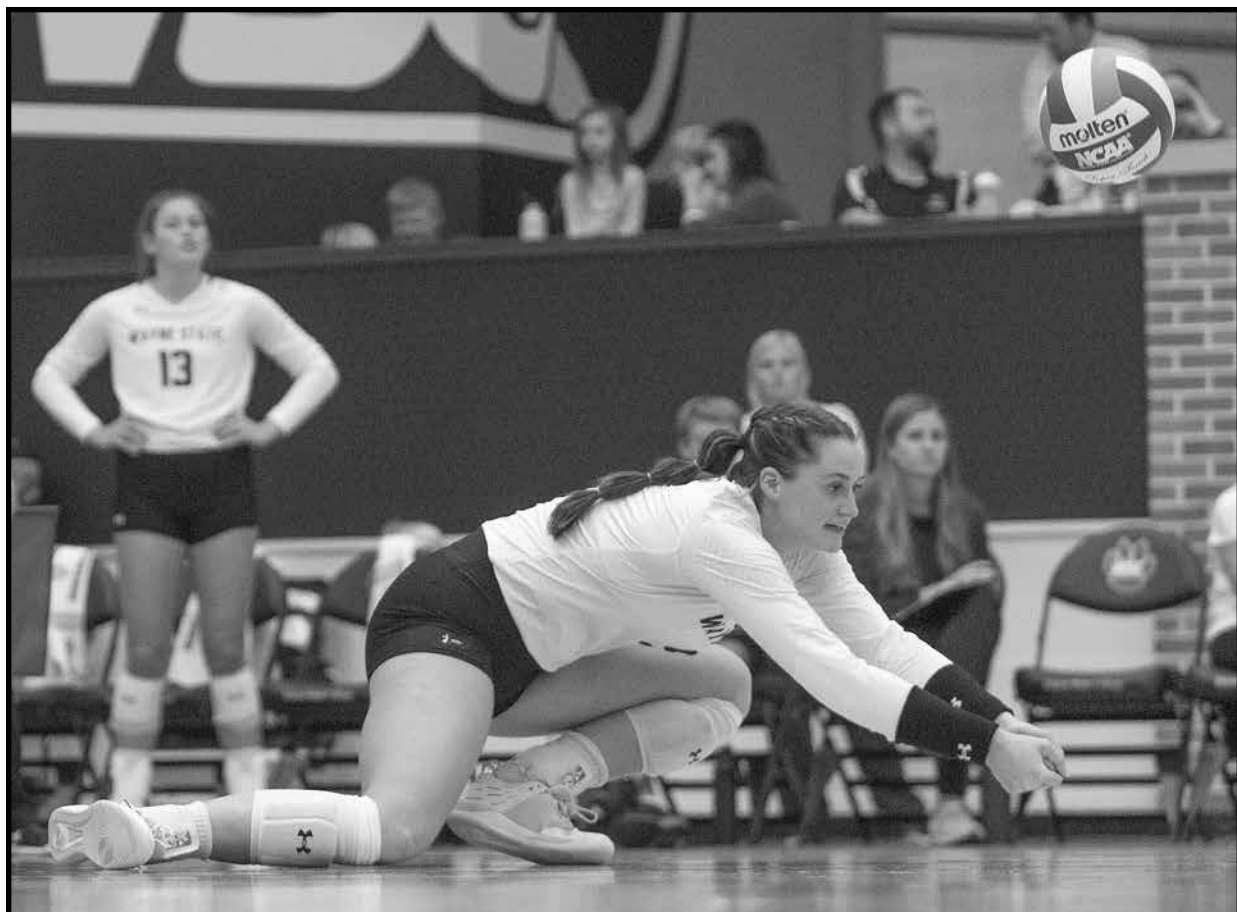
As for how she hopes her last race finishes this week, Hasemann said she's leaving that to a higher power.

"I know the weather's going to be nice and the environment is always full of energy and it's such a wonderful experience," she said. "I'm just putting my trust in God and looking forward to getting through this race."



(Photo by Michael Carnes)

It seems we can't go one cross country meet without getting a picture of Wayne senior Laura Hasemann smiling for the camera, and she makes sure we get one more in as she runs (alongside teammate Kyla Krusemark) during the C-3 district meet Thursday in Pierce. Hasemann is a four-time qualifier in cross country and has proven to be a fantastic leader for the team this season.



(Photo by Michael Carnes)

Jordan McCormick goes to the floor to pick up a University of Mary serve during action Friday at Rice Auditorium. The top-ranked Wildcats swept Mary and Minot State to improve to 23-0.

Top-ranked Wayne State volleyball makes fast work of opponent

Top-ranked Wayne State made fast work of University of Mary on Friday at Rice Auditorium, riding the career-high 21 kills by Kelsie Cada to an easy 25-12, 25-13, 25-14 win over University of Mary.

The Wildcats dominated the net play and hit a .424 clip against the Maurauders, who were limited to .139 hitting and were blocked eight times, two each by Taylor Bunjer, Taya Beller and Maggie Brahmer.

It was Cada who had the hot hand on offense, though, as she had a career best with 21 kills and hit at a .513 percentage with one error in 39 attempts.

Mary scored the first point of the match, but it was all Wayne State after that as they built an 8-2 lead behind four straight kills. Wayne State would lead by as many as 13 at 22-9 after a Bunjer kill and went out to take the first set.

The second set was all Wildcats, as they hit .556 in the second set with 15 kills on 27 attacks and no

errors. Aces by Cada and Jordan McCormick and blocks by Beller and Brahmer fueled a run in the middle of the set that helped the Wildcats move to an easy 2-0 lead in the match.

The third set went back and forth early on, but Wayne State built an 11-5 lead and were able to keep the momentum on their side as Mary never got closer than eight before the Wildcats closed out the three-set win.

Cada's 21 kills was followed by Brahmer with 11 kills. Jessie Brandl had 11 digs and McCormick added nine. Rachel Walker had 41 assists on the night.

Wayne State needed just over an hour to dispose of winless Minot State Saturday, posting a 25-13, 25-13, 25-11 win Saturday at Rice Auditorium.

Minot State got out to a 3-1 lead early, but the Wildcats scored three in a row to take the lead for good, thanks to a Brahmer kill. Kills by McCormick and Beller made it 14-

9, and the Wildcats were able to pull away by scoring the last five points of the set.

A 10-2 run got the Wildcats going in the second set, highlighted by two kills by Cada and a Walker ace serve. Wayne State led by as many as 12 in the second set to go on to the 2-0 lead.

The two teams went back and forth early in the third set before a 9-0 run put the Wildcats in command. Beller had four kills during the run and had eight in the final set as the Wildcats quickly disposed of the Beavers to earn the win.

Wayne State hit at a .385 clip and had seven service aces, with Walker recording two. Beller led WSC with 13 kills and Brahmer had nine along with three blocks. Brandl had 11 digs and Cada added eight.

Next action for Wayne State (23-0, 13-0 NSIC) is Thursday when the Wildcats host Sioux Falls at 6 p.m. at Rice Auditorium.

Good Luck at State Wayne Cross Country Runners



Front, left to right: Kyla Krusemark, Olivia Hanson, Lilyan Hurner, Laura Hasemann, Frantzie Barner and Jala Krusemark. Back, left to right: coach Kent Pulfer, Ethan McCraney, Adrian Klinetobe, Alex Frank, Drew Miller, Kasen York, Easton Blecke, coach Courtney Maas and coach Terry Bear.

www.hasemannfuneralhome.com

HASEMANN FUNERAL HOME

LCC boys, TCNE's Mackling qualify for state

PENDER — One area team and one individual will compete in the Class D races at this week's Nebras-

The LCC boys earned a third-place finish in D-3 district competition Thursday at Twin Creeks Golf

front of Franklin.

On the girls' side, Mackling was on the bubble for much of the race and managed to put enough distance between the trailing runners to come home in 14th place with a time of 22:59.7 to earn a trip to state.

Teammate Alejandra Hermsillo was two spots shy of making the individual qualifier list, placing 17th in 23:10.6. Bre Millard (30th), Shantell Miller (31st) and Jenni Olson (37th) rounded out the Lady Wolf-pack's fifth-place finish.

LCC's trio of Addy Hoepfner (23rd), Kate Tasler (24th) and Gabriella Kock (d46th) finished eighth out of nine full teams. Winside's Megan Gnirk was 33rd and Stephanie Naeve was 40th.

D-3 District at Pender
Boys Team Standings (Top 3 to state)

Norfolk Catholic 24, Lyons-Decatur 34, LCC 37, Oakland-Craig 50, Pender 66, Homer 73, Stanton 73, Wisner-Pilger 78, Crofton 81; Madison 97, Ponca 100, GACC 101, LHNE 109, Randolph 142.

State Qualifiers
1. Brody Taylor, Ponca, 17:23.30; 2. Gannon Walsh, Pender, 17:45.70; 3. Cale Schlichting, L-D, 18:02.80; 4. Kolter Van Pelt, Stanton, 18:11.50; 5. Alec Foecking, NC, 18:23.00; 6. Dawson Meyer, O-C, 18:33.40; 7. Tyler Olson, LCC, 18:39.20; 8. Lakeyven Smith, Omaha Nation, 18:40.90; 9. Yair Santiago, NC, 18:41.10; 10. Kolton Kralik, GACC, 18:42.50; 11. Chance Mock, L-D, 18:46.70; Dominic Liess, NC, 18:48.30; 13. Jonah Ash, NC, 18:50.00; 14. Preston Rose, LCC, 18:52.90; 15. Nathan Kalous, NC, 18:54.90.

Area Results

LCC — 7. Tyler Olson, 18:39.20; 14. Preston Rose, 18:52.90; 18. Carter Korth, 19:27.10; 45. Koby Detlefsen, 21:50.50; 62. Taner Stanley, 24:13.90.

WINSIDE — 49. Myles Kampa, 22:07.60.

TCNE — 50. Gabe Franklin, 22:08.00.

Girls Team Standings (Top 3 to state)

Crofton 13, Homer 23, Oakland-Craig 29, Wisner-Pilger 49, TCNE 52, Norfolk Catholic 54, Lyons-Decatur 79, LCC 81, Madison 106.

State Qualifiers

1. Jordyn Arens, Crofton, 19:18.10; 2. Lilly Harris, Homer, 20:25.00; 3. Alea Rasmussen, W-P, 21:03.60; 4. Chaney Nelson, O-C, 21:21.70; 5. Sophia Wortmann, Crofton, 21:22.80; 6. Carolyn Magnusson, O-C, 21:26.20; 7. Rylie Arens, Crofton, 21:49.30; 8. Madison Mckie, Stanton, 21:55.00; 9. C.C. Kann, NC, 22:00.10; 10. Elizabeth Wortmann, Crofton, 22:12.60; 11. Callie Fisher, LHNE, 22:26.10; 12. Tori Gaarder, Homer, 22:27.90; 13. Jovee Valentin, Homer, 22:48.10; 14. Rhyanne Mackling, TCNE, 22:59.70; 15. Emily Guenther, Crofton, 23:07.00.

Area Results

LCC — 23. Addy Hoepfner, 24:16.5; 24. Kate Tasler, 24:28.4; 46. Gabriella Kock, 33:00.0.

WINSIDE — 33. Megan Gnirk, 27:44.2; 40. Stephanie Naeve, 29:34.5.

TCNE — 14. Rhyanne Mackling, 22:59.7; 17. Alejandra Hermsillo, 23:10.6; 30. Bre Millard, 25:43.7; 31. Shantell Miller, 25:43.7; 37. Jenni Olson, 28:51.5.



(Photo by Michael Carnes)

Tri County Northeast's Rhyanne Mackling earned the team's first state qualifying spot in cross country, finishing 14th in the D-3 district at Pender.

ka State Cross Country Championships.

Course, and Rhyanne Mackling became the first Tri County Northeast runner to earn a state cross country trip after placing 14th in the girls race.

In boys action, the Bears had two individual runners finish among the 15 individual qualifiers, giving them a 13-point cushion in the race for the last of the three team qualifying spots.

Tyler Olson came home in seventh place with a time of 18:39.20 and Preston Rose was 14th in 18:52.90. Carter Korth finished 18th, with Koby Detlefsen following in 45th and Taner Stanley in 62nd.

Area individuals who competed in the boys race included TCNE's Gabe Franklin, finishing 50th; and Winside's Myles Kampa, placing 49th, just four-tenths of a second in

Wildcat women 13th in preseason poll

Wayne State was selected 13th overall and tied for sixth in the South Division in the NSIC Preseason Women's Basketball Coaches' Poll.

WSC returns four starters from last year's squad that was 9-15 and placed seventh in the NSIC South with a 6-14 record.

Minnesota State edged Minnesota Duluth as the preseason favorite in NSIC women's basketball this season. MSU collected 216 points and eight first place votes just ahead of UMD's 213 points and seven first place votes. Augustana received the final first place selection and was third with 182 points. Sioux Falls (176) and Concordia-St. Paul (158) fill out the top five teams.

In the NSIC South Division Poll, Minnesota State was first with 48 points and six first place votes. Augustana was next with 41 points and the remaining two first place votes. Sioux Falls followed in third at 36 points with Concordia-St. Paul a close fourth at 34 points. Winona State was fifth at 18 points, one more than Wayne State and Southwest Minnesota State both with 17 points, while Upper Iowa filled out the pole with 13 points.

Senior forward Logan Hughes was listed as Wayne State's Player to Watch in the NSIC this season. The 5-10 senior forward from Randolph, Iowa averaged 10.3 points and 4.7 rebounds per game while starting all 24 contest. She scored double figures in 14 of the 24 games

Wayne State will open the 2022-23 season at home on Friday, Nov. 11, hosting Newman University of Kansas at 4 pm at Rice Auditorium.

Late score sinks Wildcats at No. 24 Augustana

SIOUX FALLS, S.D. — Augustana scored with nine seconds left to come away with a 31-27 win over Wayne State in action here Saturday.

The battle for first place in the South Division started when the Vikings turned a Wayne State fumble into a 30-yard field goal to take a 3-0 lead two minutes into the game.

The Wildcats answered with a field goal of their own on the next drive, with Alex Powders connecting from 30 yards out to make it 3-3 with 6:03 to go in the first.

After the Vikings scored on their next drive, Powders made his way into the school history books with a 52-yard field goal late in the first half, bettering the old mark of 50 yards, recorded in 1984 and 2008.

Augustana scored again to make it 17-6 in the final minute of the first half, but Powders hit again from 38 yards as time ran out to make it 17-9 at intermission.

Augustana scored again to open the second half, but Wayne State struck back with a 72-yard run by Anthony Watkins to make it 24-16 early in the third.

Powders hit his fourth field goal of the game from 41 yards out to start the fourth quarter, and the Wildcats' comeback was completed midway through the fourth when Nick Bohn score on a one-yard run and hit Watkins for a two-point conversion to make it 27-24 with 7:13 to go.

Wayne State's defense put the



Wildcats in position to ice the game after Marzion Cosby picked off a pass with 2:10 left, but the offense went three-and-out and the Vikings took over at their own 20 with 1:49 to go, driving down for the winning score.

Bohn went 23-of-36 for 230 passing yards and one interception in the loss. Watkins led the Wildcats with 77 rushing yards and one touchdown followed by Bohn with 66 yards and a score. Jadon Johnson was the leading receiver for the 'Cats with 128 yards on 12 catches. Trevor Marshall was second with 50 yards on four catches.

Defensively, Alex Kowalczyk led the 'Cats in tackles with nine, two of which were tackles for a loss. He was followed by Jaylan Scott and Dexter Larsen with eight each. Kowalczyk and Scott would each also record a sack.

The Wildcats (5-2, 1-2 NSIC South) will be at home next Saturday hosting Southwest Minnesota State at 12 p.m.

WSC soccer gives up single goals in losses

One goal was the difference for Wayne State's women's soccer team as they dropped a pair of 1-0 decisions at home over the weekend.

On Friday, In Sunday action, Wayne State fell to St. Cloud State 1-0 on an early first-half goal.

St. Cloud State scored the lone goal of the contest just under 12 minutes into the contest as Jada Dachtler found the back of the net off a cross from Gracie Parsons at the 11:43 mark.

St. Cloud dominated the statistical side of the contest with a 10-3 advantage in shots on goal and a 7-2 advantage in corner kicks. Abby Sutton had two shots on goal while Skylar Stueckrath added two shots and the other shot on goal for the 'Cats.

Senior Regan Ott started in goal for WSC and made six saves while allowing one goal in the first half. Junior Hayden Wallace was

credited with three saves in the second half.

Minnesota Duluth scored with just 5:33 left in the contest to hand Wayne State a heartbreaking 1-0 setback at the WSC Soccer Pitch.

The first half was scoreless with WSC playing into the wind as Minnesota Duluth held an 8-5 edge in shots over the Wildcats. Wayne State came out aggressive in the second half and had several good looks at the net but was denied by Minnesota Duluth goalkeeper Jennifer Norris.

The Bulldogs scored with 5:33 to play in the contest as Anna Tobias shot the ball into the left corner of the net with assists from Myra Moorjani and Jacqueline Jares. That goal stood up as the Bulldogs came away with the win.

UMD ended the contest with one more shot than Wayne State (14-13) with both teams recording six shots on goal. The Bulldogs had a sizeable 8-1 advantage in corner kicks while UMD had two more fouls than the 'Cats (8-6).

Annika Syvrud had four shots and three shots on goal to lead the Wildcats followed by Morgan Rhodes with three shots and two on goal. Wallace suffered the loss allowing just one goal with five saves.

Wayne State (2-9-4, 2-7-3 NSIC) will be on the road Friday evening playing at Winona State in a 6:30 p.m. contest.



(Photo by Michael Carnes)

Tyler Olson (left) and Preston Rose run side by side during the D-3 district race Thursday in Pender.

Wildcat volleyball remains No. 1 in AVCA poll

A logjam of Northern Sun Conference teams highlights this week's American Volleyball Coaches Association Div. II coaches poll, with four of the top five teams coming from the NSIC.

Undefeated Wayne State (23-0) remains the unanimous No. 1 team in the country this week, and they are joined by fellow NSIC teams Concordia-St. Paul, Minnesota Duluth and Southwest Minnesota State, who follow MSU Denver in spots 3-5 in this week's poll.

St. Cloud State fell one spot to No. 7 this week as the NSIC has five of the top seven spots this week. Central Region foes Nebraska-Kearney (No. 6), Washburn (No. 12), Northwest Missouri State (No. 13) and Central Oklahoma (No. 19) are also in this week's rankings.

This week's AVCA Div. II Coaches Poll is as follows (last week's rank in parenthesis):

1. Wayne State (1)

2. MSU Denver (2)
3. Concordia-St. Paul (3)
4. Minnesota Duluth (5)
5. Southwest Minnesota State (7)
6. Nebraska-Kearney (8)
7. St. Cloud State (6)
8. Tampa (4)
9. Alaska-Anchorage (9)
10. Western Washington (11)
11. West Texas A&M (12)
12. Washburn (10)
13. NW Missouri State (15)
14. West Florida (13T)
15. Cal State San Bernardino (13T)
16. Barry (17)
17. Cal Poly Pomona (18)
18. Regis (16)
19. Central Oklahoma (19)
20. Colorado Mesa (20)
21. Wingate (21)
22. Colorado School of Mines (23)
23. Lewis (22)
24. Cal State Los Angeles (24)
25. Quincy (NR)

Congratulations to Billie Melena for the first 17 years as owner of the White Dog Pub "Where being in the Dog House is a great place to be" Go Pack Go

Herman CHIROPRACTIC
Headaches • Sciatica • Low Back Pain
Athletic Injuries • Industrial Injuries
Smoking Cessation • Prenatal Care
Colic • Ear Infection • Bed Wetting

~ Same Day Service ~
~ New Patients Welcome ~

BCBS, Medicare, Medicaid, Midlands Choice, UHC, Workmans Comp, Coventry and most other insurances accepted

Chiropractic Care • Massage Therapy • Acupuncture
Orthotics • Health Products

1302 W. 7th Street Wayne, Nebraska (402) 375-3450
309 Main Street Pender, Nebraska (402) 385-0183
www.hermanchiro.com

Edward Jones > edwardjones.com | Member SIPC

Compare our CD Rates
Bank-issued, FDIC-insured

9-month	3.95 % APY*	Minimum deposit \$1000.00
1-year	4.00 % APY*	Minimum deposit \$1000.00
2-year	4.35 % APY*	Minimum deposit \$1000.00

Call or visit your local financial advisor today.

Mike Varley
Financial Advisor
300 Main St
Wayne, NE 68787
402-375-4172

* Annual Percentage Yield (APY) effective 10/11/2022. CDs offered by Edward Jones are bank-issued and FDIC-insured up to \$250,000 (principal and interest accrued but not yet paid) per depositor, per insured depository institution, for each account ownership category. Please visit www.fdic.gov or contact your financial advisor for additional information. Subject to availability and price change. CD values are subject to interest rate risk such that when interest rates rise, the prices of CDs can decrease. If CDs are sold prior to maturity, the investor can lose principal value. FDIC insurance does not cover losses in market value. Early withdrawal may not be permitted. Yields quoted are net of all commissions. CDs require the distribution of interest and do not allow interest to compound. CDs offered through Edward Jones are issued by banks and thrifts nationwide. All CDs sold by Edward Jones are registered with the Depository Trust Corp. (DTC).

ELECT CLAYTON BRATCHER

★★ FOR WARD ONE ★★

WAYNE CITY COUNCIL

This ad paid for by Clayton Bratcher, 1012 Poplar Street, Wayne, NE 68787

JASON SEARS FLOORING
Floor Coverings and Installation
NEW LOCATION!!
321 Centennial • Wayne
402-833-1784

Sports

Wayne falls in Mid State play-in

The Wayne High volleyball team lost a four-set decision to Boone Central in the play-in round of the Mid State Conference volleyball tournament on Monday. The Cardinals posted a 25-22, 16-25, 25-21, 25-12 win to advance. Kate Hill had 12 kills, Amelia Legler and Jaycee Bruns both had five and Haley Kramer and Gabbi Judd each had four for the Blue Devils. Isabelle Francis had 25 assists. Bruns served up four aces and Faith Powicki had three. Defensively, Hill and Legler both had two blocks. Powicki had 25 digs, Hill added 13, Kramer had 10 and

Bruns had seven. In Thursday's regular-season finale at Battle Creek, the Blue Devils fell to the Bravettes, 25-19, 25-10, 25-16. Hill had six attacks while Kramer, Legler and Bruns each had three. Francis had 15 assists and Kramer added two ace serves. Defensively, Judd had two blocks, Jacen Haseman had five digs, Bruns added three and Hill and Kramer each had two. Wayne (4-22) heads into subdistrict play next week. Pairings and location are set to be announced Thursday.

Winside reaches L&C quarters

The Winside volleyball team won their pool and fell in the quarterfinals of the Lewis & Clark Conference volleyball tournament. In pool play Saturday, Winside defeated Osmond (25-7, 25-12) and Bloomfield (25-11, 22-25, 25-23). In the win over Osmond, Anslee Watters had 11 kills and Randee Haase, Aubrey Russell and Natalie Kruger each had three. Kruger had 13 assists and Micah Stenwall added four. Watters and Jerzi Carlson each had three ace serves and Kruger added two. Kruger led with seven digs and Watters and Hannah Gubbels each had six. Against the Queen Bees, Watters had 17 kills, Haase added six, Russell had four and Kruger had three along with 20 assists and six ace serves. Carlson added three aces and Haase had four blocks. Hannah Gubbels had 17 digs and Kruger and Watters both had 10. In the quarterfinals Monday, Winside fell to Ponca 25-22, 25-13. Watters led the net attack with nine kills and Kruger had 12 assists. Watters had three aces and Kruger added two. Watters led in digs with 13, Hannah Gubbels added 12 and Carlson and Kruger each had seven. In consolation action, Winside handled Homer 25-11, 25-11. Wat-

ters had 10 kills, Kruger added four and Haase and Russell each had three. Kruger had 12 assists. Russell recorded four blocks and Haase added two. Watters led in digs with 13 and Gubbels added 11. On Tuesday, Winside hosted Tri County Northeast and Hartington-Wakefield in a "Pink-Out" triangular. The hosts fell to TCNE (26-24, 25-22) but beat their Wildcat counterparts, 25-21, 25-22. In the loss to the Wolfpack, Anslee Watters had 13 kills, Randee Haase added five and Aubrey Russell had four. Natalie Kruger recorded 22 assists and had two ace serves. Watters recored 18 digs, Hannah Gubbels added 17 and Kruger had seven. Kruger and Haase each had two blocks. Winning the nightcap, Watters recorded 16 kills, Haase added 10 and Micah Stenwall had three, with Kruger recording 27 assists. Watters had three ace serves. Haase recorded three blocks. Watters and Hannah Gubbels had 13 and 12 digs, respectively, with Samantha Gubbels adding seven, Stenwall five and Kruger three. Winside (14-12) hosts Lyons-Decatur in their regular-season finale on Thursday, with subdistrict play starting next week.

Wakefield netters make it to L&C finals

Wakefield's volleyball team looks to be getting hot at the right time after winning two matches in the Lewis & Clark Conference tournament to reach the championship round. The Trojans were the third seed going into the tournament, giving them a bye into the quarterfinals Monday at Randolph. They opened with a 25-21, 26-24 win over Hartington-Newcastle, then swept Plainview in the semifinals 25-19, 25-19, 25-16 to move on to Tuesday's final against Ponca. Daveigh Munter-McAfee led the net attack against the Wildcats with 10 kills, followed by Alex Arenas with eight and Alli Brown with four. Jordan Metzler had 18 assists. Brown served up six aces and Arenas and Katie Borg each had two. Borg led in digs with 13, Arenas added six, Brown had four and Metzler, Munter-McAfee and Makenna Decker each had three. Decker had two blocks. In the win over the Pirates, Arenas recorded 12 kills, Munter-

McAfee had seven, Metzler had six and Brown and Decker each had four, with Metzler recording 26 assists and Brown and Arenas putting up three ace serves apiece. Borg had 15 digs, Munter-McAfee added 12 and Arenas had nine. On Thursday, the Trojans swept Tri County Northeast, 25-15, 25-17, 25-18. Alex Arenas had 15 kills, Daveigh Munter-McAfee added 10 and Makenna Decker and Jordan Metzler each had five. Metzler recorded 30 assists. Katie Borg led the defense with 15 digs, Arenas and Munter-McAfee each had 13, Metzler added 11 and Alli Brown had five. Metzler and Brianna Martinez both had two blocks. Results of Tuesday's championship game were not available at press time and will be included in next week's edition of The Wayne Herald. Wakefield closes the regular season with a triangular at Winnebago on Thursday. Subdistrict play will follow next week.

Knights roll Blue Devils

NORFOLK — It was a hard day's night for the Wayne High football team Friday. Facing the top-ranked team in Class C-2 on the road, the Blue Devils could not keep up as Norfolk Catholic rolled to a 63-14 win at Norfolk's Memorial Stadium. On the ground, Schultz led with 40 yards on six tries, Will Leseberg had 28 yards on five carries, Phelps had 27 yards on five tries, Keller rushed eight times for 25 yards, and Ashton Munsell and Taven Ocampo both rushed three times for 20 yards. Sedjro Agoumba had nine yards on two attempts. Defensively, Eli Barner led the team with eight tackles, Munsell had seven, Phelps had five and Judd and Zach McManigal both had four. The 2-6 Blue Devils close the regular season on Thursday at O'Neill.

Opinion

Capitol View

Sasse wants to leave the circus in Washington

Commentary by J.L. Schmidt
Statehouse Correspondent
Nebraska Press Association

I will admit that I have never been very excited about Nebraska's representation in the United States Senate. I blame it on growing up in the Curtis-Hruska era when it seemed like we just kept sending the same two guys to do the work of the nation.

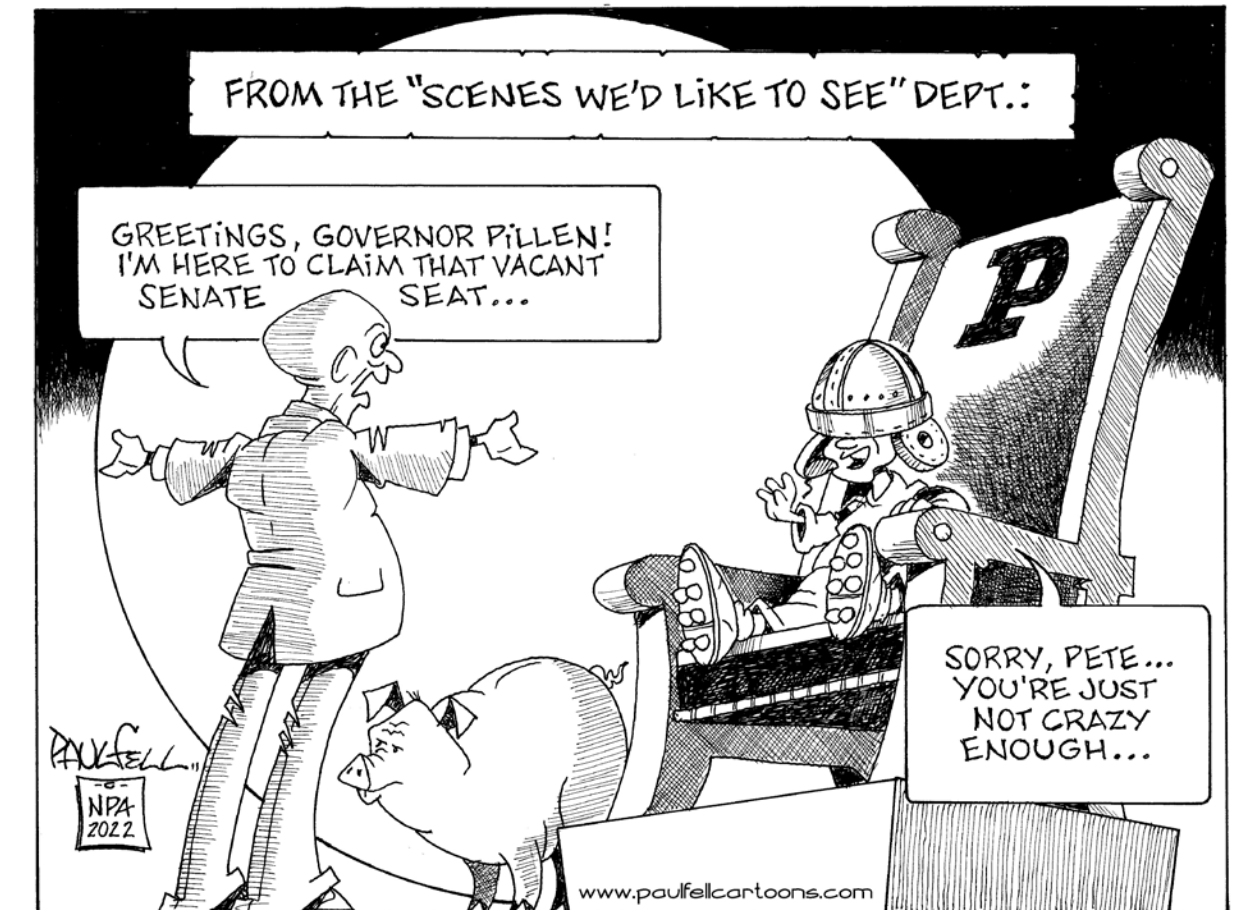
Roman Hruska was born in David City and served 22 years in the Senate from 1954 to 1976. Carl Curtis was born in Minden and served 24 years from 1955 to 1979 in the Senate after a 15-year run in the U.S. House of Representatives from 1939 to 1954. Both were Republicans. Both were notably conservative.

The edgiest thing either one of them did was when Curtis was cited as a "staunch supporter" of troubled President Richard Nixon — go ahead and Google Watergate scandal. Hruska was born a year before Curtis and died a year before Curtis died. They were both 94. Put that in the history book and close it.

So, you understand why all the recent furor over Nebraska's junior Senator Ben Sasse, also a conservative Republican, has left me a little nonplussed. He's 50, has a wife and three kids and wants to leave the Washington circus where he has served since 2015 and take a shot at being a college president again.

He's apparently the leading — and only — candidate to be the next president of the University of Florida. He did a similar gig at Midland College (now Midland University) in Fremont back before he went to the Senate.

I like what he apparently told the Tampa Bay Times newspaper recently. "I'm excited frankly about the opportunity to step away from politics and onto a team of big-cause, low-ego people who want to



build stuff and serve students and plan for the future," he said. Big cause. Low ego. I'm sure there are those who take offense with that. I don't. Pretty much sums up politics in the Beltway as I read it. It's a free country and he has faithfully served seven years of his sentence. No need to suffer through any more at the expense of creating good national policy that may, or may not, serve Nebraskans. The bigger part of the drama comes in the speculation caused in Lincoln when pundits realized that Governor Pete Ricketts would soon be unemployed and just might see an easy pathway to the U.S. Senate through the Sasse resignation. Remember that Ricketts ran for

the Senate seat in 2006 and lost 36 percent to 64 percent against Democrat incumbent Ben Nelson, himself a former governor. So, speculation ran wild that Ricketts would appoint himself to the seat, a move that is conveniently allowed under Nebraska Statute 32-565. Other governors in other states have done that, but political scientists were quick to point out that they haven't always fared well in subsequent elections. So, Ricketts took the high road and boldly declared he would let his successor name the next U.S. Senator after Sasse officially resigns (speculated) in December. He also declined to say if he was interested in the seat, but we know

better. Given that the presumptive next governor will be Ricketts' friend, conservative Republican Jim Pilleen, the appointment would be forthcoming on an easy path. Of course, Pilleen has to win, and Ricketts has to decide he wants the job. Oh duh! As for Senator Sasse, take your Harvard and Yale degrees and go off to the land of Academia where you can mold young minds to become big cause, low ego builders of things. Best wishes. J.L. Schmidt has been covering Nebraska government and politics since 1979. He has been a registered Independent for more than 20 years.

Nebraska's fast-growing bioscience industry

In 2024, NASA will send a small surgical robot from Nebraska to the International Space Station. The tiny, two-pound robot will be able to perform surgeries on the space station that would normally require a surgeon's expertise and much larger equipment. The surgical robot can operate more or less on its own, performing complex procedures at the flip of a switch. The device, developed by Nebraska-based Virtual Incision, is a significant step toward making it possible for surgeons to operate remotely—whether their patients are in deep space or on a battlefield halfway around the world.



Gov. Pete Ricketts

Virtual Incision's surgical robot is just one example of the many breakthrough products Nebraska's bioscience companies are creating. From biomedicine to biofuels to biochemicals, companies in our state are on the cutting edge of innovation. We're growing our bioscience industry by prioritizing research and development, making it easy for bioscience companies to do business, and helping to develop the workforce talent bioscience firms need to grow.

Prioritizing Bioscience R&D
Our universities are doing tremendous work in the biosciences right here in Nebraska. In 2021, for the fifth straight year, the University of Nebraska system ranked among the top 100 academic institutions worldwide in earning U.S. patents. Virtual Incision, founded by faculty members at UNL and UNMC, received four surgical robotics patents last year. The State has supported Virtual Incision's growth with \$1 million of funding through the Business Innovation Act (BIA). Bioscience startups can count on strong support in the Cornhusker State. Nebraska ranks #7 nationally in academic bioscience R&D expenditures per capita.

We've invested in creating the physical spaces where bioscience companies can translate their ideas into reality. In 2017, the Nebraska Department of Economic Development (DED) was part of a coalition that launched the Biotech Connector at the University of Nebraska-Lincoln's Innovation Campus. It's a startup incubator dedicated to biotech companies, with more than 7,700 feet of leaseable wet lab space. These specialized labs have the water, utilities,

and ventilation needed to conduct advanced tests on biomaterials. Adjuvance Technologies was the first tenant of the Biotech Connector. The company located there in 2017, a year after receiving a \$450,000 Business Innovation Act seed investment from the State of Nebraska. It produces adjuvants (substances that enhance the body's immune response) that are added to vaccines to increase their effectiveness. In 2019, within three years of receiving BIA funds, Adjuvance won a contract with the National Institute of Allergic and Infectious Diseases to make more effective flu vaccines. In January 2020, it raised \$20 million in venture capital. This January, the company received a patent for an adjuvant that improves the vaccine for shingles.

Supporting Bioscience Production
While working to become an incubator of high-growth startups, we're also making it easier for bioscience firms to build production facilities in Nebraska. With our state's abundance of agricultural feedstocks, we've had major success recruiting investment from bioprocessors. Cargill's campus in Blair has become a hotbed of bioscience activity. In the past five years, several European bioscience companies have made major investments there: Avansya (Dutch/American), Corbion (Dutch), Evonik (German), Novozymes (Danish), and Veramaris (Dutch/German). Last month, the City of Blair won a \$1.5 million federal grant to increase water capacity to the biocampus to support a \$300+ million expansion of Novozymes' biotech facility.

The Nebraska Department of Economic Development has a Site and Building Development Fund to help manufacturers relocate or expand. For instance, DED supported Corbion's growth in Blair with a \$100,000 Site and Building Development grant. In 2021, Viridis Chemical received a \$200,000 grant for work at its site in Columbus. In March 2022, the company announced a breakthrough with the first production of renewable ethyl acetate at its manufacturing plant.

The Nebraska Department of Transportation's (NDOT) Economic Opportunity Program helps support growth across the State through grants for strategic transportation improvements that connect businesses to Nebraska's statewide transportation network. For example, NDOT has approved \$450,000 to help Merck Animal Health, a biopharmaceutical company, make turn lane improvements near their facility in metro Omaha. The agency has also approved a half-million dollars for road improvements at the Heartwell Renewables biofuel production facility being built in Hastings.

Developing Nebraska's Bioscience Workforce
Nebraska has nearly 18,000 bioscience jobs. These are great-paying jobs, with an average annual salary of \$70,000. We're equipping Nebraskans with the education and skills they need to excel in the bioscience industry. The talent pipeline we've built to

connect our graduates with rewarding jobs includes preparation for careers in the biosciences. Lincoln Public Schools' Career Academy has a dedicated agricultural bioscience pathway. Students get hands-on experience working in a greenhouse, take field trips to bioscience companies, and do internships with local employers. Through a partnership with Southeast Community College, students at LPS can begin work toward a biotechnology certification or earn credits toward a postsecondary degree. Students at Southeast Community College majoring in Biotechnology are eligible for the Nebraska Career Scholarships we created in 2020.

While training future graduates for the biosciences, we're also investing in the ongoing education of Nebraskans working in the industry. DED provides customized job training funds to support companies whose people need training to use new technology or equipment. For example, DED provided Cargill with \$700,000 of funds from 2016 to 2018 to help its teammates in Nebraska gain new skills.

The biosciences are booming in Nebraska, and we'll continue to support the industry through university research, through our business-friendly climate, and by developing a world-class workforce. If you have questions about the State's work to support the growth of the bioscience industry, please contact me at pete.ricketts@nebraska.gov or 402-471-2244.

Wayne City Council Members

<p>First Ward Terri Buck — 402-369-1740 Chris Woehler — 402-369-0051</p> <p>Second Ward Matt Eischeid — 402-375-1944 Brent Pick — 402-369-0233</p>	<p>Third Ward Jason Karsky — 402-369-3877 Dallas Dorey — 402-369-0040</p> <p>Fourth Ward Nick Muir — 402-369-0795 Jill Brodersen — 402-369-1304</p>
<p>Mayor Cale Giese 402-369-2145</p>	

The Wayne City Council meets the first and third Tuesdays of the month. Meeting times are at 5:30 p.m. at the City Council chambers, located in the Wayne City Offices at 306 N. Pearl Street.



(Photos by Clara Osten)

Youth Mentor Hunt

Area youth were joined by a number of mentors at this year's Pheasants Forever Youth Mentor Hunt. The youth were able to take part in several hunting/habitat related activities. This included the Live Hunt (above). Russ Hamer, Wildlife Biologist with the Nebraska Game & Parks (far right) shared information with those at the Hunt. He explained what types of habitat are ideal for finding pheasants and other species of birds that can be hunted at this time of the year.



Wayne Country Club
 302 East 21st Street
 Wayne, NE 68787
 402-375-1152
 www.waynecountryclub.org
Kyle Schellpeper
 PGA Golf Professional

October 18, 1962

Berry Hall parade float fire, winners at Homecoming

Wayne State's 1962 homecoming is history now, and probably it will rank among the most elaborate and successful in the annuals. It had all the usual features plus a few new ones too, ranging from many stunts to serious business- and with a fire to make it livelier. One fire was on the schedule, the traditional pep rally bonfire Thursday night. But another fire provided the excitement. One of the parade floats took flame in front of the football crowd.

It happened during pre-game ceremonies as the prize-winning floats were towed before the stadium. Berry Hall's first-place entry, depicting a river steamboat with rotating paddlewheel and smoking stacks, had moved right in front of the stands when a smoke bomb got out of control and suddenly about eight students came tumbling off the flaming float while onlookers rushed to detach the tow car.

Spectator astonishment turned to amusement then as Master of Ceremonies Marlin Nielsen quipped: "That's the hottest parade entry we've ever had!"

In more serious tenor, WSC's score mounted to 31-0 over Chadron. Also, Ardis Halleen, in front of about 3,800 spectators, was crowned queen of Wayne State's homecoming.

October 19, 1972

Sales blitz at Wayne businesses to follow Veterans Day parade

Veterans of Foreign Wars American Legion and their auxiliaries are co-sponsoring a Veteran's Day parade which will begin at Wayne State College.

In addition to VFW and American Legion Color Guards, the National Guard will have a display of equipment, including armored personnel vehicles, trucks and jeeps.

Several business places in Wayne will be closed Monday morning, but will open for a five and 1/2 hour sale at noon.

Also following the parade, an open house will be held at the National Guard Armory.

October 21, 1982

An unwelcome surprise

With Halloween less than two weeks away, Mother Nature played a trick on Northeast Nebraska Tuesday that won't be forgotten. What started out as a rainstorm, turned to sleet and then to heavy snow as this part of the state was hit by its first major snowstorm. Temperatures into the 40's and plenty of sunshine on Wednesday melted away the remains of the snow, but the snow left its mark.

The early storm may have caused more damage than any storm will throughout the upcoming winter season. Thousands of acres of ripe soybeans were smothered and buried by the wet, heavy snow. Bean fields which survived the spring's wicked rain and hail storms were now wiped out. Corn also suffered extensive damage in some areas where ears were knocked to the ground.

Tree damage was tremendous. Leaves had not yet been shed by most trees and the wet snow burdened the limbs until they succumbed and cracked. Across the community of Wayne, branches of all sizes were scattered across the yards of nearly every home.

There were also the usual problems which come with snowstorms. Families ate by candlelight as the storm knocked out power lines and forced blackouts. Ditches along slippery country roads were marked with cars which has slid off.

It was not a pleasant preview of what may be ahead.

October 20, 1992

Former baseball great visits Wayne

Former major league baseball great Richie Ashburn was in Wayne, Monday afternoon signing autographs, answering questions and chatting with baseball fans along with gaining signatures on a national campaign to get him into the Baseball Hall of Fame in Cooperstown, New York.

Ashburn, a long-time great for the Philadelphia Phillies from 1948-1959, and later with the New York Mets and the Chicago Cubs, has spent the last 30 years as a broadcaster for the Phillies.

The national campaign labeled as "Why the Hall Not!" is out to get 100,000 signatures across the nation to put Ashburn's name back on the ballot for the Hall of Fame.

This is Ashburn's first appearance in Nebraska as a speaker. "My family still lives around the Tilden area and I come back every so often to visit, but never to do something like this," Ashburn said. "I don't mind though, because I like seeing and talking to people."

Ashburn spent two and a half hours at Stadium Sporting Goods in Wayne.

October 17, 2002

Honor coffee is held prior to school board

Wayne Community Schools Board of Education held an honor coffee prior to their meeting Monday night.

They recognized the German students from Steinheim who are here for three weeks through the German-American Partnership Program 2002.

And, also the National Merit semi-finalist and commended student at Wayne High School.

Wayne has been part of the exchange program with Germany for at least three years. Through the program, Wayne High German class students accompanied their teacher, Mrs. Zahniser last year to Germany.

German students visiting in Wayne include Michael Weber, Julian Behrens, Sebastian Siesenop, Annika Raedeker, Elisabeth Diekniete, Katharina Sieg, Carmen Kroeger, Sarah Wedegaertner, Jutta Hoffmann and Kerstin Groth.

The National Merit semi-finalists include Andy Martin and Elysia Mann.

Pizza Hut
 901 E 7th Street • Wayne
 402-375-2540

sn STATE NATIONAL INSURANCE COMPANY
BRIAN BOWERS & MARY JENKINS
 1010 N Main Street
 Suite 110
 Wayne, NE
 402-375-4888

PRIME STOP
 CONVENIENCE STORES
 1330 East 7th Street
 Wayne
 402-375-1449
 Open 24 hours a day, 7 days a week!

Cruise & Associates
 We Work for People Who Work
 Tax • Payroll • Accounting
CA
 201 Main St.
 402-375-4718
 Cruise-Associates.com

Stadium Sports
 120 S. Logan St. • Wayne
 402-375-3213
 www.stadiumsportswayne.com

Wayne Area
 Economic Development Chamber • Main Street
 Wayne, NE
 wayneNE68787
 @wayneNE68787

DISCOUNT FURNITURE
 375-1885 OR 1-855-375-1885
 1 1/2 Miles North of Wayne

TW THRIFT WAREHOUSE
 THRIFT & CONSIGNMENT
 121 Main Street • Wayne, NE • 402-833-1810
 Facebook.com/thriftwarehouseinwayne
 Open Monday-Saturday 10 AM - 5 PM

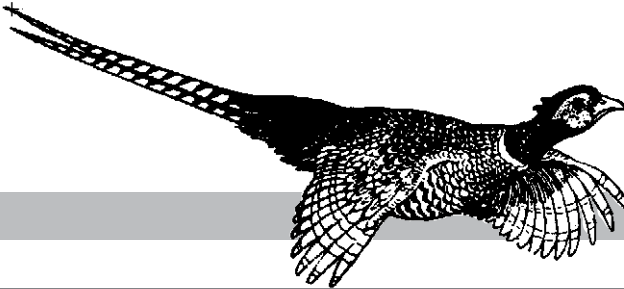
simple human sense
Northeast Nebraska Insurance Agency
 Wayne • 402-375-2696
Auto-Owners INSURANCE

SN BANK
 STATE NEBRASKA BANK & TRUST
 122 Main Street 1010 Main Street
 (402) 375-1130

MAIN STREET GARAGE
 Your Full Service Auto Repair Shop
 402 375-4420

The Wayne **Herald**
 114 Main Street • POB 70 • Wayne, NE 68787 • 402-375-2600

PAC N SAVE
 GROCERY STORE
 1115 West 7th Street • Wayne
 402-375-1202
 www.pacnsavegrocery.com
 Open 7:30 AM - 9:00 PM Every Day



Remembering Roger Welsch

I frequently think of things I want to write about during the week, and then, when Monday evening arrives, those things have disappeared and I can't come up with one interesting subject!

Tonight, I'm going to reminisce about one of my favorite Nebraskans, who died just a short time ago. His name is Roger Welsch.

I think I first became aware of him while seeing Postcards From Nebraska on Sunday mornings with Charles Kuralt. I don't think I saw very many of those because we were typically not watching television on Sunday mornings. But they were sort of like Pure Nebraska; the local show by Jon and Taryn Vanderford, highlighting unique, small, out of the way places in our state.

Roger had been a German instructor at Wesleyan, and moved on to teach English at the U. He was into all things Native American and became interested in the weeds they used for medical things and to eat. Therefore, he did not get rid of the weeds in his lawn. And, the Noxious Weed Board left a sign at his door telling him he had to get rid of them.



The Farmer's Wife
By: Pat Meierhenry

He found out that Board was an elected position and ran for it; on a pro-weed ticket! You can imagine that brought a certain cachet of notoriety. So much so, that when Kuralt was in Lincoln for the Press Association meeting, he asked Joe Seacrest, of the Lincoln Journal, if there were any interesting stories he could point him to..

The rest is history! Soon, Roger quit his day job and concentrated on this TV show. Plus, he wrote a lot of books. My Mom would buy them for my brother; she liked titles like Old Tractors and The Men Who Loved Them, featuring a picture of an old Allis on the cover, along with the author in his trademark bib overalls, his longish hair, and facial hair before all guys were wearing facial hair.

I just checked out more titles: Everything I Know About Women I learned From My Tractor, and It's Not the End of the Earth But You Can See it From Here! There is even one about Outhouses; how to build them, where to site them, and their history. That is one I did not run across.

He actually gifted his forty acres south of Dannebrog to the Pawnee and they made him an honorary member. I've forgotten all his adopted names, but they were worn with pride. Dannebrog was also home of the Liar's Hall of Fame. He conducted an annual contest for the best liars!!

In case you can't tell, it was all in jest. He actually loved his native

state, and we all loved him back. When I flew home from the Olympics in Atlanta, when the plane landed in Omaha, the pilot asked us to give his regards to Roger! He literally put us on the map.

And, true to form, I meant to write about him the week he died. But then, Tuesday morning came and I had forgotten about him... that happened last week, too. Frustrating!! He will soon be old news!

I have to tell you, we visited Dannebrog several years ago and drove by his place. He was still raising weeds! And I'm not a bit sure he was cooking them. The Big Farmer just could not abide them. A former "hired boy" told me a couple of weeks ago that was one of the things he remembered about spending a summer on our farm; chopping thistles; Mike with his trusty shoe spade! I think it's a good thing Mike was never on the Weed Board in a community Roger Welsch lived in. But then, he didn't make nearly the same money from writing a book that Roger Welsch did! We all have our talents.

Dealing with corn, corn stalks this fall

Grazing Vs. Baling Corn Residues
By Ben Beckman

As harvest progresses, crop residues are readily becoming available as a forage source. Producers looking to capitalize on these feeds often consider two options for use, grazing or baling. Which option is best for you?

Grazing corn residue allows animals to be selective about what they eat. Animals choose higher quality grain, leaf, and husk first, grazing soiled or lower quality feed when it becomes the only choice available. With proper stocking, corn residues will meet nutrient requirements in dry cows. However, quality of residues will decrease with time as stalks are subjected to weathering.

Practices such as strip or rotational grazing can help extend the grazing period and balance quality. Initial investments in fence and water sources are drawbacks of grazing, but once the labor of putting fence in is completed, the cows do the work of harvesting.

Baling on the other hand requires labor and fuel to harvest and put-up



residues. Because of the tough nature of corn residue, wear and tear on machinery is a consideration. How residues are harvested is also important and can greatly impact final quality. If the initial raking of residues is particularly aggressive, the dirt(ash) content of the final product will be high.

Because of the generally low quality and the risk of sorting, grinding corn stalk bales before feeding is beneficial. This does however add additional cost and equipment requirements for use.

Finally, baled residues are usually fed away from the field where they are harvested, resulting in nutrients losses where harvest occurred. The value of these losses depends on fertilizer price and how

much residue is removed. Spreading manure from the feeding location back on the field can help mitigate some of this loss.

Grazing Standing Corn
By Ben Beckman

Dry weather may have left your corn field with low yield. If harvesting for hay or silage did not occur, can we capture value in standing corn by grazing?

After a brief learning period, cattle in standing corn will preferentially graze corn ears if any have developed. Drought-damaged corn may not have many ears, but if much grain has developed, the cattle first need to adapt to a higher grain diet before grazing corn begins. Otherwise, acidosis or other digestive disorders could develop.

Cross-fencing and strip-grazing is needed to minimize trampling waste. Give cattle access to no more than a two-day supply of fresh corn at a time; a one-day supply is even better, especially for younger, growing cattle. Dry cows might do fine if moved just twice each week.

Dry cows may become fat and

over-conditioned grazing standing corn, especially if grain is present. Even without grain, barren stalks can be surprisingly high in nutrient concentration because protein and energy that normally would have been transferred to the grain has instead been stored in the stalk and leaves. Diets containing crude protein exceeding 8% and TDN of 55% are usually expected.

Standing corn can be limit-fed to stretch the supply and/or to minimize over-conditioning by reducing the area allotted to the cows and forcing them to eat more of the lower quality stalks. However, nitrate concentration may be high in the lower portion of the corn stalks. Before forcing animals to consume this part of the plant, test the stalks for nitrates and then manage accordingly.

Funds available to protect and restore land across Nebraska

USDA's Natural Resources Conservation Service (NRCS) is now accepting applications for the Agricultural Conservation Easement Program (ACEP). This voluntary program provides funding for the purchase of conservation easements to help productive farm and ranch land remain in agriculture and to restore and protect critical wetlands and grasslands.

NRCS Nebraska State Conservationist Robert Lawson said, "Conservation easements are a great tool to ensure natural resources are conserved and protected for all Nebraskans. We encourage Indian tribes, local governments, non-governmental organizations and private landowners to contact their local NRCS office to apply."

The main goal of ACEP is to prevent agriculture land from being converted to non-agricultural uses, and to restore and protect wetlands and wildlife habitat. Cropland, rangeland, grassland, pastureland and nonindustrial private forestland are eligible.

Applications can be submitted at any time, but to be considered for this year's funding, applications must be received by Nov. 18, 2022. Applications are currently being accepted for both agricultural land and wetland easements.

NRCS provides technical and financial assistance directly to private and tribal landowners to

restore, protect, and enhance wetlands through the purchase of conservation easements. Eligible landowners may enroll in 30-year or permanent easements. Tribal landowners also have the option of enrolling in 30-year contracts.

All wetland reserve easement applications will be rated according to the easement's potential for protecting and enhancing habitat for migratory birds, fish and other wildlife. Eligible applicants will be compensated with a payment rate comparable to the local land use value.

NRCS also provides financial assistance to eligible partners for purchasing agricultural land easements that protect ag land use and conservation values of eligible land. For working farms, the program helps farmers keep their land in agriculture. Agricultural land easements also protect high quality grasslands under threat of conversion to cropping, urban development, and other non-grazing uses.

Applicants will need to provide accurate records of ownership and ensure they have established fiscal year 2023 ownership eligibility with USDA's Farm Service Agency (FSA). Application information is available at your local USDA Service Center and at www.nrcs.usda.gov/GetStarted.

"NRCS staff will work with all interested applicants to help them through the application process and provide one-on-one assistance to create the conservation easement option that works best for their farming or ranching operation," Lawson said.

For more information about the USDA Natural Resources Conservation Service and the programs and services it provides, contact your local USDA Service Center or www.ne.nrcs.usda.gov.

FALL IS AN EXCELLENT TIME FOR BIENNIAL AND PERENNIAL WEED MANAGEMENT
It is the appropriate time to manage weeds with a systemic herbicide to set up your pastures for a clean, fast start next spring.
Contact Becker Flying Service, Inc.
TODAY to book your fall pasture weed control.

- Computer mapping
- GPS Guidance
- Insured and licensed personnel, qualified pilots & aircraft
- Family owned since 1948

Wayne • 402-833-5110
Hartington • 402-254-7316
John Becker • 402-841-0486

VOTE FOR Amendment 1 on Nov. 8th

Our airports are unable to use the tools that every other state can to develop more commercial flights. Let's fix this and make Nebraska more competitive!

- Grow Nebraska's Commercial Air Service
- Grow Nebraska's Economy
- Connect us to the Rest of the Country

GROW NEBRASKA
grow-nebraska.com

Paid for by The Grow Nebraska Committee | 530 S 13th Suite 110, Lincoln, NE 68508

1937-2022
85TH
ANNIVERSARY

'Round Here
We're Getting Ready For Winter

GET YOUR JOHN DEERE SPRAYER WINTERIZED AT GROSSENBURG

- \$800 For Labor + John Deere Winterization Fluid
- Up to -50° Protection

SD | NE | WY
Grossenburg.com

JOHN DEERE | GROSSENBURG IMPLEMENT INCORPORATED

Hartington Tree LLC
Tree Trimming, Removals & Transplanting

TREES for SALE

- Evergreen
- Shade
- Ornamental

Spring is coming! Time For Planting!

Yankton 605.260.1490
Hartington 402.640.6369

Serving Southeast SD and Northeast NE!
Kent & Kyle Hochstein - Licensed Arborists
www.hartingtontree.com

TIME FOR AN **EQUIPMENT UPGRADE?**


CURRENCY.
EQUIPMENT FINANCING MADE SIMPLE

Get started at gocurrency.com
877-358-4595

SAUNDERS COUNTY FARMLAND AUCTION
2 TRACTS 290+/- IRRIGATED ACRES TOTAL
FRIDAY, NOVEMBER 4, 2022 • 11 A.M.
AUCTION LOCATION: Saunders County Fairgrounds, 4H Building, 635 E 1ST ST., Wahoo, NE
SELLER: Popken Family, Kevin Popken POA
Tract 1: Total acres, 154.7+/- (Irrigated) • Tract 2: Total acres, 136.7+/- (Irrigated)
Equipment facts LIVE AUCTION WITH ONLINE BIDDING AVAILABLE
 Tim Shanahan, Associate Broker: 402-443-6767 (Cell), 402-443-3415 (Office)
 412 N Linden St., Suite A, Wahoo, NE 68066
Dan Sanderson, Real Estate Sales/Auctioneer
 AG DIVISION • WAHOO OFFICE 402-720-0768 (Cell), 402-443-3415 (Office) • www.nebraskafarmland.com

HELZER
STATE BOARD OF ED
 SUPPORTING STUDENTS, STAFF, & COMMUNITIES
 Endorsed by the Nebraska Farmers Union
 Paid for by Helzer Education 4246 Nevada Ave, Grand Island, NE 68803



A Bank Here for You
 Choose F&M Bank - banking that feels right.

 Gretna • Sioux City • South Sioux City • Wayne • West Point
 800.235.5331 fmbankne.bank Member FDIC

Business & Professional Directory

Sign up available for the Master Gardener Volunteer Program

Many Nebraska Extension Master Gardener Volunteers (NEMGV) are winding up their projects for the 2022 gardening season. The Master Gardeners who manage the Growing Together Nebraska gardens have donated 536 pounds of produce to food pantries in Washington County and 2858 pounds in Dodge County, boosting access to fresh food for the food insecure. Master Gardeners work in after-school garden programs, teach others about good gardening practices through the horticulture helpline, and promote healthy pollinator habitats through demonstration gardens.

NEMGVs are taught the newest University-led education one can receive.

So, are Master Gardeners just about pulling weeds and making things pretty? Absolutely not! Master Gardeners are first and foremost teachers, reaching people where they are to improve the health, well-being, and quality of life for Nebraskans.

Extension Master Gardeners have a long history of helping people and communities in Nebraska. Starting in 1976, volunteers have been educated in a wide range of all things garden, extending from horticultural insects to soils to plant diseases. Education is virtual, allowing Master Gardeners access to quality programs from their home computer, bridging remote locations and long distances.

Who are Nebraska Extension Master Gardeners? They are your neighbors...community members... they are the new people in town, or they have grown up here... they are young, old, and every age in between...they have lots of gardening experience or very little. No matter the differences of how, where, and why people are called to the Master Gardener Volunteer program, there is one common thread—a love for gardening that spills over into sharing with others.

If you'd like to make a difference in your community or you have a love of gardening you'd like to share with others, then please consider attending an informational meeting for the 2023 NEMGV program.

Tuesday, Nov. 15, 5:30 pm, Dodge County Extension Office, 1206 W. 23rd Street, Fremont.

The informational meeting provides answers about the classes and volunteer requirements.

If you have questions or would like to learn more, feel free to contact me at kcue2@unl.edu, or by calling 402.727.2775.



Involved in the check presentation were (left) Rita McLean, Backpack Program Volunteer, Jenny Hammer, Backpack Program Coordinator and Cynthia Puntney, AWG Nebraska.

Wayne Food Pantry/Backpack Program receive AWG Cares Award Grant

Recently, AWG Cares approved a grant request in the amount of \$3,000 to the Wayne Food Pantry/Backpack Program in Wayne.

The grant request was submitted by Cynthia Puntney, AWG Nebraska employee.

This program began in April 2013 in Wayne. The Wayne County Food Pantry Backpack Program provides a weekend supply of nutritious food for children when school lunch and breakfast is unavailable on a weekend. Each food bag contains two breakfasts (such as a package of oatmeal or granola bar), two lunches (a can of soup or an easy Mac and Cheese), two snacks

(pudding or cheese/crackers), and two servings of fruit (one preserved and one fresh). All food is non-perishable, is able to be prepared by a small child, does not require additional ingredients or use of a stove and is provided to children free of charge.

Organizers of the Backpack program said, "It is our hope these resources will support the health, behavior, and achievement of every student that participates. Though the program is intended to help those children whose families find it difficult to have enough food for the entire month, all children are eligible for this program."

Backpacks are distributed to over 100 children in the area each month.

AWG Cares is AWG's employee-managed, company-supported and community-focused non-profit charitable organization. It was established in October 2017 to help AWG employees support the charities they care about and give back to the communities where they work and live. AWG Cares focuses its charitable giving efforts in three areas or "pillars" (Disaster Relief, Medical Research and Hunger/Homelessness).

Deadline to apply for Natural Resource Conservation Funds approaching

Farmers and ranchers interested in preventing erosion, improving soil health, conserving water and wildlife, or making other natural resource conservation improvements to their property are encouraged to apply now for funding available from the USDA Natural Resources Conservation Service (NRCS). Those interested in receiving funding should sign up before Nov. 18, 2022.

According to NRCS Nebraska State Conservationist Rob Lawson, there are several options available to producers.

"NRCS has a whole suite of conservation programs available to farmers and ranchers looking for

assistance in improving and protecting the natural resources on their ag land. These programs provide funding on cropland and rangeland, as well as for establishing or enhancing wildlife habitat and wetlands. NRCS staff can help landowners and operators identify their options that best suit their operation's needs," Lawson said.

The most widely applied conservation programs in Nebraska are the Environmental Quality Incentives Program (EQIP) and the Conservation Stewardship Program (CSP). The goal of these conservation programs is to provide a financial incentive to encourage landowners to install conservation practices that protect natural resources, resulting in cleaner air and

water, healthy soil, and more wildlife habitat.

"Participation in our conservation programs is totally voluntary. We offer assistance that can help make farming and ranching operations more sustainable while conserving the natural resources like soil and water on which all Nebraskans depend," Lawson said.

Individuals interested in applying for these conservation programs may do so at any time, but applications need to be submitted by Nov. 18 to be considered for this year's funding.

For more information about conservation programs and other assistance available, contact your local NRCS field office or visit www.ne.nrcs.usda.gov.

INSURANCE
Complete Insurance Services
 •Auto •Home •Life
 •Farm •Business •Crop

ELKHORN AGENCY
 Gary Boehle - Steve Muir
 411 E. 7th - Wayne 375-2511
 ElkhornAgency@elkhornvalleybank.com

SERVICES
The Century Club
 STATE NEBRASKA BANK & TRUST
 ARE YOU 50 or BETTER?
 Free Movies Group Travel
 for more info
 Contact Kaki Ley
 (402) 375-1130

 122 Main St. Wayne

JOHN'S WELDING & TOOL LLC
 375-5203 • 800-669-6571
 Lathe & Mill Work; Steel & Aluminum Repair & Fabrication
 24 Hr. Service • Portable Welder
 Pivot Bridges & Steel Feed Bunks
 Hours: 8:00 am - 6:00 pm Mon.-Fri.;
 8 am - Noon Sat.
 After Hours — 402-369-0912
 320 W 21st St., 1 mi North & 1/8 West of Wayne.


www.nepublicnotices.com
 Nebraska Public Notices are now **MODERNIZED**
 Available in Print & Digital
Free-access | Fully searchable
 Brought to you as a public service by your local community newspaper.
Because you have a right to know.

CITY OF WAYNE BOARD/COMMISSION VACANCIES
 The City of Wayne currently has vacancies on the following Boards/Commissions:
Civil Service Planning Commission
 If you are interested in serving on one of these Boards/Commissions or learning more about the Boards/Commissions, please contact Mayor Cale Giese or City Clerk Betty McGuire at (402) 375-1733.

REAL ESTATE

 Marion Amerson • Dave Ewing • Melissa Urbancic
 Galen Wisser • Jerry Lewis
MidwestLand COMPANY
 206 Main • Wayne, NE • 402-375-3385
 Quality Representation For Over 50 Years!

VEHICLES
HEIKES Automotive Service
 •ASE Certified
 •Complete Car & Truck Repair
 •Wrecker • Tires • Tune-up
 •Computer Diagnosis
 419 Main Street Wayne
 Phone 402-375-4385

RE-ELECT CALE GIESE for MAYOR
 WAYNE AMERICA
 He is focusing on Wayne's future
 ✓ Experienced Leader
 ✓ Proven Record of Success
 ✓ Clear Vision for Wayne

 Find Cale on Facebook at:
fb.ne/gieseformayor
 Paid for by Cale Giese, 110 Blaine Street, Wayne, NE 68787

we insure your car. because some people never learned to park. simple human sense
Northeast Nebraska Insurance Agency
 Wayne 375-2696 • Wakefield 287-9150 • Laurel 256-9138 • Pender 385-6500
Auto-Owners INSURANCE
 LIFE • HOME • CAR • BUSINESS

Congratulations Wayne High Girls Golf Team for Making it to the State Golf Championships!

Coach Josh Johnson with Riley Haschke



Wayne Auto Parts - Carquest 

White Dog Pub

Pieper Law Office

Pizza Hut

Discount Furniture

McDonalds

Gerhold Concrete

Runza

Northeast Nebraska Insurance

State Nebraska Bank & Trust, Member FDIC

Sports Club Motel

Wayne Area Economic Development • Chamber • 

Main Street

Burrows Family Dentistry

Elkhorn Valley Bank & Trust, member FDIC

Elkhorn Valley Insurance Agency

Short Stop

Vel's Bakery

Waste Connections

Wayne Herald

Congratulations

Wayne High Girls Golf Team on making it to the State Golf Championships!!



112 E 2nd Street
Wayne
402-833-1123
shopikt.com

Women's Clothing Boutique, Apparel & Accessories

CONGRATS TO OUR AREA GIRLS GOLF TEAMS AT STATE

Mikey C
PRODUCTIONS

IT'S BEEN A PLEASURE "SHOOTING" YOUR SHOTS

 **Congratulations Blue Devils!**

 INNOVATIVE PROTECTIVES INCORPORATED
1606 Chief's Way
Wayne
402-375-3577

Congratulations on a Great Season and making it to the State Golf Tournament!



M Mikey C Productions
Northeast Nebraska's home for QUALITY action sports photos.
www.mikeycproductions.com/photos

Congratulations on qualifying for the State Girls Golf Tournament!



U Save Pharmacy
216 E. 7th • Wayne • 402-375-2922

 **Great Job This Season Golfers!**

Congrats to the Girls Team for qualifying for state!

Wayne Community Schools
www.wayneschools.org

 **Congratulations**

Wayne Girls Golf Team on making it to State!

fnbo
1100 East 10th | Wayne | 402-375-1502

 Congratulations to the Wayne Girls Golf Team on a successful season and making it to the State Golf Championships!

Dr. Mark Zink
Dr. Lauri Zink
Dr. Melissa Heithold

Wayne Veterinary Clinic PC
610 Thorman Street • Wayne • 402-375-2933

Congratulations on your golf season!

We are proud of you for making it to state!

Cruise & Associates
We Work for People Who Work
Tax • Payroll • Accounting
201 Main St.
402-375-4718
Cruise-Associates.com

Congratulations to the Wayne Girls Golf Team on a great season and making it to the State Tournament!



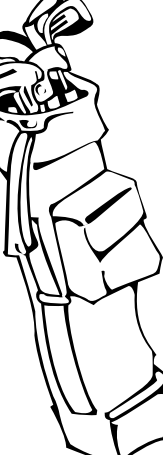
FM & Bank
Gretna • Sioux City • South Sioux City • Wayne • West Point
800.235.5331 fmbankne.bank Member FDIC

 HELENA AGRI-ENTERPRISES
110 So. Windom St.
Wayne, NE 68787
(402) 375-1527

Congratulations to the Wayne High Girls Golf Team!

Tim Reinhardt, Manager



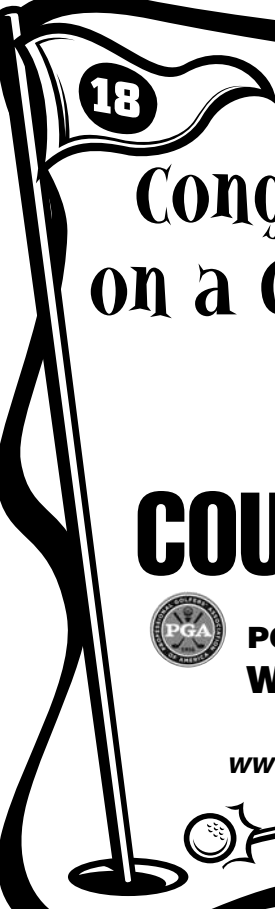
 Congratulations on your trip to the State Golf Championship Wayne Girls Golf Team!

AUTO ANATOMY alternatives LLC
1320 W. 7th St. • Wayne • 402-833-1117


Congratulations to the Wayne Girls Golf Team on a great season and making it to the State Championships!



GROSSENBURG IMPLEMENT INCORPORATED
www.grossenburg.com
1819 Chiefs Wayne • Wayne • 402-375-3325
South Dakota, Nebraska and Wyoming locations

 **18** Congratulations on a Great Season!

WAYNE COUNTRY CLUB
Kyle Schellpeper, PGA Golf Professional
Wayne, NE 68787
402-375-1152
www.waynecountryclub.org



Congratulations Wayne High Girls Golf Team for Making it to the State Golf Championships!



Riley Haschke



Joslyn Johnson



Carli Canham

(Photos by Michael Carnes)




Lindsay Niemann



Charli Sievers

Congratulations on a Great Season and Good Job at State!




CONVENIENCE STORES
Located in •Wisner •Wayne •Norfolk

Congrats to the Wayne High School Blue Devil Girls Golf Team on making it to the State Golf Championships!



STATE NATIONAL INSURANCE COMPANY
BRIAN BOWERS & MARY JENKINS
1010 N Main Street | Suite 110 | Wayne, NE
402-375-4888

CONGRATULATIONS! TO THE WAYNE GIRLS GOLF TEAM ON MAKING IT TO STATE!



1115 West 7th Wayne
402-375-1202
Open 7:30-9:00
GROCERY STORE

Great Season!

Congrats to the Wayne Girls Golf Team for making it to State!



•Screen Printing •Embroidery
•Team Uniforms & Shoes

120 S. Logan St.
Wayne • 375-3213
www.stadiumsportswayne.com

CONGRATS AT STATE WAYNE GOLF!



STATE NEBRASKA BANK & TRUST
122 Main St. 1010 Main St. (402) 375-1130 statenebank.com

Congratulations

Wayne Girls Golf Team on making it to State!



Lutt OIL & SERVICE
310 South Main Street • Wayne, NE
Shop | 402.375.2121
Office & Station | 402.375.3037

Congratulations

TO THE WAYNE GIRLS GOLF TEAM ON MAKING IT TO THE STATE GOLF CHAMPIONSHIPS!




HOMETOWN PROUD. OPEN 7 DAYS A WEEK
7:30 AM - 9:00 PM
517 Dearborn Street • Wayne • 402-375-1540

FAITH REGIONAL Physician Services, LLC
Wayne Family Medicine

Great Job This Season Wayne Girls Golf Team!!!




603 N. Main St. Wayne
402-375-9982

Congratulations

Wayne Blue Devils Girls Golf Team on their great season and making it to State!




Used Cars Sales and Service
Brent Sherman
402 • 375 • 0675
57379 Highway 35
Wayne, NE 68787

WHEN YOU'RE SICK OR NEED A CHECK-UP, **HAVE FAITH.**

Melissa Dobbins, DO
Ian Engebretsen, MD
Benjamin Martin, MD
Mark McCorkindale, MD
Angela McLaughlin, DO
Samuel Recob, MD

Ross Hansen, PA-C
Gary West, PA-C
Psychiatric Services:
Jill Belt, MSE, LIMHP, CSW
Jenna Johnson, APRN

615 E. 14th St.
(402) 375-2500

frpsclinics.org | 

Congratulations Laurel-Concord-Coleridge Girls Golf Team on making it to the Class C State Tournament



Coach Christina Patefield with Delaney Hall



Sarah Karnes

(Photos by Michael Carnes)

Congratulating our LCC Girls Golf Team!

Laurel Veterinary Clinic
203 Pine St.
Laurel
402-256-3836



Congratulations
on qualifying for Girl's State Golf!



Cedar View Country Club
101 Calcavecchia Dr. • 402-256-3184

Congratulations on qualifying for Class C State Golf



CITY OF LAUREL NEBRASKA
ECONOMIC DEVELOPMENT

LAUREL ECONOMIC DEVELOPMENT

Congratulations to the LCC Girls Golf Team on qualifying for the State Girls Golf Tournament!



USave Pharmacy
216 E. 7th • Wayne • 402-375-2922

Great Job This Season LCC Girls Golf Team
State Qualifiers, finishing with a ninth place



KARDELL'S AUTO
David Kardell • 402-256-3641
217 East 2nd Street • Laurel
www.kardellsauto.com

Congratulations
LCC Bears on making it to the State Golf Tournament



Missa Sue's Salon & Spa
113 E. 2nd • Laurel • 402-256-9553

Congratulations LCC Bears!



the SCOOP
ICE CREAM & EATS

100 US-20 | Laurel, NE 68745 | (402) 256-8118
Breakfast - Tuesday's, Thursday's & Saturday's: 7:30 am - 10:00 am
Monday-Saturday: 11:00 am - 8:00 pm | Sunday's: 11:30 am - 8:00 pm

Johnnys Pest Control 402-369-2938

Congratulations to the LCC Girls Golf Team!

Main Street Apothecary & Patzfield's Good Old Fashioned Soda Fountain
402-256-3511 or 800-596-3511 • Laurel, NE

Congrats on making to the State Golf Tournament
LCC Girls Golf Team!



Congratulations on your 9th Place Finish at the State Girls Golf Tournament!



S & S INSURANCE AGENCY
Laurel, Nebraska | 402-256-3631

Congratulations on qualifying for Class C State Golf!



LCC Laurel-Concord-Coleridge School
LCC IS THE PLACE TO BE!
www.lccschool.org

Congratulations
LCC Girls Golf team on making it to the State Championships!



Security Bank

Laurel 402.256.3247 Osmond 402.748.3321 Allen 402.635.2424 Hartington 402.254.2455 Coleridge 402.283.4251
Member FDIC www.mysecurity.bank

Congratulations
LCC Girls Golf Team on making it to State Golf!

IKT

112 E 2nd Street
Wayne
402-833-1123
shopikt.com

Women's Clothing Boutique, Apparel & Accessories

Congratulations Laurel-Concord-Coleridge Girls Golf Team on making it to the Class C State Tournament



Sarah Karnes



Delaney Hall



Maddy Graham



Skylar Swanson



Holly Patefield

(Photos by Michael Carnes)

Congratulations
to the LCC Girls Golf Team on a great season and making it to State!



HOMETOWN MARKET

102 W 2nd Street • Laurel • 402-256-9128
121 W Broadway • Coleridge • 402-283-4865
• www.laurelshometownmarket.net

Congratulations to the LCC Girls Golf Team on Making It To State!

Hillcrest Care Center & Assisted Living
402-256-3961 • 702 Cedar Avenue • Laurel, NE

Wintz Funeral Home

North Side Grain

Campbell's Service LLC
108 East 2nd • Laurel
402-256-3572

Congratulations to the LCC Girls Golf Team on a 9th Place at the State Golf Tournament!!




Congratulations to the LCC Girls Golf Team competing at the State Golf meet.



CITIZENS STATE BANK
201 South Hwy 20 | Laurel, NE
402.256.9550 | citstatebank.com
Community Driven. Future Focused. Member FDIC

Congratulations LCC Girls Golf Team on making it to State!

HANSEN BROTHERS PARTS & SERVICE, INC.
506 W. INDUSTRIAL RD.
P.O. BOX 825
LAUREL, NE 68745



FAITH REGIONAL Physician Services, LLC
Laurel Family Medicine

WHEN YOU'RE SICK OR NEED A CHECK-UP, **HAVE FAITH.**

Angela McLaughlin, DO
Samuel Recob, MD

218 E. 2nd St.
(402) 256-3042

Psychiatric Services:
Jill Belt, MSE, LIMHP, CSW



frpsclinics.org | f t i n

Congratulations
LCC Girls Golf Team on making it to State!



PATEFIELD SEEDS
Randy Patefield • Michael Patefield
Phone: 402-256-9405 • Cell: 402-640-6549
202 Gilman Avenue • Laurel, NE 68745

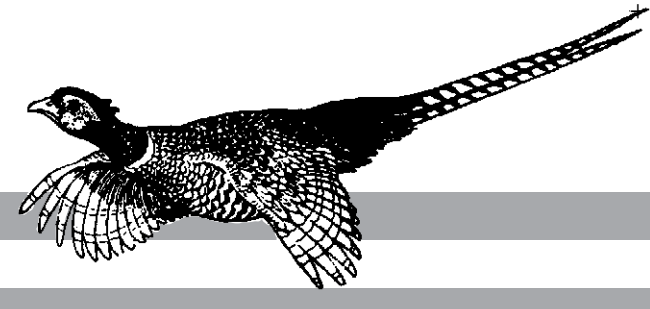
DON MILLER LAND CO., INC. Hartington, NE

Donald "Chris" Miller, Broker • 1-800-992-1912
Randy Patefield, Associate Broker • (402) 640-6549
Austin Creamer, Salesperson • (402) 316-6841

DIXON ELEVATOR
DIXON, NE • 402-584-2284
RANDOLPH/SHOLES • 402-337-0260



Congrats LCC Girls Golf Team on a Great Season!



Faith

Church Services

Note: Please contact your church for the latest updates on service times, activities and other worship opportunities available. Also, anyone with updated information about services is asked to contact the Wayne Herald (402) 375-2600.

Wayne

BAHA'I FAITH
1002 West 2nd Ave.
(402) 369-4227 or (402) 922-0314
Contact: Chris Tee Weixelman

Coffeehouse Church
October 23, 30 and Nov. 13
10:00 AM
First Presbyterian Church
3rd & Lincoln Street
Coffee, juice, rolls, sweet breads and small group discussion

Winside Museum Spaghetti Dinner POSTPONED!
Details will be available when we have more information!

PROCENTER HEARING
118 W. 3rd Street Downtown Wayne
Walk-Ins Welcome or By Appointment
402-833-5061 or 1-800-246-1045
Tuesdays 10 AM - 4 PM
A Hearing Evaluation Is Important If You:
• Hear, but don't understand certain words
• Frequently ask people to repeat themselves
• Have difficulty understanding in crowds or small groups
• Haven't had a hearing test in the past 12 months
Call today to make your appointment for a FREE hearing evaluation. Today's newest hearing aid technology is at your fingertips should amplification be warranted. As always, a FREE trial period is included.

Advance Counseling Services, LLC
Jan Chinn, MSE, LIMHP, CPC
• Depression & Anxiety • Grief & Loss
• Child & Adolescent Concerns
• Abuse & Trauma Counseling • Stress Management
• Coping with Divorce • Employee Assistance Services
Phone: 402-833-5246
220 W. 7th St. • Wayne • In the BankFirst Building

HEALTH CARE DIRECTORY

OPTOMETRIST

MAGNUSON-HOPKINS EYE CARE
Dr. Josh Hopkins, Optometrist
Dr. Scott Ronhovde, Optometrist
Rachel Sindelar, OD
1112 West 7th, Wayne, NE 68787
Telephone: 402-375-5160

CHIROPRACTIC

Herman CHIROPRACTIC
1302 W. 7th Street 309 Main Street
Wayne Pender
(402) 375-3450 (402) 385-0183
Chiropractic Care • Massage Therapy
Acupuncture • Orthotics • Health Products
Same Day Service ~ New Patients Welcome

Elkhorn Valley BANK AND TRUST
402-375-2525 | 411 E 7th St, Wayne | ElkhornValleyBank.com
Member FDIC

hellos are better in person. that's why we're local.
simple human sense
NORTHEAST NEBRASKA INSURANCE AGENCY, INC.
111 West 3rd • Wayne
402-375-2696
Auto-Owners INSURANCE

Burrows Family Dentistry
617 Pearl Street, Suite 1 • Wayne, NE
402-375-1124

PAC N SAVE GROCERY STORE
Open 7 Days A Week
7:30 AM to 9 PM
Home Owned & Operated
1115 W. 7th • Wayne, NE • 402-375-1202
www.pacnsavegrocery.com

Pointe, 10:30 a.m.; Pink Flamingo Nite, 5:30 p.m. **Saturday:** Wayne Food Truck at Journey Christian Church, 9:30 a.m.; Worship, 5:30 p.m. **Sunday:** Reformation Sunday. Fellowship Hour, 9 a.m.; Sunday School, 9 a.m.; Worship with Noisy Offering, 10 a.m. The service will also be broadcast on KTCH and TV and live video streamed on Facebook.

ST. MARY'S CATHOLIC
412 East 8th St.
(Fr. Matthew Capadano, pastor)
(Fr. Jerry Connealy, associate pastor)
375-2000; fax: 375-5782;
E-mail: parish@stmmaryswayne.
Thursday: No School - Teacher In-service, Mass, 5:15 p.m.; College Night. **Friday:** No School - Fall Break, Mass, 8:15 a.m. **Saturday:** Mass, 5 p.m. **Sunday:** World Mission Sunday, Mass, 8 and 10 a.m.; Devotions at Countryview, 1:30 p.m.; Mass at 7 p.m. **Monday:** No Mass; Santa Maria Prayer Group, 6 p.m. **Tuesday:** Mass at 5:15 p.m.; RCIA, Holy Family Hall, 6 p.m.; United Trini-D meeting, 6:30 p.m. **Wednesday:** Mass, 5:15 p.m.; Confirmation class, Holy Family Hall, 5:45 p.m.; English Class, at the school, 6:30 p.m.; WINGS, Holy Family Hall, 7:15 p.m. **Thursday:** College Night; Mass, 8 p.m. **Friday:** Mass, 8:15 a.m. **Saturday:** Mass, 5 p.m. **Sunday:** Mass, 8 and 10 a.m.; Devotions at Countryview, 1:30 p.m.; Mass at 7 p.m.; Upper Room, Holy Family Hall, 8 p.m.

Word of Life, Independent Bible Church
(formerly First Baptist Church)
1000 East 10th Street
(402) 375-3608
(Douglas Shelton, pastor)
Sunday: Sunday School, Adult and children's classes, 9 a.m.; Prayer and Fellowship, 10:15 a.m.; Worship, 10:30 a.m. **Wednesday:** Prayer, 6:30 p.m.; Bible Study, 7 p.m.

Allen
FIRST LUTHERAN
(Vicar Deb Hammer)
(402) 635-2461
502 S. Highway 9, Allen
www.firstlutheranallen.com
Sunday: Worship service, 8:30 a.m.; Blessing of the Quilts. **Monday:** Newsletter deadline. **Wednesday:** Confirmation Class, 6:30 to 7:30 p.m.

UNITED METHODIST
(Pastor Cathy Cole)
Sunday: Worship service, 9 a.m. Service available on YouTube.com.

Carroll
ST. PAUL LUTHERAN
(Alexander Blanken, pastor)
Sunday: Pastor available for communion at 7:30 a.m.; Divine Service with Communion, 8 a.m.

UNITED METHODIST CHURCH
202 Ericson Street, Carroll
(Pastor Nick Baker)
Sunday: Twentieth Sunday after Pentecost. Sunday School, 10 a.m.; Worship services, 11 a.m.

Concord
CONCORDIA LUTHERAN
(Vicar Deb Hammer)
(402) 584-2467
616 Iowa Street, Concord
www.concordialutheranelca.com
Sunday: Worship service, 10:15 a.m.; Blessing of the Quilts. **Monday:** Newsletter Deadline. **Wednesday:** Confirmation Class,

6:30 to 7:30 p.m.; Concordia Lutheran Church Children's Ministry, 6:30 to 7:30 p.m.

ST. PAUL LUTHERAN
East of town
(Pastor Willie Bertrand)
Sunday: Worship service, 8 a.m. **Tuesday:** Tri-Parish Bible Study, 7 p.m.

CONCORD
EVANGELICAL FREE Church
(Pastor Todd Thelen)
(Pastor Scott Kahn)
(402) 584-2396
617 Broadway, Concord
www.concordfreechurch.org
Sunday: Coffee fellowship, 9 a.m.; Sunday School, 9:30 a.m.; Morning Worship service, 10:30 a.m.; The service will also be streamed live on Facebook. Evening Bible Study, Youth Group and Praying Kids, 6:30 p.m. **Wednesday:** Awana, 7 to 8:15 p.m.

Dixon
ST. ANNE'S CATHOLIC
(Fr. Matthew Capadano, pastor)
(Fr. Jerry Connealy, associate pastor)
Sunday: Mass at St. Mary's in Laurel, 8 a.m.; Mass at St. Anne's in Dixon, 10 a.m. **Wednesday:** Mass at Mary's in Laurel, 8 a.m.

Hoskins
PEACE EVANGELICAL CHURCH
(Pastor Clark Jenkinson)
Sunday: Sunday School, 9:30 a.m.; Worship, 10:30 a.m.

TRINITY EVANG LUTHERAN
(Rodney Rixe, pastor)
Sunday: Worship service, 10 a.m.

Wakefield
CHRISTIAN CHURCH
3rd & Johnson, P.O. Box 550
email: WakefieldCC@Outlook.com
Contact - Melvin (Butch) Mortenson, (402) 369-1681
Pastor Kobey Mortenson
Sunday: Christian Hour, KTCH, 8:45 a.m.; Worship Service, 10:30 a.m.

EVANGELICAL COVENANT
802 Winter St.
e-mail: wakecov@msn.com
Jill Craig, Pastor
Sunday: Morning Worship, 10 a.m.; Service also broadcast live on Facebook. **Wednesday:** Confirmation, 2 p.m.

IMMANUEL LUTHERAN
4 North, 3 East of Wayne

(Willie Bertrand, pastor)
Sunday: Worship, 9:30 a.m. **Tuesday:** Tri-Parish Bible Study, 7 p.m.

PRESBYTERIAN
216 West 3rd
(Rev. Charity Potter, pastor)
Sunday: Worship service, 11 a.m.; Available via Zoom also; Sunday School.

ST. JOHN'S LUTHERAN
West 7th & Maple
(Willie Bertrand, pastor)
Sunday: Educational Hour, 10 a.m.; Worship, 11 a.m.; 75th anniversary at Hope Lutheran in South Sioux City, 2:30 p.m. **Tuesday:** Tri-Parish Bible Study, 7 p.m.

SALEM LUTHERAN
411 Winter Street
Ernesto Medina, Pastor for Transition
Saturday: Worship service, 5:30 a.m. **Sunday:** Choir, 8:15 a.m.; Learning Hour, 9:15 to 9:30 a.m.; Worship service, 10:30 a.m. **Tuesday:** Quilters, 4 p.m. **Wednesday:** Study of the Bible, 10:30 a.m.; Confirmation, 2:15 to 3:45 p.m.; Junior SLY, 5:45 p.m.; SLY, 7 p.m.; Bell Choir, 7 p.m.; Study of the Bible, 7 p.m. **Saturday:** Worship service, 5:30 p.m.; Christian Education, 7 p.m. **Sunday:** Choir, 8:15 a.m.; Learning Hour, 9:15 to 9:30 a.m.; Worship service, 10:30 a.m. The Food Pantry is open from 10 a.m. to 2 p.m., Monday through Friday. Please call in advance (402) 287-2681.

Winside
ST. PAUL'S LUTHERAN
218 Miner St.
(Alexander Blanken, pastor)
Sunday: Bible Study, 9:30 a.m.; Divine Service, 10:30 a.m. The service will also be live on Facebook at 10:30 a.m. and available any time after that. **Tuesday:** Newsletter Deadline. **Wednesday:** Midweek Divine Service, 6:30 p.m. **Thursday:** Fruits of the Vine Women's Group, 6:30 p.m.

TRINITY LUTHERAN
206 Miner Street
(PMA Glenn Kietzmann)
Sunday: Sunday School, 9:30 a.m.; Worship Service, 10:30 a.m.

UNITED METHODIST
207 Jones Street
(Neil and Bridget Gately, Pastors)
Sunday: Worship service on-site, 9 a.m.; Live Stream of Worship on Facebook, 10:55 a.m. **Thursday:** Bible Study, 10 a.m.

Grace Lutheran Ladies Aid gathers on Oct. 12

Grace Lutheran Ladies Aid met on Oct. 12 with 13 members present. President Mary Lou Erxleben began the business meeting by having the group read the LWML Pledge. Christian Growth Chairman Rhonda Sebade read a devotion by National LWML President, Debbie Larson entitled "I Am A Cracked Pot" emphasizing each of us are like jars of clay, made as our Lord Intended us to be so that God's light shines thru our cracks - based on 2nd Corinthians, Chapter 4.

The treasurer's report was given and filed for audit. President Erxleben and Jan Casey led a devotion for the Mission Grant entitled - "Taking the Gospel to the Ends of the Earth." Ends of Earth Scholarships - Mission Opportunities Short Term (MOST) Ministries is a Recognized Service Organization of the LCMS. This \$50,000 grant will support Most Ministries mission teams who are sent to the "ends of the earth" in response to needs of missionaries and national church leaders around the world.

Correspondence was ready from Kim Dunklau in regard to Pink Flamingo Night at Our Savior Lutheran Church on Oct. 27 and a thank you from Haven House for the donation.

Committee reports - Betty Wittig continues to promote the greeting card ministry. Ruth Victor reported that quilt sewing will be October 29, 2022. There will not be quilt sewing in November or December. Grace Kanitz will have enough Best Choice UPC labels to send in. There are Thanksgiving and Christmas cards available in our card inventory.

The Wayne Zone Fall Rally was hosted at Immanuel Lutheran Church in Laurel on Oct. 18. Members were planning to carpool to the event.

President Erxleben thanked everyone for their involvement with LWML Sunday on Oct. 2. A total of \$364.00 was collected in the mite boxes.

Fauneil Bennett will recognize the confirmands for November. Discussion in regard to Orphan Grain Train's request for bedding for Ukrainian refugees was tabled at this time. President Erxleben put out a plea for members to serve as Zone Officers.

The birthday song was sung for LaVon Biermann and Yvonne Manning. The meeting concluded with the Lord's Prayers.

A total of 35 fabric kits were assembled after the meeting for Lutheran World Relief. A total of 71 kits will be taken to St. John's Lutheran Church in Norfolk on Oct. 31.

The Wayne Herald
114 Main • Wayne
402-375-2600

GROSSENBERG IMPLEMENT INCORPORATED
www.grossenburg.com
1819 Chiefs Way • Wayne
402-375-3325

Wayne Auto Parts Inc.
LIMITED MACHINE SHOP SERVICE
117 S. Main • Wayne
Bus. 402-375-3424
Home 402-375-2380
Locally & Family Owned in Wayne for 53 Years!

Come to Jesus in all things

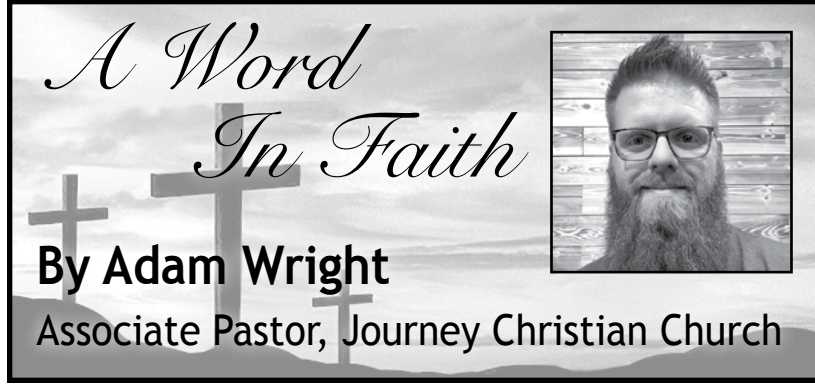
Allen News

With Fall in full swing, school well underway, and seeing fall sports nearing the end of the season, I sure want to put on the brakes and slow things down.

Where did summer go? Summer projects still aren't completed. It's easy to think that things are just out of control and I'd love to be able to take control and stop time. Far too often, we have control over circumstances but what happens when things are just out of our control?

There is a big difference when things are just out of control or out of MY control. We live in a very independent culture and are told from a young age that we are to figure things out and take care of it ourselves. I'm not saying that's a bad thing but when things are just out of control and we have no way to take care of it ourselves, it can cause fear, anxiety, and panic to set in.

In Mark chapter 9:14-27 we read an account of where a young boy is possessed by an unclean spirit. This man had come to the disciples to help and they were unable to heal this young boy. As Jesus comes to see what is happening, He comes in very gently and not demanding or forcing himself on the situation but he waits to see if He's wanted there. The father pleads with Jesus to help, but let's focus in on how this



By Adam Wright
Associate Pastor, Journey Christian Church

man asks Jesus for help, Jesus' response, and the man's reaction.

First of all, how did this man approach Jesus and ask for help? This man knows that he is unable to help his young son and that things are really only getting worse. What is he able to do? He really seems to be at a point of desperation and you can even hear it in how he talks with Jesus. The man says in Mark 9:22b, "If you can do anything, have compassion on us and help us." This man is pleading for Jesus to have compassion on not just his son but on "us". This situation is terrible for the son and terrible for the father who desperately wants to help but is unable to do anything, so in sheer desperation, he asks Jesus to help.

Next, look at Jesus' response to the man's plea in verse 23. "If you

can!" Jesus is caught off guard maybe by this man's understanding or belief in the power that Jesus holds. Jesus has power and control over all things. So the "if you can" statement really is a question if Jesus is really powerful enough to overcome even the most impossible of situations. Jesus commanded this spirit to come out of the boy and never enter into him again and it listened. Jesus shows his power above this spirit but also greater power than all others that may have tried to help this boy in the past.

Lastly, examine the father's response to Jesus. He tells Jesus that He believes but also in the same breath asks Jesus to help his unbelief. I think this man had enough faith to come to Jesus and His followers and ask for help but maybe

not enough faith to believe that Jesus was powerful enough to help him.

I don't think it takes long to see how we can draw truths from this account and apply it to our own lives. Many of us turn to Jesus when chaos ensues and we have little to no control. So out of desperation we turn to Jesus and expect him to make things better. However, do we come because we know that Jesus holds all power and might to overcome even the most difficult situations, or do we come because it's just more than what we can handle on our own and we have nowhere else to turn?

Can I encourage you, to come to Jesus in all things! Trust that Jesus has the power and ability to care for you in your circumstances. Surrender control to Him and allow Him to lead and guide you through your difficult times.

Seasons may change, and times may change But Jesus never does!

"Jesus Christ is the same yesterday and today and forever." — Hebrews 13:8

God, help us to trust you. Help us surrender all things to your control, knowing that you know best, your care, and have compassion on us. Help us to trust you even in the most difficult situation because we know you are able to overcome. In Jesus' Name, Amen.

Word in Faith is a collaboration of Wayne Association of Congregations and Ministers (WACAM), an organization partially funded by the Wayne Community Chest.

Callie Anderson
canderson@allenschools.org

Allen Community/Senior Center

- Menu
- Thursday, Oct. 20:** Baked potato bar with toppings and grapes.
 - Friday, Oct. 21:** Tater tot casserole, applesauce, cranberry juice, milk.
 - Monday, Oct. 24:** Baked fish, sweet potatoes, peas, applesauce.
 - Tuesday, Oct. 25:** Chili soup, cinnamon roll, margarine, peaches.
 - Wednesday, Oct. 26:** Sweet & sour meatballs, rice, green beans, cranberries.

Weekly Activities

- Thursday, Oct. 20:** FROGS.
- Friday, Oct. 21:** Health Screens at 8 a.m.
- Tuesday, Oct. 25:** FROGS

Allen Consolidated Schools

Elementary Winter Weather Attire

The days are starting to get cooler and keep in mind that the elementary students will be out at recess most days. Be sure that you send your child with the appropriate attire for recess each day. As winter weather fast approaches, your child needs to bring snow pants, a heavy coat, boots, hat, and gloves every day for recess during the winter months (per the student handbook). The teacher on recess duty those days will decide which clothing items are needed in order to safely enjoy the recess time. If winter attire is needed and your child does not have the proper clothing, they will not be

able to play and will be required to stand in an area designated by the teacher on duty.

Please send your child with the proper items needed for each day's weather forecast. They can be kept at school for your convenience. Please contact your child's teacher with any questions.

Weekly Events

Thursday, Oct. 20: Field Trip to Harvest Moon Pumpkin Patch for Grades Kindergarten, first and second; Picture Retake Day, 8:20 a.m.; One-Act Practice, 4 p.m.

Friday, Oct. 21: No School - Fall Break; State Cross Country Meet at Kearney.

Monday, Oct. 24: One-Act Practice, 7:15 a.m.; Varsity Volleyball Sub-Districts, TBA.

Tuesday, Oct. 25: SVAB Interpretation in the Ag classroom, 8:15 to 9:05 a.m.; FFA National Convention; Varsity Volleyball Sub-Districts, TBA; One-Act Practice, 4 p.m.

Wednesday, Oct. 26: FFA National Convention; Pre-ACT Test for Sophomores at the Methodist Church in Allen, Depart at 8 a.m., Return by 12:15 p.m.

Allen Community Churches

First Lutheran Church

Events:

Sunday, Oct. 23: Blessing of Quilts - during Worship

Monday, Oct. 24: Newsletter Deadline

Birthdays:
Friday, Oct. 21: Tina Monteith.
Monday, Oct. 24: Denise Hingst.
Wednesday, Oct. 26: Lindsay Tramp.

The Prairie Doc

Caring for the caregiver

Every day in the clinic or hospital I meet extraordinary caregivers.

They are the ones who have gone above and beyond the call of duty; sometimes for years at a time. When you ask them how they do it, they shrug and smile. I am not talking about any doctor, nurse, or therapist. I am referring to those who care for and look after their elderly friends and family members. This can be a spouse, adult child, adult grandchild, neighbor, or even a good friend.

There are many reasons that people volunteer to be caregivers. Spouses can often not imagine living apart from each other. Adult children and grandchildren may want to return the care that they were given growing up. Neighbors often have a relationship of caring that spans years. Whatever the reason, these people answered the call for help.

Those who have stepped up to care for another person deserve our praise and admiration. What they also need and deserve is our help and support. Caring for another person around the clock can be exhausting. Chronic health conditions, like dementia, incontinence

Wayne County Clover Kids to meet

The first meeting for Wayne County Clover Kids is Saturday, Nov. 5 from 9 - 10 a.m., at the Wayne County Courthouse.

Youth ages 5-7 on or before Dec. 31, 2022, are eligible to attend. They will learn about 4-H, how to enroll, and participate in activities involving the fall season.

The purpose of the Clover Kid Program is to promote the positive development of youth to become competent, caring, contributing citizens. The learning experience is the primary reason for involvement in the program.

Clover Kids have the opportunity to exhibit at the Wayne County Fair in a non-competitive environment.

Contact Nebraska Extension in Wayne County (402.375.3310) by 5 p.m., Monday, October 31 to register.



Please help us celebrate the upcoming 95th birthday of Donna Lutt with a card shower!

October 28th is her special day. Birthday wishes can be sent to:

Donna Lutt
Wayne Country Care & Rehabilitation, 811 E 14th Street, Wayne, NE 68787



The Prairie Doc
By Jill Kruse, DO

issues, or balance issues, can further complicate that care. Caring for someone else can cause a strain in relationships between spouses, siblings, and extended family. I have seen caregivers ignore their own health and refuse admission to the hospital for themselves. They do this because they fear that there will be no one to care for their loved one if they are not there.

The responsibility for caring for another person can affect all aspects of life for the caregiver. Jobs, school, and vacations can be challenging when taking on a full time caregiving role. Even a trip to the

grocery store is complicated when caring for someone who needs constant supervision to be safe. There are resources to help caregivers, but finding them can be difficult.

Many caregivers do not know where to look for help. Adult daycare or respite care for weekends or nights can be difficult to find or prohibitively expensive. There are several national organizations with resources such as AARP, the Alzheimer's Association, Family Caregiver Alliance, and the National Council on Aging. These organizations all have websites with great tips that can offer support for caregivers.

Do not forget to reach out to your family member's primary care physician or clinic care coordinator. They may be able to help you reach out to local resources and support groups. Know that caregivers should never do this all alone. We want to help and support the care you give. The goal is keeping everyone happy, healthy and well cared for - including the caregiver. Thank you for all you do. How can we help?

Jill Kruse, D.O. is part of The Prairie Doc® team of physicians and currently practices as a hospitalist in Brookings, South Dakota. Follow The Prairie Doc® at www.prairiedoc.org and on Facebook featuring On Call with the Prairie Doc®, a medical Q&A show providing health information based on science, built on trust, streaming live on Facebook most Thursdays at 7 p.m. central.



(Photo by Clara Osten)

Reading with friends

Members of the Wayne Kiwanis Club recently spent part of the morning reading with children at Rainbow World. The club purchased books to give to the children and read additional books borrowed from the Wayne Public Library. The event was one of several planned throughout the year to celebrate the club's 100 years of existence in the Wayne community. The club plans to spend at least 100 hours reading to youth in the community and give away 100 books to young readers. The Wayne Kiwanis Club meets Mondays at noon at The Table and offers a variety of ways to provide support to youth.

Step Up For A Veteran and Show Your Support!

Publishes Tuesday, Nov. 8 in the Morning Shopper



John Doe

U.S. Army
3rd Armored
Division
140th Tank Battalion
Korean conflict
1951-1953

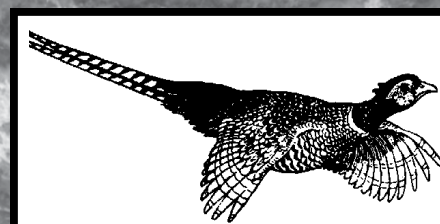
Submitted By:
??

Recognize Your Veteran or Current Member of the Armed Forces

\$10 per entry (Discount may apply to multiple entries)

**Contact The Wayne Herald
114 Main • Wayne or
Call 402-375-2600**

DEADLINE FOR ALL ADS IS OCT. 25



The Wayne Herald

114 Main, Wayne, NE • 402-375-2600
www.mywaynews.com

Businesses ... Show Your Support!

\$48 in Black & White or \$88 in Full Color

To place your ad contact: *The Wayne Herald* • sales@wayneherald.com • 402-375-2600

DEADLINES: Line Ads Tuesdays at 10:00 A.M. • Display Ads Monday 5:00 P.M.

CLASSIFIEDS

Rate Schedule: 25 WORDS OR LESS - 1 WEEK \$14 - 2 WEEKS \$24 • This is a Combination Rate with The Morning Shopper

Ads must be prepaid unless you have pre-approved credit. Cash, personal checks, money orders, VISA, or MasterCard are welcome.

Call: 402-375-2600 or Visit Our Office: 114 Main Street, Wayne, NE.

POLICIES — •We ask that you check your ad after its first insertion for mistakes. The Wayne Herald is not responsible for more than ONE incorrect insertion or omission on any ad ordered for more than one insertion. •Requests for corrections should be made within 24 hours of the first publication. •The publisher reserves the right to edit, reject or properly classify any copy.



HELP WANTED

HELP WANTED

WASTE CONNECTIONS, INC. in Norfolk is ADDING a DIESEL MECHANIC \$7,500 SIGN-ON BONUS

Perform repairs, preventive maintenance, and welding. Mon.-Fri., 40 hr./week. Class B CDL preferred (or ability to obtain in 60 days). Formal training preferred or 2 yr. experience. Starting wage based on experience. Up to \$2,400 ANNUAL SAFETY BONUS. Full benefits after 60 days: Medical, Dental, Vision, 401K, Paid time off & Holidays, Uniforms

Apply online:

www.NorfolkWasteConnections.com

Questions Call 402-644-8300



POSITION AVAILABLE

Family Friendly Work Schedule
flexible hours to fit your family routine

Warehouse and Delivery

Position includes unloading and restocking of building materials, reload and delivery locally. Forklift training included. No CDL required.

Clean work environment with local family business.

BUILDER'S RESOURCE

402-375-5386 buildersresource@abbnebraska.com

Wayne Community Schools Paraprofessional Position

Wayne Community Schools is currently seeking interested candidates to join our educational team as a paraprofessional for the 2022-23 school year at the Elementary School

Starting pay is \$13.50 per hour, with wage increases given for education and/or experience.

Experience is preferred but not required.

The ability to lift up to 45 pounds and a valid driver's license are required. A background check will be required prior to starting. Applications will be accepted until positions are filled. Position is for 30 hours per week, general education at the Elementary School.

Please pick an application up from the High School office, or email your resume and available work schedule to ruplage1@waynebluedevils.org.

Questions: Please call Russ Plager at 402-375-3854.

Wayne Community Schools is an Equal Opportunity and Veteran's Preference Employer.

Senior Center Operations Assistant CITY OF WAYNE

The City of Wayne is accepting applications for the position of a Senior Center Operations Assistant. This is a part-time position (29 hours per week), with some benefits. There is potential that this could become a full-time position with benefits. Wage rate is \$13.29 - \$17.75 per hour, depending upon qualifications and experience. High school diploma or higher, with communication and computer skills, are required. Application and job description are available by writing or phoning the Wayne Senior Center at 402/375-1460. Completed application, résumé, and letter of interest due by 5:00 p.m., Wednesday, November 9, 2022, to the Wayne Senior Center, 410 Pearl Street, Wayne, Nebraska, 68787. EOE

OVER THE ROAD CDL DRIVER



3 DAY WEEKEND! GUARANTEED BASE PAY + MILEAGE & FULL BENEFITS!

- home every weekend and most nights
- guaranteed base pay plus mileage
- meals & hotel paid
- full benefits, including PTO, health insurance, 401K, and gym membership reimbursement.

CALL LUKE AT 402-375-4770 OR VISIT HERITAGEHOMESOFNE.COM/CAREERS

Full-Time Deli Manager needed

Benefits package is offered. Must be able to work weekends. Pay is negotiable.

Apply in person and fill out an application

PAC 'N' SAVE, INC

1115 W 7th Street • Wayne, NE 68787
www.pacnsavegrocery.com

First in food.

MICHAEL FOODS INC. BENEFITS ADVANCEMENT GREAT PAY

CDL Driver

- \$22-\$25 / hour (DOE) + \$2,000 Hiring Bonus!
- Home Every Night (Local Route)
- Set Schedule
- Full Time and Part Time Positions Available

Looking for Feed Mill Drivers to Haul Feed and Shag Drivers w/a Class A & Tanker Endorsement to Haul Liquid Egg.

APPLY TODAY!

WWW.MICHAELFOODS.COM



Are you looking for a company that provides you stability and support for long term career growth? Provides excellent benefits? Recognizes employees?

Come See for Yourself At:
Michael Foods
105 N Main Street * Wakefield, NE
402.287.5000

EOE: M/F/V/D

Northeast Nebraska Community Action Partnership in Pender is hiring!

Program Aide

Work full time with our WIC and Immunization Programs.

Weatherization Installer

Install weatherization material on eligible homes. Basic carpentry skills/experience is preferred. 40 hours per week M-TH with benefits. 100% Federally Funded Program.

Health Professional-Nurse

RN or LPN to work full time in our WIC and Health Services Programs.

For job application, job description, education requirements, wage, and benefit information •Visit our website www.nencap.org

•Contact HR at 1-800-445-2505 or 402-385-6300
•Scan the QR Code

Send applications to
Northeast Nebraska
Community Action Partnership,
PO Box 667, Pender, NE 68047-0667.
Positions open until filled.
EOE Non-Profit Agency

View all openings
online-scan for
more information



WE ARE HIRING

JOIN OUR TEAM

- RN/LPN
- FT Day CNA
- FT Day Dietary Cook/Aide
- Van Driver

WWW.WAKEFIELDCARECENTER.COM



306 Ash Street
Wakefield, NE 68784
402-287-2244

NorthStar Services in Wayne

*NOW HIRING PART TIME DIRECT SUPPORT PROFESSIONALS

Starting Wage — \$15.00 per hour

ALL SHIFTS AVAILABLE (mornings, evening, weekend, and overnight shifts available)

As an organization, we support persons with developmental disabilities to access and participate in their community, develop social networks and teach life skills, so people are successful in their homes, community and with employment opportunities

We are looking for dependable, self-motivated, organized persons with the ability to positively interact with persons with disabilities. All applicants must be 18 years of age, have a valid driver's license, the ability to lift 45 lbs., and be able to read, write and comprehend the English language.

Applicants should have good interpersonal skills and the ability to work with a wide variety of people.

All positions must be available to work some holidays.

Positions will be opened until filled.

Applicants are **REQUIRED** to attend job training, and pass background checks. All required training is paid for by NorthStar.

NorthStar does not hire temporary or seasonal help.

Interested parties can pick up an application and apply at:



NorthStar Services
209 South Main Street,
Wayne, NE 68787

Or apply on-line at: www.northstarservices.net

IMMEDIATE OPENING!

Full-Time Utility Foreman

Paid vacation, holidays, sick time
Company match 401K
Cost-share Health & Life Insurances

city of
wakefield
nebraska

Apply today at 402-287-2080 or wakeclerk@gmail.com
City of Wakefield • 405 Main St. • Wakefield, NE 68784
EOE

Employment Opportunities



WSC is accepting applications for the following positions. WSC offers a competitive salary and an excellent benefits package including health/dental/vision insurance, retirement, tuition assistance (employee/family), paid leave time, and paid holidays.

•Custodial positions:

5:00 A.M. – 1:30 P.M. Monday – Friday. Starting pay \$15.24 per hour!

•Custodial Leader:

Performs duties of a Custodian and act as a lead in cleaning, performing preventative/routine maintenance, minor repairs and grounds keeping tasks. Leadership is exercised over a small crew of Custodians. Performs varied tasks such as scheduling, distributing supplies, and inspecting work performed by Custodians in addition to being a working member of the custodial crew. Starting pay is \$16.26 per hour!

For a complete listing of job requirements and application procedures, visit our Website at www.wsc.edu/hr, call 402-375-7403 or email hr@wsc.edu. WSC is an EOE.

CLASSIFIEDS

HELP WANTED

- HELP WANTED -

- Part-Time Cashier
- Part-Time Deli
- Part-Time Night Supervisors

Looking for serious year-round employees

Weekends required for all positions

If interested, please pick up an application at customer service.

Please, no phone calls.

PAC 'N' SAVE, INC

1115 W 7th Street • Wayne, NE 68787

www.pacnsavegrocery.com

**NEW WAGES. WEEKLY BONUSES.
PAID VACATION.**

Wayne, NE

HIRING**GREAT DANE**GREATDANE.COM/CAREERS
(402) 375-5500**ASSEMBLERS , WELDERS & PAINTERS
1ST & 2ND SHIFTS**

- + New Starting Wages from \$19/hr.
- + 2/hr. Night Shift Premium
- + \$50/ Week Attendance Bonus
- + 2 Weeks Paid Vacation

**ENSAMBLADOR, SOLDADOR & PINTORES
1ER Y 2O TURNOS**

- + Nuevos salarios a partir de \$19.00/ hr
- + \$2.00/hr. mas por el Turno de la Noche
- + Dos semanas de vacaciones pagadas
- + Bono de asistencia semanal de \$50

HELP WANTED. Housekeeper needed. Apply at the Sports Club Motel, 900 East 7th Street in Wayne. tfn**BRU'S PACKAGE AND LOUNGE** in Wisner is looking for a bartender. Flexible evening and weekend hours in a fun work atmosphere. Just 21 short miles from Wayne. Must be 19 years old. Call 402-529-6118, if no answer please leave a message. 10/20**HELP WANTED****Apply in person at****Vel's Bakery**

309 Main Street

Wayne, NE

402-375-2088

HELP WANTED

Dixon County Feedyard of Allen Ne is currently hiring for general help which includes machinery operator, feed truck driver, pen maintenance and jobs as necessary to help out.

We are a 25,000 head yard and offer competitive wages with great benefits including overtime, paid vacation, 401k, health insurance and holiday pay.

Stop by or call

Dixon County**Feedyard**58351 Highway 20 • Allen
402-635-2411**Employment
Opportunities**

Wayne State College has an outstanding benefit package.

Benefit coverage begins the first day of the month after employment starts.

HEALTH AND DENTAL

Coverage through Blue Cross Blue Shield of Nebraska with two options: a Preferred Provider Plan (PPO) with a \$650 deductible or a High Deductible Health Plan (HDHP) with a \$3,800 deductible.

- Preferred Provider (PPO) = \$650.00 deductible, co-insurance 80/20, out of pocket maximum is \$4,600. Co-pays are \$35 for primary physician, \$55 for specialty physician or urgent care, \$85 for ER visits. This plan includes a prescription discount.
- High Deductible Health Plan (HDHP) = \$3,800.00 deductible, co-insurance 90/10, out of pocket maximum is \$4,350. Health Reimbursement Account funded by WSC for out of pocket expenses.
- Dental Plan includes two oral exams/cleanings each calendar year with no deductible. Any restorative or maintenance services cost a \$25 deductible per year.

VISION

Coverage through Ameritas-VSP; \$20 deductible for an annual exam; coverage includes specified maximums for lenses and frames and a discount on contacts.

LIFE INSURANCE

All full time employees receive a term life plan with a death benefit of \$30,000. Optional supplemental coverage is available.

RETIREMENT

Voluntary contributions are available for full time employees. Once employees meet the minimum age requirements, employees will contribute 6% of gross salary on a pre-tax basis and WSC contributes 8%. Employees are fully vested from the first date of contributions. Employees may contribute up to what law allows each year.

PAID LEAVE PROGRAMS

Full time employees receive sick leave, vacation leave, 6 days of bereavement leave, and 13 paid holidays.

ADDITIONAL BENEFITS AVAILABLE

Long Term Disability, Flexible Spending Accounts (FSA), Tuition Waivers, Employee Assistance Program (EAP) and Wellness Programs.

For more information on benefits please go to wsc.edu/hr and click on Benefits.**Wayne State College is hiring for the following Full-Time Positions:**

- Office Assistant III (Human Resources)
- Office Assistant III (College Relations)
- Student Activities Coordinator
- Office Assistant III (Library)
- Broadcast Engineer
- Athletic Trainer

Apply online at wsc.edu/employment**Have questions, call the Human Resources Department****at 402-375-7403 or email us at hr@wsc.edu**

Wayne State College is a Non-Profit organization and qualifies for Public Service Loan Forgiveness.

Wayne State College is an EOE**ELECTRICIAN
WANTED****APPRENTICE OR
JOURNEYMAN****Experience not necessary.
Healthcare and other
benefits available****Klein Electric**

Wakefield, NE

402-369-2948

HELP WANTED**Tank Wagon****Driver**Must have
CDL and Hazmat**Shop Help**Oil Changes
Tire Mounting**Convenience
Store Help****Fredrickson****Oil Co.**

402-375-3535

SERVICES**WILL DO CUSTOM BAILING** of corn stalks. Call or Text: 402-337-3105 or 402-337-3106. 11/8**DOES YOUR** basement or crawl space need some attention? Call Thrasher Foundation Repair! A permanent solution for waterproofing, falling foundations, sinking concrete and nasty crawl spaces. FREE Inspection & Same Day Estimate. \$250 off ANY project with code GET250. Call 1-855-605-1034. MB**DIRECTV** for \$79.99/mo for 12 months with CHOICE Package. Watch your favorite live sports, news & entertainment anywhere. First 3 months of HBO Max, Cinemax, Showtime, Starz and Epix included! Directv is #1 in Customer Satisfaction (JD Power & Assoc.) Some restrictions apply. Call 1-833-778-0414. MB**DISH Network.** \$59.99 for 190 Channels! Blazing Fast Internet, \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-855-791-0623. MB

CLASSIFIEDS

HELP WANTED

SEEKING ARCHITECTURAL REVIT DRAFTER



CALL 402-375-4770 OR VISIT
WWW.HERITAGEHOMESOFNE.COM/CAREERS

• HELP WANTED •
PT Evening Medication Aide



1500 Vintage Hill Drive
Wayne
402-375-1500

KINSHIP POINTE EOE

FIELD SERVICES CARPENTER
MONDAY THROUGH FRIDAY - NO WEEKENDS
PAID OVERTIME

- full benefits, including PTO, health insurance, 401K, and gym membership reimbursement
- complete on-site modular finish work
- travel time and meals paid
- overnight private hotel rooms provided

CALL BOB AT 402-375-4770
VISIT HERITAGEHOMESOFNE.COM/CAREERS



Join an Innovative Team



BLUE OX
Automatic MAD-RAMPS

Assemblers 1st & 2nd Shifts
First Shift: 5:00am-3:30pm Second Shift: 4:00pm-2:30am

Machine Shop Operator
10:00am-8:00pm

Full Benefits After 60 Days
We provide on-job training. No experience required!

Scan the Code to Apply
Or Apply in Person: One Mill Road, Pender, NE 68047




FULL/PART TIME PRODUCTION WORKERS

GiantGear in Laurel, NE is expanding its manufacturing production team

We offer a great working environment, benefits and opportunities for advancement. No experience necessary.

Email resume to jan@giantgearusa.com
or complete application online at www.giantgearusa.com
No phone calls will be accepted.
Only those we wish to interview will be contacted.

FOR RENT

FOR RENT: Large 2-bedroom apartment. Available now. Close to campus. Renter pays electricity and cable. No pets. No smoking. 712-212-5844. tfn

FOR RENT: 2, 3 and 4 bedrooms apartments. Close to campus. Most with all appliances. High efficiency. Central air & heat. No Pets or Parties. Call 712-899-0505. tfn

COMMERCIAL SPACE FOR RENT. 111 Main Street, north side. Please contact Cherry 402-369-3793 or Chad 402-369-0467. tfn

WANTED

WANTED: John Deere Combine, 9570 or 9670 preferred. Low hours and good shape. Call 402-369-0106. 10/20

SPECIAL NOTICES

STROKE AND Cardiovascular disease are leading causes of death, according to the American Heart Association. Screenings can provide peace of mind or early detection! Contact Life Line Screening to schedule your screening. Special offer - 5 screenings for just \$149. Call 1-855-957-1185. MB

MISCELLANEOUS

▼▼▼
It's SIMPLE! It Gets RESULTS!
It's VERY COST EFFECTIVE!
Place your snap ad in over 175 Nebraska newspapers for only \$235.00
Call the Wayne Herald today for the details! 402-375-2600.

▲▲▲
READERS BEWARE! Job opportunities being offered that require cash investment should be investigated before sending money. Contact the Better Business Bureau to learn if the company advertised is on file for any wrong doing. The Wayne Herald/Morning Shopper attempts to protect readers from false offerings, but we are unable to screen all copy submitted.

Full-Time Bakery Manager needed

Benefits package is offered.
Must be able to work weekends.
Pay is negotiable.

Apply in person & fill out an application

PAC 'N' SAVE, INC
1115 W 7th Street • Wayne, NE 68787
www.pacnsavegrocery.com

FOR SALE



New Listing
\$169,900
713 Pearl Street, Wayne

The woodwork will wow you the minute you step inside this 2+ bedroom home. From the central staircase, beamed ceiling, hardwood floors, wide woodwork, solid paneled doors, and built-in buffet in the dining room you will be in love. To balance the charm, the kitchen and bathrooms have been updated and modernized. The owners currently operate an in home daycare that showings are best after 5:30pm M-F and available anytime on the weekends and are to begin Wednesday, August 31st. Call today to learn how to make this home yours!




112 W 2nd Street - Wayne, NE

Contact Us Today!
402-375-2134
www.propertyexchangepartners.com


Amy Schweers, Broker 402.833.8038
Brian Frevert, Sales Associate 402.369.4540
Scott Abraham, Sales Associate 402.369.1665

No Tricks, Just Treats
With these Price Improvements!



Now At \$247,000

220 West 4th Street
4 levels of living in this exceptional home!
Oak flooring, main level laundry, close to school.



Now At \$120,000

205 Court Street, Carroll
3 bedroom home on a large lot.
Attached and detached garages with storage space for 8 cars!



Trisha Peters, Broker/Owner (402) 518-0675
Marie Janke, Sales Associate (402) 369-2182

www.whitefarmhouserealty.com
219 Main Street, Wayne
(402) 375-HOME (4663)

FOR SALE: 5 Bridgestone tires with rims for a jeep. Like new RH-5 A/T. ATTN: Wilson semi truck trailer owners still in package new black sltarp. SL1GT48FTOIN123blackT18. Please call 605-595-4699 if no answer leave a message, will return call. 11/1

FOR SALE: Brand new lift chair. Heated & massage. Full warranty. 402-256-3316. 10/25

SERVICES

PORTABLE OXYGEN Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 877-381-5088. MB

Employment Opportunities



WSC is accepting applications for the following positions. WSC offers a competitive salary and an excellent benefits package including health/dental/vision insurance, retirement, tuition assistance (employee/family), paid leave time, and paid holidays.

Hourly wage starting from \$17.85 to \$22.05

- Maintenance Repair Worker III (Boiler/Chiller Operator)
- Maintenance Repair Worker III (Paint/Finishes)

For a complete listing of job requirements and application procedures, visit our Website at www.wsc.edu/hr, call 402-375-7403 or email hr@wsc.edu. WSC is an EOE.

ANTIQUES/MOVING SALE
84921 568 Avenue • Winside
Saturday - Sunday - Monday,
October 22 - 23 - 24 • 10 am - 6 pm

ANTIQUES: glass bookcase secretary desk, green jars, metal lids, 1930-40 dishes, 1900 & up books, crocks, Neb. Farmer 1935-38, 1909 German newspaper, Stetson Derby, Annie Oakley skirt & vest, 78 records, cabinet record player.

CRAFTS: Many books, magazines, kits, wood, supplies, material.

HOUSEHOLD: Queen bed & mattress, youth bed & mattress, sheets, pads, blankets, spreads, quilts, curtains, rugs, computer desk, Maytag washer, 2 electric stoves, 2 flat TV's, VHS & tapes, dressers, recliners, Home Interior, frames & matts, Pig & Red Hat collection, tables & chairs, much, much more.

For questions, 602-649-2198

NEBRASKA STATEWIDES

ANNOUNCEMENT
CLASSIFIED ADVERTISING works! Place your 25 word ad into thousands of Nebraska homes for \$225. Contact your local newspaper or call 1-800-369-2850.

HELLO NEBRASKA! Introducing www.nepublicnotices.com, a new public notice website presented as a public service by all Nebraska newspapers. Free access, fully searchable - because democracy depends upon open government and your right to know.

AFFORDABLE PRESS Release service. Send your message to 155 newspapers across Nebraska for one low price! Call 1-800-369-2850 or www.nepress.com for more details.

GUN SHOW
GUN SHOW October 29 - 30, 9AM - 5PM (3PM on SUN) Fonner Park - Expo Center Grand Island.

HOME SERVICES
DOES YOUR basement or crawl space need some attention? Call Thrasher Foundation Repair! A permanent solution for waterproofing, failing foundations, sinking concrete and nasty crawl spaces. FREE Inspection & Same Day Estimate. \$250 off ANY project with code GET250. Call 1-844-958-3431

VIVINT. SMART security. Professionally installed. One connected system for total peace of mind. FREE professional installation! Four FREE months of monitoring! Call now to customize your

system. 1-833-776-0423

SENIORS
PORTABLE OXYGEN Concentrator? May be covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 855-385-3580.

PUT ON your TV Ears and hear TV with unmatched clarity. TV Ears Original were originally \$129.95 - NOW WITH THIS SPECIAL OFFER are only \$59.95 with code MCB59! Call 1-833-926-4154

STROKE AND Cardiovascular disease are leading causes of death, according to the American Heart Association. Screenings can provide peace of mind or early detection! Contact Life Line Screening to schedule your screening. Special offer - 5 screenings for just \$149. Call 1-844-893-8016

ELIMINATE GUTTER cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. Plus 10% Senior & Military Discounts. Call 1-855-671-2859

SAFE STEP. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-877-933-0188

Nebraskans deserve to have an experienced, knowledgeable, and passionate educator serving on a board that determines the direction of higher education in Nebraska.

ELECT JULIE HEHNKE ★★★★★
NE Board of Regents
District 6



MY PRIORITIES
• Create work/business partnership pipeline opportunities with NU students
• Ensure NE values and integrity are evident throughout system
• Maintain college costs in line with minimum wage
• Oppose CRT mandates in educational programs
• Recruit and keep NE students working in NE

MY EXPERIENCE
• 40 years in K-12 education, both public and private NE schools
• 5 years in higher education
• BA in Education, Masters of Education in Computers, Masters of Education in Administration, Doctorate in Educational Studies

Learn more at www.facebook.com/electjuliehehnke
Paid for by Candidate, Julie Hehnke, 1309 Stagecoach Rd., Grand Island, NE 68801

THANK YOU

Thank you to Butch and Barb, Dwaine and Priscilla and Lynn and Shelly for the fish fry on my birthday. You worked way too hard. Thanks to everyone for the cards and gifts. I had a great time. Thanks for everything.
Lyle Jensen

A big thank you to my family for the early surprise 85th birthday. Also want to thank everyone for the cards and those that attended the party at the Vet's Club. I appreciated it so much. It will be remembered for some time to come.
Marlin Meier

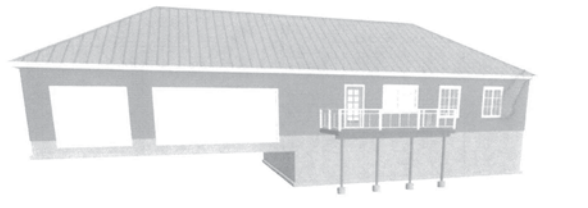
CLASSIFIEDS

FOR SALE

REAL ESTATE SALES

Looking to Sell your Land? We have Buyers looking!!! Call us for more information

- HOUSES FOR SALE -



708 West 4th - Laurel
NEW CONSTRUCTION! Starting at \$250,000
3 Bedrooms, 2 Baths, 3 car attached garage. Full unfinished walk-out basement. Covered front porch and deck on back. Buyers choice on finishing touches. Any changes, upgrades, or finishing the basement can be done for additional cost to the Buyer. Call Agent for more details. Due to be completed Fall 2022. L:2200414



603 CEDAR Street - LAUREL - \$325,000
FULLY REMODELED!!! Everything in this home is Brand NEW! 3-4 Bedrooms, 3-4 Baths, 1 car attached & 2 car detached garages. Fully finished walk-out basement. 4 levels to this home in all, so TONS of space for a family! This is a Beautiful home, that sits high on a hill where you can see for miles. L:2200415

Free Estimates
THE GUTTER CREW
Seamless Gutters & Downspouts
28 Years of Experience
Art Sehi (402)776-2563
Steve Cornett (402)776-2646
PO Box 27 Oakdale, NE 68761
(402)776-2600 • 1-800-867-7492

OPEN HOUSE CELEBRATION
IN HONOR OF THE
90th BIRTHDAY
of
JOHN T. NELSON

Saturday,
October 22, 2022
Wakefield Legion Hall
2:00 PM - 4:00 PM

*Love, Laughter,
Challenges & Miracles*

DAVE WRIGHT
For Governor
WRITE IN WRIGHT
(Don't forget to fill in the oval!)
FOR GOVERNOR

www.davewrightfornebraska.com
402-372-8010
Paid for by Dave Wright for Governor
Jim Dinklage, Treasurer • 51054 874 Road, Orchard, NE 68764

To discuss real estate opportunities please contact your local FNC representative:

Wendi Schutte
Assoc. Broker /
Branch Manager
(402) 518-0115

Office: (402) 256-9320
103 West 2nd Street
PO Box 368
Laurel, Nebraska

Connect with Us!
f t y i

MULTIPLE LISTING SERVICE
MLS

Steve Schutte
AFM/Agent
(402) 518-0111

Farmers National Company
www.FarmersNational.com/Laurel
Real Estate Sales • Auctions • Farm and Ranch Management Appraisals
Insurance • Consultations • Oil and Gas Management • Forest Resource Management
National Hunting Leases • FNC Ag Stock

Legal Notices

NOTICE OF ORGANIZATION OF PHILLIP AVENUE APARTMENTS, LLC
Notice is hereby given Phillip Avenue Apartments, LLC, a Nebraska Limited Liability Company, has been organized under the laws of the State of Nebraska. The Company's initial designated office is located at 1302 West 7th Street, Wayne, NE 68787. The company's registered agent is Kelby Herman, 1302 West 7th Street, Wayne, NE 68787.
Eric Knutson, Organizer
Eric Knutson, Attorney at Law
Knutson Law
208 Main Street Wayne, NE 68787
(Publ. Oct. 20, 27, Nov. 3, 2022) ZNEZ 1 clip - 1 POP

of any or all lawful business, for which a limited liability company may be organized under the laws of the State of Nebraska. The primary activities of the entity are in livestock ranching, poultry farming, and growing produce. This includes, but is not limited to, raising animals for meat products - primarily cattle and hogs, raising chicken poultry layers for egg production, hay farming, raising working livestock (i.e. horses), and growing fresh produce. The Company commenced its existence on October 1 2022, and its duration shall be perpetual. Organizer Name: Ethan Thies.
(Publ. Oct. 13, 20, 27, 2022) ZNEZ 1 POP

2. The corporation was changed from a professional corporation to a non-professional corporation.
3. The corporation's purpose is to engage in any lawful business in the State of Nebraska.
Max Kathol,
Director and Shareholder
(Publ. Oct. 13, 20, 27, 2022) ZNEZ 1 clip - 1 POP

NOTICE OF ORGANIZATION
Notice is hereby given that Rebel Rouser Farms, LLC has been organized under the laws of the State of Nebraska. The designated office of the Company is 56967 853RD RD, WINSIDE, NEBRASKA 68790, WAYNE. The registered agent of the Company is Ashley Thies, 56967 853RD RD, WINSIDE, NEBRASKA 68790. The general nature of the business will be to engage in the transaction

NOTICE OF RESTATED ARTICLES OF INCORPORATION FOR KATHOL, INC.
On September 14, 2022, the sole director and sole shareholder of Kathol, Inc., approved Restated Articles of Incorporation. Below is a brief summary of the amendments to the Articles:
1. The corporation's name was changed from Kathol & Associate, P.C., to Kathol, Inc.

NOTICE OF ORGANIZATION OF NICK CURNYN MAINTENANCE SERVICES, LLC
Notice is hereby given Nick Curnyn Maintenance Services, LLC, a Nebraska Limited Liability Company, has been organized under the laws of the State of Nebraska. The Company's initial designated office is located at 415 S HWY 9, Allen, NE 68710. The company's registered agent is Nick Curnyn, 415 S HWY 9, Allen, NE 68710.
Nick Curnyn, Organizer
Eric Knutson, Attorney at Law
Knutson Law
208 Main Street Wayne, NE 68787
(Publ. Oct. 13, 20, 27, 2022) ZNEZ 1 clip - 1 POP

Elkhorn Valley Bank & Trust
Member FDIC

Pac'N'Save

State Nebraska Bank & Trust
Member FDIC
Magnuson-Hopkins

Eye Care, P.C.

Wayne Auto Parts, Inc.

Wayne Herald & Morning Shopper

CONSTITUTIONAL AMENDMENT AND BALLOT INITIATIVES FOR GENERAL ELECTION, NOVEMBER 8, 2022

LEGAL NOTICE OF MEASURES TO BE VOTED UPON AT THE GENERAL ELECTION OCCURRING ON NOVEMBER 8, 2022

BALLOT TITLE AND TEXT OF THE CONSTITUTIONAL AMENDMENT PROPOSED BY THE LEGISLATURE

BALLOT TITLE AND TEXT OF THE CONSTITUTIONAL AND STATUTORY INITIATIVES PROPOSED BY INITIATIVE PETITION

PROPOSED AMENDMENT NO. 1

A vote FOR this amendment will authorize any city, county, or other political subdivision that owns or operates an airport to use its revenue for the purpose of developing or encouraging the development of new or expanded regularly scheduled commercial passenger air service at such airport.

A vote AGAINST this amendment will not authorize a city, county, or other political subdivision that owns or operates an airport to use its revenue for such purpose.

A constitutional amendment to authorize any city, county, or other political subdivision owning or operating an airport to expend its revenues for the public purpose of developing or encouraging the development of new or expanded regularly scheduled commercial passenger air service at such airport.

- For
- Against

PROPOSED BY INITIATIVE PETITION

INITIATIVE MEASURE 432

BALLOT LANGUAGE FOR INITIATIVE MEASURE 432

A vote "FOR" will amend the Nebraska Constitution to require that, before casting a ballot in any election, a qualified voter shall present valid photographic identification in a manner specified by the Legislature.

A vote "AGAINST" means the Nebraska Constitution will not be amended in this manner.

Shall the Nebraska Constitution be amended to require that, before casting a ballot in any election, a qualified voter shall present valid photographic identification in a manner specified by the Legislature?

- For
- Against

TEXT OF PROPOSED INITIATIVE MEASURE 432

(underlined language indicates added language, strike-through indicates language being removed)

OBJECT STATEMENT: The object of this petition is to amend the Nebraska Constitution to require that, before casting a ballot in any election, a qualified voter shall present valid photographic identification in a manner specified by the Legislature to ensure the preservation of an individual's rights under the United States Constitution.
TEXT: Article I, section 22, of the Constitution of Nebraska shall be

amended as shown:

I-22 (1) All elections shall be free; and there shall be no hindrance or impediment to the right of a qualified voter to exercise the elective franchise.

(2) Before casting a ballot in any election, a qualified voter shall present valid photographic identification in a manner specified by the Legislature to ensure the preservation of an individual's rights under this Constitution and the Constitution of the United States.

PROPOSED BY INITIATIVE PETITION

INITIATIVE MEASURE 433

BALLOT LANGUAGE FOR INITIATIVE MEASURE 433

A vote "FOR" will amend the Nebraska statute establishing a minimum wage for employees to increase the state minimum wage from nine dollars (\$9.00) per hour to ten dollars and fifty cents (\$10.50) per hour on January 1, 2023, to twelve dollars (\$12.00) per hour on January 1, 2024, to thirteen dollars and fifty cents (\$13.50) per hour on January 1, 2025, and to fifteen dollars (\$15.00) per hour on January 1, 2026, to be adjusted annually thereafter to account for increases in the cost of living.

A vote "AGAINST" means the Nebraska statute establishing a minimum wage for employees will not be amended in such manner.

Shall the Nebraska statute establishing a minimum wage for employees be amended to increase the state minimum wage from nine dollars (\$9.00) per hour to ten dollars and fifty cents (\$10.50)

per hour on January 1, 2023, to twelve dollars (\$12.00) per hour on January 1, 2024, to thirteen dollars and fifty cents (\$13.50) per hour on January 1, 2025, and to fifteen dollars (\$15.00) per hour on January 1, 2026, to be adjusted annually thereafter to account for increases in the cost of living?

- For
- Against

TEXT OF PROPOSED INITIATIVE MEASURE 433

(underlined language indicates added language, strike-through indicates language being removed)

OBJECT STATEMENT: The object of this petition is to amend Nebraska's minimum wage law to increase the state minimum wage from nine dollars (\$9.00) per hour to ten dollars and fifty cents (\$10.50) per hour on January 1, 2023, to twelve dollars (\$12.00) per hour on January 1, 2024, to thirteen dollars and fifty cents (\$13.50) per hour on January 1, 2025, and to fifteen dollars (\$15.00) per hour on January 1, 2026, to be adjusted annually thereafter to account for increases in the cost of living.

TEXT: FOR AN ACT relating to the Wage and Hour Act; to amend sections 48-1203, Revised Statutes Cumulative Supplement, 2020; to change the minimum wage as prescribed; and to repeal the original section.

Be it enacted by the people of the State of Nebraska,
Section 1. Section 48-1203, Revised Statutes Cumulative Supplement, 2020, is amended to read:

48-1203 (1) Except as otherwise provided in this section and section 48-1203.01, every employer shall pay to each of his or her employees a minimum wage of:

(a) Seven dollars and twenty-five cents per hour through December 31, 2014;

(b) Eight dollars per hour on and after January 1, 2015, through December 31, 2015; and

(c) (a) Nine dollars per hour on and after January 1, 2016, through December 31, 2022;

(b) Ten dollars and fifty cents per hour on and after January 1, 2023 through December 31, 2023;

(c) Twelve dollars per hour on and after January 1, 2024, through December 31, 2024;

(d) Thirteen dollars and fifty cents per hour on and after January 1, 2025, through December 31, 2025; and

(e) Fifteen dollars per hour on and after January 1, 2026, through December 31, 2026.

(2) The minimum wage established in subdivision (1)(e) of this section shall be increased on January 1, 2027, and on January 1 of successive years, by the increase in the cost of living. The increase in the cost of living shall be measured by the percentage increase, if any, as of August of the previous year over the level as of August of the year preceding that year in the consumer price index for all urban consumers (CPI-U) for the Midwest Region, or its successor index, as published by the U.S. Department of Labor, or its successor agency, with the amount of the minimum wage increase rounded up to the nearest

multiple of five cents. No later than October 15 of each year, commencing October 15, 2026, the Nebraska Department of Labor shall calculate and publish the minimum wage rate that will take effect the following January 1.

(3) For persons compensated by way of gratuities such as waitresses, waiters, hotel bellhops, porters, and shoeshine persons, the employer shall pay wages at the minimum rate of two dollars and thirteen cents per hour, plus all gratuities given to them for services rendered. The sum of wages and gratuities received by each person compensated by way of gratuities shall equal or exceed the applicable minimum wage rate provided in subsection (1) or (2) of this section. In determining whether or not the individual is compensated by way of gratuities, the burden of proof shall be upon the employer.

(4) Any employer employing student-learners as part of a bona fide vocational training program shall pay such student-learners' wages at a rate of at least seventy-five percent of the minimum wage rate which would otherwise be applicable.

Section 2. Original section 48-1203, Revised Statutes Cumulative Supplement, 2020, is repealed.

Respectfully submitted,

Robert B. Evnen

Secretary of State

(Publish three times, weeks of Oct. 17, Oct. 24, and Oct. 31)
ZNEZ

NSP participates in Pink Patch Project for fifth year

The Nebraska State Patrol has announced a redesigned pink patch for this year's Pink Patch Project.

October marks the return of the Pink Patch Project for many law enforcement agencies across the state. The effort coincides with Breast Cancer Awareness Month.

The Pink Patch Project is a national effort in which many law enforcement officers wear a pink version of their agency's shoulder patch. This is the

fifth year that NSP has participated. "This year's NSP pink patch offers a new design and something new for collectors," said Colonel John Bolduc, Superintendent of the Nebraska State Patrol. "We're proud to partner with other agencies across the state in this project to show our support for the millions affected by breast cancer."

Throughout October, troopers have the option to replace the standard NSP patch with a pink patch. NSP's pink

patch features the NSP emblem in pink and black.

Pink NSP patches are available for purchase by NSP civilian employees and members of the public at local NSP offices. All proceeds from sales of the pink NSP patches will benefit local or-

ganizations helping cancer fighters.

Follow NSP on Facebook, Instagram, and Twitter for more details on how to purchase the pink patches or how to order Pink Patch Project merchandise online.



Nearly Me[™]
Mastectomy Bras & Forms

Home Health Medical Equipment, Inc.
 2614 West Norfolk Avenue, Suite 100 • Norfolk, NE 68701 • 402-371-6550
www.ehhome.com



WHEN YOU'RE IN THE FIGHT AGAINST BREAST CANCER, **HAVE FAITH.**

AN ENTIRE TEAM OF CANCER SPECIALISTS ON YOUR SIDE.

- 3D Digital Mammograms
- Clinical Trials
- Breast Reconstruction
- Cancer Wellness and Support
- Nurse Navigator

FRHS.ORG |



OUR SOLE FOCUS IS BREAST CARE.

Exclusively caring for patients living with a breast disease or at a high risk of developing a breast disease.

KINZIE NORRIS, MD
Fellowship-trained breast surgical oncologist

AMY JORGENSEN, PA-C

Seeing patients in Norfolk and O'Neill
(402) 844-8167

frpsclinics.org



Pink Out!

Organized by the Wayne High School FBLA, a number of activities took place during a recent volleyball game at the school to promote breast cancer awareness. The group sold pink shirts for the second annual Pink Out event. In addition, a bake sale with a variety of pink items was held during the game that evening. Proceeds from the sale of the shirts and the bake sale will go toward breast cancer research. A number of other "pink" activities have been scheduled at both the school and throughout the community during the month of October to promote breast cancer awareness.

When cancer returns: How to cope with cancer recurrence

When cancer returns, you may feel some of the same emotions you felt with your first diagnosis. The uncertainties may be back, too, and you might be wondering about more cancer treatment and about your future.

Some people report that a second cancer diagnosis can be more upsetting than the first, but there are strategies that can help.

What is a cancer recurrence? When cancer returns after a period of remission, it's considered a recurrence. A cancer recurrence happens because, in spite of the best efforts to rid you of your cancer, some cells from your cancer remained. These cells can grow and may

cause symptoms.

These cells could be in the same place where your cancer first originated, or they could be in another part of your body. The cells may have been dormant for a period of time. But for reasons that aren't understood, eventually they continued to multiply, resulting in the reappearance of the cancer.

In rare instances, you may be diagnosed with a new cancer that's completely unrelated to your first cancer. This is referred to as a second primary cancer.

Where does cancer recur? Your cancer can recur in the same place it was originally located, or it can move

to other parts of your body. Recurrence is divided into three categories:

Local recurrence. This means the cancer reappears in the same place it was first found or very close by. The cancer hasn't spread to the lymph nodes or other parts of the body.

Regional recurrence. A regional recurrence occurs in the lymph nodes and tissue located in the vicinity of your original cancer.

Distant recurrence. This refers to cancer that has spread to areas farther away from where your cancer was first located. This is called metastatic cancer.

Where your cancer recurs depends on your original cancer type and stage. Some cancer types commonly recur in specific areas.

How are cancer recurrences diagnosed? Cancer recurrences are diagnosed just like any other cancer. Your health care provider might suspect a cancer recurrence based on certain tests, or you might suspect a recurrence based on your signs and symptoms.

After your last round of treatment, your health care provider probably gave you a schedule of follow-up exams to check for cancer recurrences. You were probably told what signs and symptoms to be alert for that might signal a recurrence.

All cancers are different, so talk with your health care provider about what's best for your type of cancer. The particulars of your diagnosis can guide what tests you'll have during routine checkups after your initial treatment.

Can cancer recurrences be treated? Many local and regional recurrences can be cured. Even when a cure isn't possible, treatment may shrink your cancer to slow the cancer's growth. This can relieve pain and other symptoms, and it may help you live longer.

Which treatment you choose, if any, will be based on many of the same factors you considered when deciding on your treatment the first time. Consider what you hope to accomplish, your goals for treatment and what side effects you're willing to accept. Your provider will also take into account what types of treatment you had previously and how your body responded to those treatments.

You might also consider joining a clinical trial, where you may have access to the latest treatments or experimental medications. Talk to your health care provider

about clinical trials that are available to you.

How to cope with a cancer recurrence
A cancer recurrence can bring back many of the same emotions you felt when you were first diagnosed with cancer. Here are some ideas that may help you cope with the emotions of a cancer recurrence.

Remember that you know more now. Knowing more about cancer and your treatment options can help reduce your anxiety. Think about how much you knew about cancer at your first diagnosis. Compare this to what you know now, such as what treatment involves and what side effects to expect.

Treatments may have improved. There may be newer drugs or newer methods for treating your cancer or managing side effects since your first diagnosis. Rapid developments in cancer treatment may open up possibilities that had not been available to you previously.

You have built relationships. You have worked closely with members of your health care team, and you know your way around the hospital or clinic. This can help you feel more comfortable. You have been there before, and you know what to expect.

Based on your first experience with cancer, you know what's best for you during this time. Whether you needed some time alone or preferred having someone nearby, you can draw on your experience to plan ahead. Take heart in the fact that you were able to do it the first time.

You can turn to strategies that help. Meditation, yoga, physical activity, journaling and finding support from friends and family members can all be helpful coping tools during this time.

You can get additional help if you need it. If you are struggling with a cancer recurrence, it might help to reach out to a therapist or counselor who works with people who have cancer.

Some people say that a cancer recurrence can be especially devastating because the strong support system they had after their first cancer diagnosis sometimes evaporates when the cancer recurs. Do not be afraid to reach out to friends and family again and communicate how they can support you.

Also, express your feelings to your health care provider. The conversation that results can give you a better understanding of your situation, and it can help you make treatment decisions.

Treatment

(continued from page 6)

ing or lessening stress.

As a cancer survivor, you may find that the physical, emotional and social effects have taken a toll on your psyche. Though there is no evidence that managing stress improves chances of cancer survival, using effective coping strategies to deal with stress can greatly improve your quality of life by helping relieve depression, anxiety and symptoms related to the cancer and its treatment.

Effective stress management strategies may include:

Relaxation or meditation techniques,

such as mindfulness training, counseling, cancer support groups, medications for depression or anxiety, exercise and interacting with friends and family.

Finally, stop using tobacco and reduce your intake of alcohol.

Smoking or using chewing tobacco puts you at risk of several types of cancer. Stopping now could reduce your risk of cancer recurrence and also lower your risk of developing a second type of cancer (second primary cancer).

If you've tried quitting in the past but haven't had much success, seek help. Talk to your doctor about resources to help you quit.

If you choose to drink alcohol, do so

in moderation. For healthy adults, that means up to one drink a day for women of all ages and men older than age 65, and up to two drinks a day for men age 65 and younger.

Alcohol does have health benefits in some people — for instance, consuming a drink a day can reduce your risk of heart disease. But it also increases the risk of certain cancers, including those of the mouth and throat.

While it is not clear whether drinking alcohol can cause cancer recur-

rence, it can increase your risk of a second primary cancer.

Weigh the risks and benefits of drinking alcohol and talk it over with your doctor.

While you may worry that it will take an entire overhaul of your lifestyle to achieve all these goals, do what you can and make changes slowly. Easing into a healthy diet or regular exercise routine can make it more likely that you'll stick with these changes for the rest of your life.

Cancer surgery: Physically removing cancer

Cancer surgery is a common part of diagnosing and treating cancer.

Common reasons you might have cancer surgery include:

Cancer prevention. For some types of cancer, it's possible to remove an organ before cancer develops. In this way, surgery helps prevent cancer.

Diagnosis. Surgery might be used to get a piece of tissue for testing. The sample is tested in a lab to see if it's cancerous. Other tests might look at the genetic makeup of the cells. The results help your health care team plan your treatment.

Staging. Cancer surgery can show the size of the cancer and whether it has spread. This information is used to figure out the cancer's stage. The cancer's stage tells your provider how serious your condition is and whether you need aggressive treatment.

Debulking. Sometimes surgery can't remove all of the cancer. A surgeon may remove as much as possible. This is called debulking.

Relieving symptoms or side effects. Surgery is also used to improve your quality of life. For example, it can get rid of pain caused by a cancer that's pressing on a nerve or bone. It could be used to remove a cancer that's blocking the intestine.

Surgery is often used with other cancer treatments. These treatments can include chemotherapy, radiation therapy and other treatments. Which treatments are best for you depends on the type of cancer you have, its stage and your overall health.

When it's possible, the goal of cancer surgery is to remove all of the cancer from the body. To do this, the surgeon uses cutting tools to remove the cancer and some healthy tissue around it.

The surgeon may also remove some lymph nodes in the area.

The lymph nodes are tested to see if they contain cancer cells. If cancer spreads to the lymph nodes, there's a chance that the cancer could spread to other parts of the body.

What other techniques are used in cancer surgery?

Many other types of operations can be used to treat cancer. Researchers continue to look at new methods. Some other types of cancer surgery include:

Cryosurgery. This surgery uses very cold material, such as liquid nitrogen spray or

a cold probe. The cold freezes and destroys cancer cells.

Electrosurgery. In this type of surgery, electric current is used to kill cancer cells.

Laser surgery. Laser surgery uses beams of light to shrink or get rid of cancer cells.

Mohs surgery. This method carefully removes cancer layer by layer. As each thin layer is removed, it's studied under a microscope to look for signs of cancer. This is repeated until all the cancer is removed. Mohs surgery is used for cancers on sensitive areas of the skin, such as around the eye.

Laparoscopic surgery. This minimally invasive surgery uses several small cuts in the body rather than one large cut. A tiny camera and surgical tools are inserted through the cuts. A monitor shows what the camera sees. The surgeon uses this to guide the tools to remove the cancer. The smaller cuts mean you get better faster and may have fewer problems after surgery.


Robotic surgery. During robotic surgery, the surgeon sits away from the operating table. They watch a screen that shows a 3D image of the area being operated on. The surgeon uses hand controls that tell a robot how to move surgical tools to perform the operation. Robotic surgery helps the surgeon operate in hard-to-reach areas. People who have this type of surgery might get better faster and have fewer problems after surgery.

Natural orifice surgery. Natural orifice surgery is a way to operate on organs in the belly without cutting through the skin. Instead, surgeons pass surgical tools through a natural body opening, such as the mouth, rectum or vagina.

For example, a surgeon might put surgical tools down the throat and into the stomach. A small cut is made in the wall of the stomach. Surgical tools then move into the area around the stomach. The tools could take a sample of liver tissue or remove the gallbladder.


Natural orifice surgery is a new type of surgery. Surgeons hope it can lower the risk of infection, pain and other problems after surgery.

Cancer surgery continues to change. Researchers are looking at other types of less invasive surgery.



National Breast Cancer Awareness Month

FAMILY 1ST DENTAL
402-375-2889 | 401 N. Main Street - Wayne | Mitchell Knudsen, DDS



BREAST CANCER AWARENESS MONTH

PAC N SAVE
GROCERY STORE

1115 West • 7th Street • Wayne • 402-375-1202

Open 7 Days A Week!
7:30 AM - 9:00 PM

www.pacnsavegrocery.com



SN BANK

STATE NEBRASKA BANK & TRUST

122 Main St. 1010 Main St. Wayne, NE (402) 375-1130 statenebank.com



BREAST CANCER AWARENESS MONTH

Pizza Hut
901 East 7th Street • Wayne • 402-375-2540



National Breast Cancer Awareness Month

USave Pharmacy

✓ Fast & Friendly Service
✓ Free Delivery ✓ Convenient Drive Thru

**216 E. 7th • Wayne
402-375-2922**



sn STATE NATIONAL INSURANCE COMPANY

Brian Bowers & Mary Jenkins,
1010 N. Main, Suite #110
Wayne
402-375-4888

Cancer survivors: Care for your body after treatment

After your cancer treatment, as a cancer survivor you're eager to return to good health. But beyond your initial recovery, there are ways to improve your long-term health so that you can enjoy the years ahead as a cancer survivor.

The recommendations for cancer survivors are no different from the recommendations for anyone who wants to improve his or her health: Exercise, eat a balanced diet, maintain a healthy weight, get good sleep, reduce stress,

avoid tobacco and limit the amount of alcohol you drink.

But for cancer survivors, the following strategies have added benefits. These simple steps can improve your quality of life, smoothing your transition into survivorship.

Regular exercise increases your sense of well-being after cancer treatment and can speed your recovery.

Cancer survivors who exercise may experience:

Increased strength and endurance,

fewer signs and symptoms of depression, less anxiety, reduced fatigue, improved mood, higher self-esteem, less pain, improved sleep and lower risk of the cancer recurring.

Adding physical activity to your daily routine doesn't take a lot of extra work. Focus on small steps to make your life more active. Take the stairs more often or park farther from your destination and walk the rest of the way. Check with your doctor before you begin any exercise program.

With your doctor's approval, start slowly and work your way up. The American Cancer Society recommends adult cancer survivors exercise for at least 150 minutes a week, including strength training at least two days a week. As you recover and adjust, you might find that more exercise makes you feel even better.

Sometimes you won't feel like exercising, and that is okay. Don not feel guilty if lingering treatment side effects, such as fatigue, keep you sidelined. When you feel up to it, take a walk around the block. Do what you can, and remember that rest also is important to your recovery.

Exercise has many benefits, and some early studies suggested that it may also reduce the risk of a cancer recurrence and reduce the risk of dying of cancer. Many cancer survivors are concerned about cancer recurrence and want to do all they can to avoid it.

While the evidence that exercise can reduce the risk of dying of cancer is preliminary, the evidence for the benefits of exercise to your heart, lungs and other body systems is substantial. For this reason, cancer survivors are encouraged to exercise.

Next, make sure to focus on eating a balanced diet.

Vary your diet to include lots of fruits and vegetables, as well as whole grains. When it comes to selecting your entrees, the American Cancer Society recommends that cancer survivors:

Eat at least 2.5 cups of fruits and vegetables every day and choose healthy fats, including omega-3 fatty acids, such as those found in fish and walnuts.

They should also select proteins that are low in saturated fat, such as fish, lean meats, eggs, nuts, seeds and legumes and opt for healthy sources of carbohydrates, such as whole grains, legumes and fruits and vegetables.

This combination of foods will ensure that you're eating plenty of the vitamins and nutrients you need to help make your body strong.

It's not known if a certain diet or certain nutrients can keep cancer from recurring. Studies examining low-fat diets or diets that contain specific fruits and vegetables have had mixed results. In general, it's a good idea to eat a varied diet that emphasizes fruits and vegetables.

While it may be tempting to supplement your diet with a host of vitamin and mineral supplements, resist that urge. Some cancer survivors think that if a small amount of vitamins is good, a large amount must be even better. But that isn't the case. In fact, large amounts of certain nutrients can hurt you.

If you feel concerned about getting all the vitamins you need, ask your doctor if taking a daily multivitamin is right for you.

Furthermore, make sure to maintain a healthy weight.

You may have gained or lost weight during treatment. Try to get your weight to a healthy level. Talk to your doctor about what a healthy weight is for you and the best way to go about achieving that goal weight.

For cancer survivors who need to gain weight, this will likely involve coming up with ways to make food more appealing and easier to eat. Talk to a dietitian who can help you devise ways to gain weight safely.

You and your doctor can work together to control nausea, pain or other side effects of cancer treatment that may be preventing you from getting the nutrition you need.

For cancer survivors who need to lose weight, take steps to lose weight slowly — no more than 2 pounds (about 1 kilogram) a week. Control the number of calories you eat and balance this with exercise. If you need to lose a lot of weight, it can seem daunting. Take it slowly and stick to it.

Next, work on resting well.

Sleep problems are more common in people with cancer, even survivors. This can be due to physical changes, side effects of treatment, stress or other reasons.

But getting enough sleep is an important part of your recovery. Sleeping gives your mind and body time to rejuvenate and refresh to help you function at your best while you're awake. Getting good sleep can boost cognitive skills, improve hormone function and lower blood pressure. It can also just make you feel better in general.

To optimize your chances at getting good sleep, practice healthy sleep hygiene:

Avoid caffeine for at least 8 hours before bedtime, stick to a regular sleep schedule, avoid computer or television screens for one to two hours before bedtime, exercise no later than two to three hours before going to bed and keep your bedroom quiet and dim.

If you feel excessively sleepy during the day, talk with your doctor. You may have a sleep disorder or a problem caused by side effects of your cancer or its treatment.

Another tactic to remember is remov-

See TREATMENT, page 7

Cancer pain: Relief is possible

Not everyone with cancer has cancer pain, but some do. If you have cancer that's spread or recurred, your chance of having pain is higher.

Cancer pain takes many forms. It can be dull, achy, sharp or burning. It can be constant, intermittent, mild, moderate or severe.

How much pain you feel depends on a number of factors, including the type of cancer you have, how advanced it is, where it's situated and your pain tolerance.

Most cancer pain is manageable, and controlling your pain is an essential part of your treatment.

What causes cancer pain?

Pain can be caused by the cancer itself. Pain could happen if the cancer grows into or destroys nearby tissue. As a tumor grows, it can press on nerves, bones or organs. The tumor can also release chemicals that can cause pain.

Treatment of the cancer can help the pain in these situations. However, cancer treatments, including surgery, radiation and chemotherapy, also can cause pain.

How do you treat cancer pain?

A number of treatments are available for cancer pain. Your options may depend on what's causing your cancer pain and the intensity of the pain you're feeling. You may need a combination of pain treatments to find the most relief.

Options include:

Over-the-counter pain relievers. For mild and moderate levels of pain, use pain relievers that do not require a prescription may help. Examples include aspirin, acetaminophen (Tylenol and others) and ibuprofen (Advil, Motrin IB and others).

Medications derived from opium (opioids). Opioids are prescription medications used to treat moderate to severe pain. Examples of opioids include morphine (Kadian, Ms Contin and others) and oxycodone (Oxycontin, Roxicodone and others).

Some opioids are short-acting medicines, so pain relief comes quickly but you may need to take them more often. Other opioid drugs are long-acting medicines, so pain relief takes longer but the medicine doesn't need to be taken as often. Sometimes short-acting and long-acting opioids are used together.

Other types of medicine can help relieve pain, including antidepressants, anti-seizure drugs and steroids.

Next, look into procedures that block pain signals. A nerve block procedure can be used to stop pain signals from being sent to the brain. In this procedure, a numbing medicine is injected around or into a nerve.

Also, some people find some pain relief through acupuncture, massage, physical therapy, relaxation exercises, meditation and hypnosis.

Other treatments may be available for your particular situation. In some places, it may be legal to use medical marijuana for cancer pain.

All pain medicines have side effects. Work with your doctor to understand the benefits and risks of each pain treatment and how to manage the side effects. Together you can decide which treatments may be best for you.

What are some reasons for not receiving adequate treatment for cancer pain?

Unfortunately cancer pain is often under treated. Many factors can contribute to that including the reluctance of doctors to ask about pain or offer treatments.

Health care professionals should ask people with cancer about pain at every visit. Some doctors don't know enough about pain treatment. In that case, request a referral to a palliative care or pain specialist.

Given current concerns about opioid use and abuse, many doctors might be reluctant to prescribe these medications. Maintaining a close working relationship with your cancer specialists is essential to proper use of these medications.

Another factor is the reluctance of people to mention their pain. Some people do not want to "bother" their doctors, or they fear that the pain means the cancer is worsening. Others are worried their doctors will think of them as complainers or that they can't afford pain medications.

Next, fear of addiction to opioids acts as a factor of under treatment. The risk of addiction for people with advanced cancer who take pain medications as directed for cancer pain is low.

You might develop a tolerance for your pain medication, which means you might need a higher dose to control your pain. Tolerance isn't addiction. If your medication isn't working as well as it once did, talk to your doctor about a higher dose or a different drug. Don't increase the dose on your own.

Finally, some may fear certain side effects that come with treatment.

Some people fear being sleepy, being unable to communicate, acting strangely or being seen as dependent on medications. You might have these side effects when you start taking strong pain medications, but they often resolve once your doctors find the correct level of pain medications for you and once you achieve a steady level of pain medicine in your body.

How can you help your doctor understand your cancer pain?

If the pain interferes with your life or is persistent, report it. It might help to keep track of your pain by jotting down:

How severe the pain is, what type of pain (stabbing, dull, achy) you have, where you feel the pain, what brings on the pain, what makes the pain worse or better and what pain relief measures you use, such as medication, massage, and hot or cold packs, how they help and any side effects they cause.

Using a pain-rating scale from 0 to 10 —

See RELIEF, page 4



Breast Cancer Awareness Month




HOMETOWN MARKET

102 W 2nd Street • Laurel • 402-256-9128 • www.laurelhometownmarket.net
121 W Broadway • Coleridge • 402-283-4865


HELENA AGRI-ENTERPRISES, LLC

National Breast Cancer Awareness Month



110 South Windom
Wayne, Nebraska
402-375-1527

People... Products... Knowledge..



National Breast Cancer Awareness Month

Wayne
Country View Care and Rehabilitation

402-375-1922 | 811 E. 14th Street | Wayne | waynecountryview.com

Wayne Auto Parts, Inc.



**117 South Main
402-375-3424**

Locally & Family Owned in Wayne for 53 Years!



OCTOBER IS National Breast Cancer AWARENESS MONTH

we treat people like people. because, they're people.

simple human sense

NORTHEAST NEBRASKA INSURANCE

111 W. 3rd Street • Wayne, NE 68787 • 402-375-2696

Auto-Owners
INSURANCE

Providing Comprehensive, Up-to-Date Cancer Care Close to Home

Rabih C. Fahed, MD
Mohammed K. Zahra, MD
Alison Stover, APRN
Michaela Mohr, APRN
Shelley Reichmuth, PA-C

NORFOLK ONCOLOGY CONSULTANTS

Providence Medical Center
1114 Providence Road • Wayne
402-375-7953

Carson Cancer Center
110 N. 29th Street, Suite 101 • Norfolk
402-644-7550

Alternative cancer treatments: 11 options to consider

Many people with cancer are interested in trying anything that may help them, including complementary and alternative cancer treatments. But many alternative cancer treatments are unproved and some may even be dangerous.

To help you sort out the good from the bad, here are 11 alternative cancer treatments that are generally safe. Plus, there is growing evidence that these treatments may provide some benefit.

How can alternative medicine help people with cancer?

Alternative cancer treatments may not play a direct role in curing your cancer,

but they may help you cope with signs and symptoms caused by cancer and cancer treatments, such as anxiety, fatigue, nausea and vomiting, pain, difficulty sleeping and stress.

Alternative medicine is a term that's commonly used to describe methods that aren't usually offered by health care providers.

As researchers study these treatments and the evidence for these alternative methods grows, doctors and other providers are including them in treatment plans alongside the standard treatments. It is an approach that providers sometimes call integrative medicine.

Using these evidence-based integrative medicine approaches along with standard treatments may help relieve many symptoms associated with cancer and its treatment. But alternative or integrative treatments generally aren't powerful enough to replace standard treatments entirely. Discuss options with your provider to find the right balance.

Acupuncture. During acupuncture treatment, a practitioner inserts tiny needles into your skin at precise points. Studies show acupuncture may be helpful in relieving nausea caused by chemotherapy. Acupuncture may also help relieve certain types of pain in people with cancer.

Acupuncture is safe if performed by a licensed practitioner using sterile needles. Ask your provider for names of trusted practitioners. Acupuncture is not safe if you're taking blood thinners or if you have low blood counts, so check with your provider first.

Aromatherapy. Aromatherapy uses fragrant oils to provide a calming sensation. Oils, infused with scents such as lavender, can be applied to your skin during a massage, or the oils can be added to bath water. Fragrant oils also can be heated to release their scents into the air. Aromatherapy may be helpful in relieving nausea, pain and stress.

Aromatherapy can be performed by a

practitioner, or you can use aromatherapy on your own. Aromatherapy is safe, though oils applied to your skin can cause allergic reactions. People with cancer that is estrogen sensitive, such as some breast cancers, should avoid applying large amounts of lavender oil and tea tree oil to the skin.

Cognitive behavioral therapy. Cognitive behavioral therapy (CBT) is a common type of talk therapy. During a CBT session, a mental health counselor, such as a psychotherapist or a therapist, works with you to view challenging situations more clearly and respond in a more effective way.

For people with cancer, CBT may help with sleep problems. A CBT counselor or therapist might help you identify and replace thoughts and behaviors that cause or worsen sleep problems with habits that promote sound sleep.

Ask your health care provider for a referral to a specialist if you're interested in trying CBT.

Exercise. Exercise may help you manage signs and symptoms during and after cancer treatment. Gentle exercise may help relieve fatigue and stress and help you sleep better. Many studies now show that an exercise program may help people with cancer live longer and improve their overall quality of life.

If you haven't already been exercising regularly, check with your provider before you begin an exercise program. Start slowly, adding more exercise as you go. Aim to work your way up to at least 30 minutes of exercise most days of the week.

Hypnosis. Hypnosis is a deep state of concentration. During a hypnotherapy session, a therapist may hypnotize you by talking in a gentle voice and helping you relax. The therapist will then help you focus on goals, such as controlling your pain and reducing your stress.

Hypnosis may be helpful for people with cancer who are experiencing anxiety, pain and stress. It may also help prevent anticipatory nausea and vomiting that can occur if chemotherapy has made you sick in the past. When performed by a certified therapist, hypnosis is safe. But tell your therapist if you have a history of mental illness.

Massage. During a massage, your practitioner kneads your skin, muscles and tendons in

See ALTERNATIVE, page 5

Providence Medical Center

Early Detection Saves Lives!

Call Providence Medical Center to schedule your Mammogram.

402-375-7953

1200 Providence Road, Wayne

Have Hope

Help Support Cancer Awareness!

JB

BEER • GASOLINE • DIESEL • COFFEE • SOUP • DONUTS

DAYLIGHT DONUTS

375-9982 • 603 N. Main • Wayne

NATIONAL BREAST CANCER AWARENESS MONTH

1 fnbo

1100 East 10th | Wayne | 402-375-1502

Relief

(continued from page 3)

with 0 being no pain and 10 being the worst pain imaginable — might help you to report your pain to your doctor.

What steps can you take to ensure you're receiving adequate cancer pain treatment?

First, talk to your doctor or health care provider about your pain.

Second, you and your doctor can set a goal for pain management and monitor the success of the treatment. Your doctor should track the pain with a pain scale, assessing how strong it is. The goal should be to keep you comfortable. If you aren't comfortable, talk to your doctor.

If you are not getting the answers you need, request a referral to a facility skilled in the care of pain. All major cancer centers have pain management programs. The medications and treatment for pain are generally covered by standard insurance.

Know Your Number: Understand your risk from elevated radon exposure.

Radon Level:	If 1,000 people who never smoked* were exposed to this level of radon over a lifetime, the risk of cancer from radon exposure compares to...
4.0 pCi/L	the risk of dying in a car crash. EPA Recommends: Fix your home.
10.0 pCi/L	20 times the risk of dying in a home fire. EPA Recommends: Fix your home.
20.0 pCi/L	35 times the risk of drowning. EPA Recommends: Fix your home.

*If you are a smoker or a former smoker, your risk may be higher. Source: <https://www.epa.gov/radon/health-risk-radon>

- Top 5 Reasons to test your home for radon:**
1. Radon is the 2nd leading cause of lung cancer.
 2. You can't see, smell or taste radon.
 3. Northeast Nebraska has very high radon levels in the soil.
 4. The test kit is free, and it only takes 3-7 days to complete.
 5. It could save your life or the life of someone you love.

Radon is a dangerous gas that is in the soil and can seep into your home.

Protect your family. Test your home.

To get a **FREE** home test kit, contact your local County Extension Office or Northeast Nebraska Public Health Department (NNPHD): 402-375-2200 or toll free 800-375-2260.

For more information: www.nnphd.org or www.epa.gov/radon

NNPHD serves residents living in Cedar, Dixon, Thurston and Wayne Counties.

Alternative

(continued from page 4)

an effort to relieve muscle tension and stress and promote relaxation. Several massage methods exist. Massage can be light and gentle, or it can be deep with more pressure.

Studies have found that massage can be helpful in relieving pain in people with cancer. It may also help relieve anxiety, fatigue and stress.

Massages can be safe if you work with a knowledgeable massage therapist. Many cancer centers have massage therapists on staff, or your provider can refer you to a massage therapist who regularly works with people who have cancer.

Do not have a massage if your blood counts are very low. Ask the massage therapist to avoid massaging near surgical scars, radiation treatment areas or tumors. If you have cancer in your bones or other bone diseases, such as osteoporosis, ask the massage therapist to use light pressure, rather than deep massage.

Meditation.

Meditation is a state of deep concentration when you focus your mind on one image, sound or idea, such as a positive thought. When meditating, you might also do deep-breathing or relaxation exercises. Meditation may help people with cancer by relieving anxiety and stress and improving mood.

Meditation is generally safe. You can meditate on your own for a few minutes once or twice a day or you can take a class with an instructor. There are also many online courses and apps available for guid-

ed meditations.

Music therapy.

During music therapy sessions, you might listen to music, play instruments, sing songs or write lyrics. A trained music therapist may lead you through activities designed to meet your specific needs, or you may participate in music therapy in a group setting. Music therapy may help relieve pain, control nausea and vomiting, and deal with anxiety and stress.

Music therapy is safe and does not require any musical talent to participate. Many medical centers have certified music therapists on staff.

Relaxation techniques. Relaxation techniques are ways of focusing your attention on calming your mind and relaxing your muscles. Relaxation techniques might include activities such as visualization exercises or progressive muscle relaxation.

These techniques may be helpful in relieving anxiety and fatigue. They may also help people with cancer sleep better.

They are also safe. Typically, a therapist leads you through these exercises and eventually you may be able to do them on your own or with the help of guided relaxation recordings.

Tai chi.

Tai chi is a form of exercise that incorporates gentle movements and deep breathing. Tai chi can be led by an instructor, or you can learn Tai chi on your own following books or videos. Practicing Tai chi may help relieve stress.

Tai chi is generally safe. The slow movements of Tai chi don't require great physical strength, and the exercises can be easily adapted to your own abilities. Still, talk to your provider before beginning Tai chi. Do not do any Tai chi moves that cause pain.

Yoga.

Yoga combines stretching exercises with deep breathing. During a yoga session, you position your body in various poses that require bending, twisting and stretching. There are many types of yoga, each with its own variations.

Yoga may provide some stress relief for people with cancer. Yoga has also been shown to improve sleep and reduce fatigue.

Before beginning a yoga class, ask your provider to recommend an instructor who regularly works with people with health concerns, such as cancer. Avoid yoga poses that cause pain. A good instructor can give you alternative poses that are safe for you.

You may find some treatments work well together. For instance, deep breathing during a massage may provide further stress relief.

Supportive Cancer Care Close to Home

Providence Medical Center

Oncology (Cancer) Services

Dr. Fahed, Oncologist- 4th Friday of each month
Dr. Nemechek, General Surgeon- every Tuesday

WE OFFER:

- Cancer Supportive Care
- Treatment Services
- 3D Mammogram
- Diagnostic Testing
- Surgical Procedures

For more information call 402-375-7953

Many women diagnosed with breast cancer don't have signs or symptoms

Breast cancer is not always accompanied by a lump. Many women diagnosed with breast cancer never have any signs or symptoms, and their cancer is found on a screening test, such as a mammogram.

Among women who experience warning signs, a lump in the breast or underarm area is the most common red flag. However, as a recent study illustrates, some women will discover their cancer because they're experiencing other, less common signs and symptoms.

In a presentation at the 2016 National Cancer Research Institute conference, British researchers noted that, among more than 2,300 women they studied who were diagnosed with breast cancer, 83 percent sought medical attention because they found a lump.

For the other women, different signs and symptoms alerted them that something was wrong, including nipple abnormalities, such as discharge or a nipple that turned inward; breast-related pain; nonbreast-related pain, such as back pain and unintentional weight loss.

Breast cancer also can cause changes in the skin of the breast, or nipple and areola, such as dimpling and pitting (similar in appearance to an orange peel), thickening, reddening, scaling, itching or swelling — with or without a lump. Depending on the symptoms, these changes may be attributed to rarer cancers, such as Paget's disease of the breast or an unusual but aggressive form of breast cancer known as inflammatory breast cancer.

Breast cancer also can cause a skin rash that looks similar to mastitis — an infection of the breast tissue that most often affects women who are breastfeeding.

If you find a new rash or breast redness, and you are not breastfeeding, that should be evaluated by your health care provider. If you are breastfeeding and experience persistent redness, that also should be evaluated.

It is worth noting that breast changes, including lumps, often turn out to be noncancerous (benign). In addition, many women's breasts change slightly over the course of a month.

That is particularly true as they go through their menstrual cycles, when breasts tend to become more tender or lumpier. These changes, called fibrocystic changes, often involve the entire breast. The tenderness and lumpiness, which goes away after the menstrual cycle, is not associated with cancer.

Breast tissue also changes as women age, becoming less dense over time.

The British study mentioned above also found it took women with signs and symptoms that didn't include a lump longer to seek care than it did for women who found lumps.

That said, it's a good idea to become familiar with how your breasts normally feel, so that you can alert your health care provider to any changes and have the changes evaluated if they don't resolve within a few weeks.

National Breast Cancer Awareness Month

Hytrek Lawn Service

Toni Hytrek, Owner • Wayne, NE

402-375-5180 • Cell 402-369-1561

Now is the time to call for your fall yard work.

Hope is the only thing stronger than fear

Miller Law

Amy K. Miller | 208 Main Street | P.O. Box 33 | Wayne, NE 68787



Treat Yourself to... ALWAYS TENDER®

Fresh Pork

Guaranteed to be Tender & Juicy!

Hormel guarantees our ALWAYS TENDER® Fresh Pork will be tender and fresh every time.



Ted, Mike, Adam, Lucas

We, at Pac 'N' Save, are proud supporters of the Wayne Area Pork Industry and would like to thank them for their hard work in producing the best pork in the Midwest.

For Your Convenience, We Have Meat Cutters Available Every Day!

PAC N SAVE



GROCERY STORE

\$1.00 OFF
Any Family Pack Pork Item
PLU 960
Pac 'N' Save Coupon
Effective 10/20/22 through 10/24/22

WE ARE HOME OWNED
& OPERATED

1115 WEST 7TH • WAYNE
402-375-1202

HOURS: MONDAY-SUNDAY
7:30 AM - 10:00 PM



Communicate biosecurity plan for hog operation

Routine can lead to monotony. Monotony can lead to slacking. Slacking can lead to lapses in judgment.

Such a progression, or digression as the case may be, can lead to mistakes. On farms and ranches, we know how a brief lapse of judgment can prove dangerous, especially during the high-pressure, time-sensitive periods of planting and harvesting.

For hog farmers, there can't be lapses in judgment when it comes to biosecurity. Ever. And it doesn't matter what production phase is under your roof.

Program for all pork stages

Biosecurity in the breeding herd is vital, as it is the basis the entire industry is built upon. However, that does not mean biosecurity can be ignored in other phases of production.

The Swine Health Information Center, the Foundation for Food and Agriculture Research, and the Pork Checkoff are collaborating to fund a Wean-to-Harvest Biosecurity Program that will be implemented over the next two years.

According to a SHIC press release, aggregate data from its Swine Disease Monitoring Report show breeding herd breaks of porcine reproductive and respiratory syndrome and porcine epidemic diarrhea tend to follow breaks in wean-to-harvest sites.

Another SHIC-funded published paper detailed how PRRS and PED-negative pigs placed on wean-to-finish sites become infected after placement.

SHIC's Rapid Response Team investigated an Actinobacillus pleuropneumoniae outbreak in the Midwest and exposed deficiencies of wean-to-harvest biosecurity in the area that contributed to the disease spread.

Farm-level biosecurity plan

Back on the farm, your entire team needs to be on the same page of the biosecurity handbook. Here are a few tips to help work through the process:

Train employees. This applies to both new employees and existing farmhands. Expressing the importance of biosecurity to the entire team is key to ensuring everyone carries out the plan.

Make frequent reminders. Weekly

team meetings can be a good opportunity to stress a specific biosecurity measure. Make it a regular part of discussion. This regular reference to such measures will present the eternal importance.

Share concerns. Consider implementing the mantra from TSA in airports: "If you see something, say something." Reporting a biosecurity breach is not snitching on a co-worker. It's for the greater good of the barn's herd health, and quite possibly the health of pigs and hogs in a greater geographic area.

Report breaches in a timely fashion. Report a biosecurity breach immediately, rather than waiting until the

next team meeting to report it. Time is critically valuable when dealing with biosecurity and the potential spread of pathogens.

Communicate openly. If a pathogen sneaks its way in, work to keep it from spreading to other barns within the system or to neighboring operations. While communication within your own team is important to maintain your herd's health, it is equally critical to communicate with neighboring hog producers should a disease break occur.

Maintaining a healthy herd and hog industry is important on so many different levels, and communication is key at each of those levels. Keep talking and working toward sound biosecurity plans, so that they are simply routine. Just be careful that the routine doesn't turn into slacking.

Safeguard transportation sector

Hog transportation is a huge biosecurity issue, as there are an estimated 1 million hogs on the road every day in America.

The Swine Health Information Center established two task forces to develop researchable priorities for transport biosecurity and site bioexclusion and biocontainment.

Transportation between sites within a production system cannot be overlooked as a potential spread mode for pathogens. Also concerning is the



STOP RIGHT THERE: Biosecurity starts at the farm gate, if not before. The health of your herd and of the entire hog industry relies on a strict biosecurity plan.

Pork Association hires Lentfer as Education Director

Sophia Lentfer of Firth has been hired as the Education Director for the Nebraska Pork Producers Association (NPPA).

Lentfer graduated from UNL in May of 2020 majoring in animal science with an emphasis in meat science. While at the University she was part of the UNL Livestock and Meat Judging teams, an active member of the Kappa Delta sorority, and was a member of the 2018 NPPA Mentor program.

Sophia has a strong background in

youth organizations. As a 4-H and FFA member she formed leadership qualities, self-confidence, and other personal growth skills. She started out showing sheep, but quickly discovered her real passion was pigs. Working closely with swine experts to learn more about the industry, production, and show operations resulted in the opportunity to shine in the show pig arenas. Sophia assisted with organizing seven national junior events for Team Purebred to offer kids opportu-



Sophia Lentfer

as Secretary for the national Team Purebred Junior Board Member, June 2018 – June 2020.

The Director of Education will work closely with elementary, secondary, and post-secondary education providers, 4-H and FFA leaders to connect them to our industry. In accepting the position of Education Director, "Ms. Lentfer said, "I believe in the power of young people and look forward to sharing my passion for my love of pigs and promoting the swine industry to children and adults alike".

The Nebraska Pork Producers Association is grassroots, incorporated, non-profit organization established in 1961. NPPA was developed to promote the pork industry through the enhancement of consumer demand, producer education and research. For more information, visit NPPA's website at www.NE pork.org.

nities to exhibit projects on a regional and national level. She was selected to serve as national representative for junior swine producers to help connect junior members to industry and offer professional development and served

The Other White Meat®

When launched in 1987, the goal of the Pork. The Other White Meat® tagline and supporting campaign was to increase consumer demand for pork and to dispel pork's reputation as a fatty protein. The Other White Meat was developed to position pork as a good-tasting, versatile and nutritious meat that is easy to prepare and appropriate for any meal.

Since its inception, The Other White Meat has gained tremendous recognition from consumers. In 2000, a study conducted by Northwestern University found The Other White Meat to be the fifth most memorable promotional tagline in the history of contemporary advertising.

The tagline was certainly successful in positioning pork as a lean protein and an excellent choice for all meal occasions. The tagline is a symbol of the successful evolution of lean pork products available today and its contribution to pork becoming the world's most-consumed protein.

A study released in 2006 by the USDA states that six common cuts of fresh pork are leaner today than they were 15 years ago — on average about 16% lower in total fat and 27% lower in saturated fat. In addition, pork tenderloin is now as lean as skinless chicken breast. The study found a 3-ounce serving of pork tenderloin contains only 2.98 grams of fat, whereas a 3-ounce serving of skinless chicken breast contains 3.03 grams of fat.

The Other White Meat continues to have high consumer recognition and is an incredibly valuable asset to the pork industry. In the Fall of 2021, the Pork Checkoff leveraged the strong recognition of the tagline with Gen X audiences to launch a fun and nostalgic throwback campaign which reinforced that fresh pork cuts are safe when cooked to 145 degrees with a 3-minute rest.



Many reasons to choose pork

Did you know that eating 20-30 grams of protein per meal may help you feel fuller and more satisfied? Pork is packed with the essential amino acids, vitamins, and minerals that your family needs. For example, every 3 oz. serving of pork tenderloin provides 22 grams of protein.

Pork Nutrition

Pork has many beneficial qualities that make it easy to incorporate into a balanced menu. The variety of options range from decadent and flavorful to lean and nutrient-rich cuts that are affordable, easy to make, and enjoyable to people of all ages.

Both the pork tenderloin and pork sirloin roast meet the criteria for the American Heart Association Heart Checkmark, which means they contain less than 5 grams of fat, 2 grams or less of saturated fat, and 480 milligrams or less of sodium per label serving. Pork is also packed with protein, making it easy to include in a health-forward and balanced diet.

Lean

Eight cuts of pork meet the USDA guidelines for "lean," and pork tenderloin is as lean as a skinless chicken breast.

Heart-Healthy

For your heart-healthy protein choice, choose boneless pork sirloin roast or pork tenderloin, which are American Heart Association Heart-Check Certified foods.



Cooking temperature of pork

Finding the correct pork cooking temperature is the final step in plating a perfectly juicy, tender cut of meat.

Pork today is very lean, making it important to not overcook and follow the recommended pork cooking temperature. The safe internal pork cooking temperature for fresh cuts is 145° F. To check doneness properly, use a digital cooking thermometer.

Fresh cut muscle meats such as pork chops, pork roasts, pork loin, and tenderloin should measure 145° F, ensuring the maximum amount of flavor. Ground pork should always be cooked to 160° F. Doneness for some pork cuts, such as small cuts that are difficult to test with a thermometer or large cuts that cook slowly at low temperatures, is designated as "tender." Pre-cooked ham can be reheated to 140° F or even enjoyed cold, while fresh ham should be cooked to 145° F.

Following these pork cooking temperature guidelines will not only result in a safe eating experience but also preserve the quality of your meat for a juicy, tender, delicious meal.

Farmers Co-op
325 West 1st Street
Pilger, NE
402-396-3414

•Grain Storage •Fertilizer
 •Chemicals •Fuel •Propane •Oil

CONVENIENCE STORE
 •Gas & Diesel •Grocery Items

WIECHMAN Pig Company Inc.



Your Best Market For:
 Light and Heavy Sows, Boars,
 Wet, Thin Sows, Underweights, Roaster Pigs



902 Studley Road • Fremont, NE 68025
 402-721-5115 • 800-727-5153
 2601 Blvd of Champions, Sioux City, IA 51111
 712-252-1160 • 1-800-252-1160
www.wiechmanpig.com

NEBRASKA'S FARM POLICY

Your friends and neighbors have made Farmers Mutual the largest insurer of farms in Nebraska. Its Farmguard policy offers broad coverage, low rates and fast, fair claims service. See us today for a quote from this top-rated company.

Farmguard POLICIES

Brian Bowers • 402-375-4888
 State National Insurance

FARMERS MUTUAL INSURANCE COMPANY OF NEBRASKA

WE GREW UP ON THE FARM

SINCE 1859, GEHL HAS CREATED INNOVATIVE SOLUTIONS FOR EQUIPMENT OWNERS AND USERS IN AGRIBUSINESS. Today, Gehl carries the tradition forward with a complete line of skid loaders, track loaders, articulated loaders and compact excavators designed with productivity and efficiency in mind. A full line of EDGE attachments are available for Gehl loaders and compact excavators for added versatility around the jobsite.

EDGE

CALL YOUR LOCAL GEHL DEALER TODAY!

Steiny's Farm Repair
 2408 Highway 51 • Bancroft Nebraska • 866-648-3497
 Where we sell the best and service the rest
 Diesel Truck, Tractor, Skidloader, Trailer Repair

GEHL
www.gehl.com

HELENA

People... Products... Knowledge..

Helena Agri-Enterprises, LLC

WAYNE LOCATION: 110 So. Windom Wayne, NE 68787 402-375-1527	PENDER LOCATION: 58395 849th Rd. Pender, NE 68047 402-287-3500
---	--

Quality Products • Competitive Prices • Proven Results

CoRoN
 Controlled-Release Nitrogen

Hydra-Hume

Proud Supporter of area
 Pork Producers!

Lierman to Lead Pork Producers Association

Jared Lierman of Beemer was elected President of the Nebraska Pork Producers Association (NPPA) at a director's meeting earlier this year at the UNL East Campus Union in Lincoln.

Joining Lierman on NPPA's leadership team are President-Elect, Mark Wright, and Connor Livingston as Vice President. Wright is the Animal Handling and Welfare Coordinator/Assistant Manager at Wiechman Pig Company located in Fremont.

Livingston is Director of Sites and Mill Operations for Livingston Enterprise based in Fairbury.

For the past 23 years, the program has provided young adults an opportunity to thoroughly explore components of the pork industry, identify future career goals, and evolve into stronger agricultural advocates.

LAC is a bi-annual program that features NPPC staff and pork industry representatives updating producers on pending and emerging issues facing the



Jared Lierman

U.S. pork industry. Individual state delegates are urged to continue the dialogue by engaging with Nebraska's Congressional Delegation in face-to-face meetings and aggressively advocate for pork producers.

As part of an agricultural community where hog farms operate, Jared is mindful that these farmers make significant contributions to the local community, volunteer their time and energy to support community organizations, and strive to be good neighbors to those who live nearby. As NPPA President, Jared said, "he would like to expand

The Nebraska Pork Producers Association is a grassroots, incorporated, nonprofit organization established in 1961. NPPA was developed to promote the pork industry through the enhancement of consumer demand, producer education and research. For more information, visit NPPA's website at www.NEpork.org.

Lierman is a 3rd generation farmer and owner of 3L Farms, a wean-to-finish operation. Prior to becoming a NPPA Director, he participated in the Pork Mentoring Program.

First elected to the NPPA board in 2018, Jared was placed into the offi-

cer's rotation as vice president in 2020. He has traveled to Washington, D.C. to participate in the National Pork Producers Council (NPPC) Legislative Action Conference (LAC).

opportunities for independent producers, develop options for interested persons to

becoming pork producers, and push the conversation to update UNL's facilities to help facilitate modern and relevant swine research".

Stewardship

(continued from page 9)

enter water bodies from spills or breaks of manure storage structures (due to accidents or excessive rain, for example), and non-agricultural application of manure to cropland. The Clean Water Act requires large animal farms meeting the regulatory definition of Concentrated Animal Feeding Operations (CAFOs) to apply for a permit from the Environmental Protection Agency's National Pollution Discharge Elimination System (NPDES) if they plan to apply manure to land that discharges to U.S. waters. Some states also hold pig farms to a "zero discharge" requirement.

In addition, some states have adopted citing, operational, manure management and manure limitation regulations that apply to pig farms of all sizes.

Sustainability Research Alliance Research is integral to understanding the impact of pig farming and learning how to improve sustainability practices. The National Pork Board recently joined the United Soybean Board, National Corn Growers Association and Environmental Defense Fund to form the Sustainability Research Alliance, a program that shares research, coordinates new research and communicates results with the organizations' members.

SOURCE: porkcares.org

Japan embraces U.S. pork in nationwide Porktober Fest campaign

U.S. Meat Export Federation, Oct. 10, 2022

As Japan's food service sector struggled last year due to pandemic restrictions, the U.S. Meat Export Federation initiated a new campaign for U.S.

traditionally, many restaurants are reluctant to publicize their use of imported pork.

"We tested the Porktober Fest concept in Tokyo last year and had great participation, with country-of-origin identification central in our marketing

Central to the campaign is the development of new recipes and menu ideas with roast pork, tomahawk steak, back rib and pulled pork. Using an "American Diner" theme, USMEF will also introduce "King's Pork" – a boneless crown roast – as a featured menu item.

USMEF is also utilizing American pork trucks to reach consumers through sampling and promotional information at outdoor barbecue events and popular camping areas with ties to Oktoberfest.

Funding support for the campaign is provided by the National Pork Board, United Soybean Board and USDA's Market Access and Agricultural Trade Promotion programs.

Source: USMEF, which is solely responsible for the information provided, and wholly owns the information. Informa Business Media and all its subsidiaries are not responsible for any of the content contained in this information asset.



Using an "American Diner" theme, USMEF will also introduce "King's Pork" – a boneless crown roast – as a featured menu item.

pork in October that provided strong promotional support and vibrant U.S. country-of-origin identification in restaurants.

Japanese consumers demonstrate strong loyalty to domestic pork and

materials," says Satoshi Kato, USMEF marketing director. "Restaurants were pleased with the results and this year we are expanding the campaign to other regions and directly to consumers."

Biosecurity

(continued from page 1)

transportation of market hogs from finishing barns to a harvest facility. On those return trips to the same finishing barn, or possibly to a different finishing barn, those trucks run the risk of bringing pathogens from the packing plant.

Controlling transportation biosecurity can be tough, but even more so when dealing with a third-party trucking company. In those cases, you need to clearly lay out the expectations that

you have for hauling your hogs. If those expectations cannot be met by the trucking firm, it may be time to look elsewhere — even possibly investing in your own trucking.

Control what you can control.

Schulz, a Farm Progress senior staff writer, grew up on the family hog farm in southern Minnesota, before a career in ag journalism, including National Hog Farmer.

We are here to help you succeed!

NEBRASKA BANK
Member FDIC
501 Main Street
Carroll, Nebraska
402-585-4441

Check us out for butchering and meat needs!

Home of the Wragge Dogs

Pierce Locker
117 N Brown • Pierce, NE
Phone 402-329-4365

The Hay Company
Beemer, NE
— LOCALLY OWNED AND OPERATED —

Rich Shockley Cell: 712-389-8590
Gerald Lierman Cell: 402-380-5320
Jordan Lierman - Cell: 402-380-9478

We Salute the Area Pork Producers!

CHIEF BUILDINGS
a division of Chief Industries, Inc.

LESTER BUILDINGS

SENTINEL BUILDING SYSTEMS
A Division of ORNOLD INDUSTRIES, INC.

Aschoff CONSTRUCTION, INC.
Osmond, Nebraska
CALL TODAY & SAVE!
1-866-748-3551
www.aschoffconstruction.com

Our farmers feed our future

Thanks to our farmers, Nebraska is a leader in agriculture. Their passion for farming helps feed the future of our community. We believe in investing in this future. We've been making ag loans since we opened our doors, and we'll keep doing so for generations to come.

SN BANK
STATE NEBRASKA BANK & TRUST
HISTORY • PEOPLE • COMMUNITY SINCE 1892

122 Main Street 1010 Main Street Wayne (402) 375-1130 statenebank.com Member FDIC

October is time to celebrate pigs, the farmers who raise them

By Kevin Schulz

Hallmark is really missing out by not offering cards for Pork Month. I mean, who doesn't want to share their love of pork by sending someone a card to show them just how much you care — about them and, of course, about pork? But since Hallmark dropped the ball on bacon greetings, I'll do my best to get you in the mood for Porktober. October has been designated as Pork

Month, but Porktober has a much better ring to it. Here are some numbers from the Pork Checkoff for you to digest while chewing on some bacon or a chop: **67,000.** There are more than 67,000 hog farms in the U.S., and those support more than 610,000 jobs. Those farms and those jobs have no small task — helping produce the safest, most nutritious and delicious pork for consumers. That brings us to ...



THANK A PIG FARMER: American pig farmers work every day to deliver safe, nutritious and delicious pork for the global table, helping make pork the most consumed animal protein in the world.

28 billion. Yes, that's right; 28 billion pounds of pork is produced in the U.S. each year, from 131 million pigs marketed by American pig farmers. That is a lot of pork, and American consumers are up to the task by dining on almost 50 pounds per person. But we need someone to produce it, so ...

29.4. U.S. pig farmers are very good at what they do, so much so that we cannot rely on the domestic market to eat up the supply. For 2021, 29.4% of U.S. pork production found its way into export channels, with Mexico, China and Hong Kong, Japan, Canada, South Korea, Colombia, and the Philippines being the top markets. Pork is loved here, but it's loved even more overseas, like to the tune of ...

238.4 billion. The world can't get enough pork, as it is the most widely consumed animal protein on the planet, coming in at 238.4 billion pounds, outdistancing chicken at 214.5 billion pounds and beef at 123.1 billion pounds. As you see, keeping safe, nutritious pork landing on dinner plates around the world is a big job. U.S. hog producers are up to it, even though they are being asked to do more with less, being

sustainable and efficient. That brings us to ...

5. The rural landscape has changed over the decades, as fewer and fewer people have dedicated their lives to helping feed the world. Technological advancements have helped producers to do so in an efficient manner. As an example, in 1959, it took eight pigs to produce 1,000 pounds of pork. Today, it takes only five. In addition to using fewer hogs to produce more pork, producers have also become more efficient in the use of the globe's resources to produce each pound of pork — using 75.9% less land, 25.1% less water, 7% less energy with 7.7% lower carbon emissions compared to 50 years ago.

Feeding the world is a big task, but U.S. producers are up to it. Pat yourself on the back for a job well done. And, if you aren't a hog producer, why don't you send a producer a card of thanks to show your appreciation, and buy more pork?

Schulz, a Farm Progress senior staff writer, grew up on the family hog farm in southern Minnesota, before a career in ag journalism, including National Hog Farmer.

Environmental stewardship practiced by farmers

Pig farmers understand their livelihoods are directly tied to the air, water and land, so they are committed to a sustainable future and recognize that their operations must protect the quality of our planet's natural resources.

The world's population is projected to grow to 9-10 billion people by 2050, and that requires global food production to increase 70-80%. As food needs rise, pig farmers are working to reduce farming's impact on the environment and to advance animal agriculture's environmental and conservation efforts, while also producing more food.

Soil Health and Manure Management

Pig farmers monitor manure output on farms to preserve air and water quality, keeping farms safe and pigs healthy. Manure is an effective, organic nutrient source for sustainable crop production that can be used to feed pigs. This valuable organic fertilizer:

- Increases the soil's productivity with less runoff;
- Enhances soil bio-diversity, fostering a wide range of species like insects and birds;
- Offsets the use of commercial fertilizers made from petroleum products;
- Reduces energy use without increasing nitrous oxide emissions;
- Helps safeguard air and water quality.

Agricultural scientists continue to develop innovative methods to apply and reuse animal manure safely and responsibly, such as:

- Sophisticated manure systems to capture, control and use manure as fertilizer;
- Soil sampling, GPS tracking and other tools to match the manure to crops' needs;
- Ration adjustments, such as phase feeding, to meet pigs' nutrient needs while reducing manure output.

Reducing the Carbon Footprint

Today's pig farmers have access to a comprehensive life-cycle assessment to analyze, track and manage their carbon footprint across the entire supply chain. In 2011, the National Pork Board developed the Carbon Footprint

Calculator to provide farmers with a tool to estimate the amount of greenhouse gases released from their production sites. NPB also offers environmental sustainability toolkits.

In addition, pig farmers increasingly use wind turbines, methane digesters and solar panels to power their farms. Some farmers are now carbon negative and are able to provide energy back to the power grid for use by others in their region. Farms also set aside sections of their land for natural vegetation called buffer strips and tree windbreaks. These improve air, soil and water quality and provide wildlife habitat.

Over the past 50 years, pig farms have reduced their environmental impact by using:

- 75.9% less land
- 25.1% less water
- 7% less energy
- 7.7% lower carbon emissions per pound of pork.

Air Emissions

A 2002 report by the National Academy of Sciences called on the Environmental Protection Agency (EPA) to develop scientifically credible methodologies for estimating emissions from animal feeding operations. In 2005, the EPA announced the Air Emissions Consent Agreement to address emissions from animal farming. Nearly 2,600 animal farms in 42 states, including 1,856 pig farms, signed the voluntary agreement. Additionally, 24 operations, 10 of which were pig farms, participated in the National Air Emissions Monitoring Study (NAEMS).

Led by Purdue University with EPA oversight, NAEMS monitored the sites in nine states from 2007 to 2009 to measure emissions of particulate matter, ammonia, hydrogen sulfide and volatile organic compounds. The study was conducted at pork production facilities in North Carolina, Indiana, Iowa and Oklahoma, and consisted of six finishing sites and four sow farms.

The EPA is using information gathered in NAEMS, along with other information, to develop emission estimating

methodologies for farm operations. The pork industry is investigating whether changes since 2009 in the technological and management practices employed at pork production facilities have a material effect on the suitability of the NAEMS data for modeling emissions today and over the next several years.

Overall, greenhouse gas emissions from U.S. animal agriculture have remained relatively consistent while protein production has dramatically increased due to improved feed efficiencies, better manure management strategies and efficient use of cropland. Agriculture accounts for 9% of U.S. greenhouse gas emissions, and pork production accounts for less than 0.3%.

Low Emissions

Pork production accounts for less than .3% of U.S. greenhouse gas emissions.

Odor Control

Farmers manage air quality and control odors from production facilities to minimize the impact on neighbors and the community. Air quality is important to pig housing, and adequate ventilation prevents the buildup of ammonia, hydrogen sulfide, carbon monoxide, carbon dioxide and methane gasses, as well as particulates and airborne microorganisms that could be harmful to pigs. Innovations, such as

methane digesters that convert methane in manure into energy, also reduce air emissions and odors.

Water Quality

Farmers are developing a number of strategies to protect and improve water quality. Evidence suggests improvements in animal and manure management can reduce the nutrient content in lagoons, as well as the amount of ammonia released into the atmosphere.

Animal manure and wastewater can

See STEWARDSHIP, page 10

Happy Pork-tober!

October is National Pork Month and it's a great time to celebrate all things pork!

October became known as Pork Month because it marked the time of year when hogs were traditionally sent to market (and finished curing by April, which is why ham is a traditional food at Easter).

Today, pork is available year-round, so October has become a time for celebration — to thank pork producers and share their stories so others will come to love pork as much as they do.



WAYNE AUTO PARTS, INC.

117 South Main
Wayne, NE
402-375-3424

- Parts & Accessories, all makes of cars
- Medium & Heavy Duty Truck Parts
- Custom Battery Cables
- Custom Made Hydraulic Hoses

Locally & Family Owned
in Wayne for 53 Years!



Elkhorn Valley
BANK
AND TRUST

WAYNE BRANCH

411 East 7th Street | 402-375-2525

NORFOLK | PIERCE | ALBION | YANKTON

www.ElkhornValleyBank.com

*Serving our local
ag producers since 1943!*

Member FDIC



KLEIN ELECTRIC INC.

Mark Klein, owner

58211 Hwy 35, Wakefield, NE 68784

mark@kleineu.com

402-287-2884

Commercial, Farm, Residential, Industrial



Ekberg Auto Repair

58485 859 Road
Wakefield, NE 68784
402-287-2387

Ekberg Auto Salvage

58485 859 Road
Wakefield, NE 68784
402-287-2950

Ekberg Auto Parts

103 N. Oak Street • Wakefield, NE 68784 • 402-287-9031

'Round Here

WE HAVE EVERYTHING YOU NEED
TO KEEP YOUR FARM RUNNING SMOOTHLY



Belle Fourche, SD	605-892-2621	Bloomfield, NE	402-373-4449
Pierre, SD	605-224-1631	Hartington, NE	402-254-3908
Philip, SD	605-859-2636	Wayne, NE	402-375-3325
Winner, SD	605-842-2040	Sundance, WY	307-283-2971

Grossenburg.com     JOHN DEERE  GROSSENBURG IMPLEMENT INCORPORATED

Life Cycle of a Market Pig

The life cycle of a market pig lasts about 25 to 28 weeks or between six and seven months.

They typically weigh 2 to 3 pounds at birth and are nurtured to their market weight of up to 280 pounds.

Gestation (pregnancy)

114 days — (3 months, 3 weeks and 3 days)

• Gilts (female pigs) reach maturity and are bred at 170 to 220 days of age.

• After delivering their first litter of pigs, gilts are called sows.

• Gestation (pregnancy) is about 114 days, or 3 months, 3 weeks and 3 days.

• Piglets weigh 2 to 3 pounds at birth. Farrowing (birth to weaning)

21 days — (3 weeks)

• Sows and gilts are moved to a farrowing barn when ready to give birth (farrow).

• Usually, a sow or gilt will have 12 to 13 pigs per litter.

• Sows nurse piglets until they are weaned at about 21 days of age.

• Piglets weigh 13 to 15 pounds at weaning.

Nursery

42 to 56 days — (6 to 8 weeks)

• After weaning, piglets are moved to a nursery or to a wean-to finish barn and are housed with piglets from other litters.

• Specialized temperature controls and ventilation support the newly weaned piglets.

• Piglets are fed a corn/soybean meal diet, eating 1.4 to 4 lbs. per day.

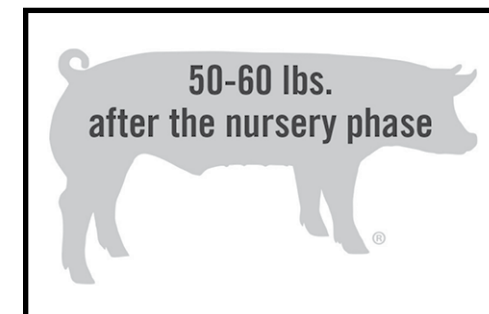
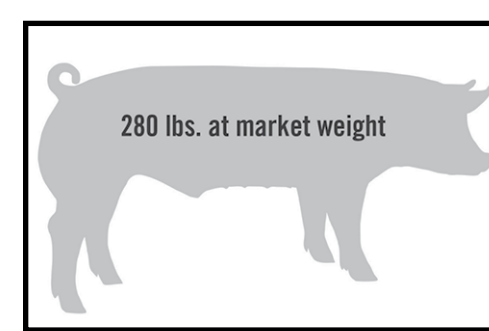
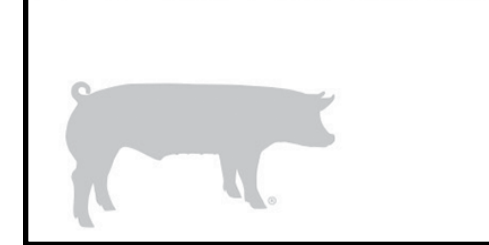
• In this phase, pigs grow to 50 to 60 lbs.

Growing and Finishing

115 to 120 days — (16 to 17 weeks)

• Pigs are moved from the nursery to a finishing barn to accommodate their continued growth. If pigs are in

2-3 lbs. at birth



a wean-to-finish barn, they remain there.

• In the grow/finish phase, pigs consume 6 to 10 lbs. of feed daily.

• A diet typically consists of corn and soybean meal, as well as vitamins and minerals to ensure proper health and growth of the pigs.

• As the pigs grow, they are monitored daily to ensure that they are healthy.

• At about six months of age, the pigs weigh about 280 lbs. and are then market ready.

SOURCE: National Pork Board

Garlic Dijon pork tenderloin with roasted sweet potato and pepper jumble

4 SERVINGS

Ingredients

- 1 lb. pork tenderloin
- 1/4 cup whole grain Dijon mustard
- 2 Tbsp. honey
- 3 cloves garlic (minced)
- 1/2 tsp. salt
- 1/4 tsp. black pepper
- 1 Tbsp. olive oil
- 2 sweet potatoes (peeled, 1/4" dice)
- 1 red bell pepper (1/4" dice)
- 1 poblano pepper (1/4" dice)
- 2 scallions (sliced on a bias)

Directions

Preheat oven to 400°F.

In a small bowl whisk together Dijon mustard, honey, garlic, salt, and pepper. Rub each pork tenderloin with the sauce until thoroughly coated.

Over high heat, add olive oil to large cast iron or oven-safe skillet. Sear tenderloin on each side, then add sweet potatoes, red bell pepper, and poblano to the skillet. Top with remaining sauce, place into oven.

Roast until the pork reaches an internal temperature of 145°F, about 10 to 15 minutes. Let rest for three minutes before slicing and serving. Garnish with scallions.

N

ORTHEAST TIRE SERVICE

Farm & Residential
Roadside Assistance
Lance 402-369-3772

E. Hwy. 35 Across from Wayne East • Wayne

Value of recycled phosphorus from swine waste in diet formulation

By Cooper McAuley and Eric van Heugten, North Carolina State University



Mineral rich products derived from animal manure are often recycled through the use as fertilizer, primarily for its nitrogen and phosphorus contributions. Another potential avenue of utilizing nutrients from animal manure is through combustion for the generation of energy, leaving an inorganic, sterile ash product that has the potential of being recycled back into animal feed.

Previous work conducted at North Carolina State University showed that ash from poultry litter, swine manure solids and swine mortalities could serve as a digestible phosphorus source in diets for swine.

We conducted a study to more closely evaluate the bioavailability of phosphorus in poultry litter ash and swine lagoon sludge. Swine lagoon sludge is the nutrient rich residue that settles in the bottom of anaerobic swine lagoons. It is rich in phosphorus, but also contains relatively high levels of zinc and copper.

For the study, we used 56 crossbred barrows, weighing an average of 77 pounds. They were housed individually and were limit-fed daily at three times their maintenance requirement. Feed was given twice daily at 8 a.m. and 4 p.m. and pigs had unlimited access to water. Dietary treatments consisted of a negative control diet that was deficient in phosphorus (40% of the suggested requirement from NRC, 2012) and negative control diets with additional phosphorus at 0.075%, or 0.150% from either monosodium phosphate, turkey litter ash or dried swine lagoon sludge.

Data suggests bioavailability of phosphorus from turkey litter ash, dried swine lagoon sludge is approximately 60 to 70% relative to monosodium phosphate.

Monosodium phosphate was chosen as a standard with a reported phosphorus availability value of 100%. The bioavailability of phosphorus in TLA and SLS could then be directly calculated and compared to this standard. The TLA used in this study was analyzed to contain 8.31% calcium, 3.98% phosphorus and 0.70% sodium, whereas SLS contained 5.81% calcium, 4.31% phosphorus and 0.12% sodium. These values were used in the formulation of the experimental diets. Thus, diets were balanced as appropriate for the experimental design, maintaining a constant calcium to phosphorus ratio of 1.4 to 1, and using builder sand as a filler to maintain equal inclusion of all other ingredients across diets.

Diets were fed for a total period of 28 days and pig growth rates were determined. Supplementation of phosphorus increased average daily gain for all phosphorus sources, but especially when phosphorus was supplied

MSP is 100%). These data suggest a bioavailability of phosphorus of 58.6% for TLA and 65.1 for SLS.

We also collected third metacarpal bones from all pigs at the end of the 28-day study. Bone length was measured with a digital caliper before being evaluated for bone strength using a three-point bending test with 5 cm between the supports and a 250 kg load cell. Peak breaking strength was defined as the maximum load sup-

See WASTE, page 6

HOSKINS MFG. CO., INC.

Quality Design's Best At Price
LIVESTOCK WATERERS
SAVE 50% ON ENERGY OPERATING
COST ON OUR WATERERS
• CUSTOM SHEET METAL FABRICATION
• MACHINE SHOP
• WINCO GENERATORS

WWW.HOSKINS-MFG.COM
565-4420 • 800-658-4020
105 N MAIN • POB 101 • HOSKINS

Located 3 1/2 miles east of Plainview,
NE on Highway 20

To Sell Corn call
Husker Trading at
866-348-7537

To Purchase Distillers Grains call
Ryan or Todd at
877-487-5724 ext 3 or 1

Coming soon!

CharterLive

interactive teller

Our drive-thru hours are changing!

With the addition of CharterLive, beginning October 31, this drive-thru will be open 8 am to 4 pm on Monday through Friday.

However, we'll have EXTENDED HOURS with the new CharterLive Interactive Teller at the Motorbank on the corner of Highways 275 and 32. All of your drive-thru transactions can be made while speaking to a live teller through the machine.

AN ADDITIONAL WAY TO DO BANKING

CharterLive Interactive Teller Hours:
Monday – Friday » 8 am – 6 pm
Saturdays » 8 am – Noon

N

EXTENSION

We are here to serve your educational needs!

ENREE – Haskell Ag Lab

The University's "Front Door" in Northeast Nebraska
We provide educational programs to help citizens make more informed decisions.

- Crops of the Future
- Livestock Systems
- Water, Climate and Environment
- Ag Economics
- 4-H/Youth Development
- Learning Child

Haskell Agricultural Laboratory (HAL)

57905 866 Road • Concord, NE 68728-2828
Phone: (402) 584-2261 • Fax: (402) 584-3859
Website: <https://hal.unl.edu>

Doug Zalesky, Director.....402-624-8089	Nicole Luhr, Entomology Technologist..... 584-3853
Logan Dana, Farm Operations Manager.....584-3852	Sue Lackey, Asst Hydrogeologist.....402-649-1538
Chad Lake, Ag Research Technician.....584-3860	Anna Wiebelhaus, Asst Forester.....584-3846
Thomas Hunt, Entomology Specialist.....584-3863	Mary Jarvi, Office Associate.....584-3828
Jim Jansen, Ag Econ Educator.....584-3849	RoNelle Woodward, Office Associate.....584-3800
Leslie Johnson, Animal Manure Educator.....584-3818	Monica Ebmeier, Dixon Co Office Mgr.....584-3827
Sarah Roberts, Learning Child Educator.....584-3830	Nebraska Extension Dixon County.....584-2234
Mitiku Mamo, Crops & Water Educator.....584-3819	

BECKER FLYING SERVICE, INC.

Aerial Crop Spraying and Cover Crop Seeding

Wayne Office 402-833-5110

Hartington Office 402-254-7316

Call us for competitive pricing!

Nebraska Pork Producers Association seeks Pork Ambassadors

The Nebraska Pork Producers Association, under the direction of Education Director Sophia Lentfer, has launched a new Pork Ambassador Program. The Pork Ambassador Program is a career development program that will provide a variety of first-hand experiences to promote career development. NPPA is seeking college-age students to be a part of the Pork Ambassador Program. If students are connected to agriculture and believe in the future of the



they are encouraged to apply. Eligible applicants must be between 18-23 years of age, be enrolled full-time in a Nebraska post-secondary school. The yearlong program will run from Jan. 1, 2023 to Jan 1, 2024. During that time students will attend seminars where they will learn about the various and varied career opportunities of the pork and agriculture industries. Applicants do not have to be a pork producer to apply.

The Pork Ambassador will job shadow pork industry professionals, promote agriculture and the pork industry, and improve leadership, team building and communications skills. Ambassadors will also travel to the World Pork Expo in Des Moines, Iowa, the Nebraska Pork Expo and other industry tours and group events. Upon successfully completing the program, students will receive a \$500 scholarship toward their education expenses. Students will not be responsible for any expenses to participate in the program.

Interested students should complete the application online and submit an up-to-date resume by Nov. 1. Applications will be reviewed, and selection notifications will be sent by Nov. 15.

For more information, contact Sophia Lentfer via email or 531-500-3423.

Source: Nebraska Pork Producers Association, which is solely responsible for the information provided, and wholly owns the information. Informa Business Media and all its subsidiaries are not responsible for any of the content contained in this information asset.

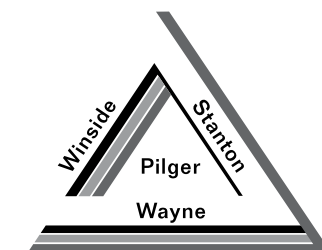
Waste

(continued from page 5)

ported before failure. Bone strength is often considered the most sensitive parameter in the evaluation of calcium and phosphorus requirements. As can be seen in Figure 2, increasing supplemental phosphorus increased peak bone breaking strength for all phosphorus sources. The response was greater when phosphorus was supplemented from MSP as indicated by the greater slope of the line at 116.3, compared to a slope of 85.7 for TLA and 78.0 for SLS. Thus, the calculated relative bioavailability using peak bone breaking strength was 73.8% for TLA and 67.1% for SLS.

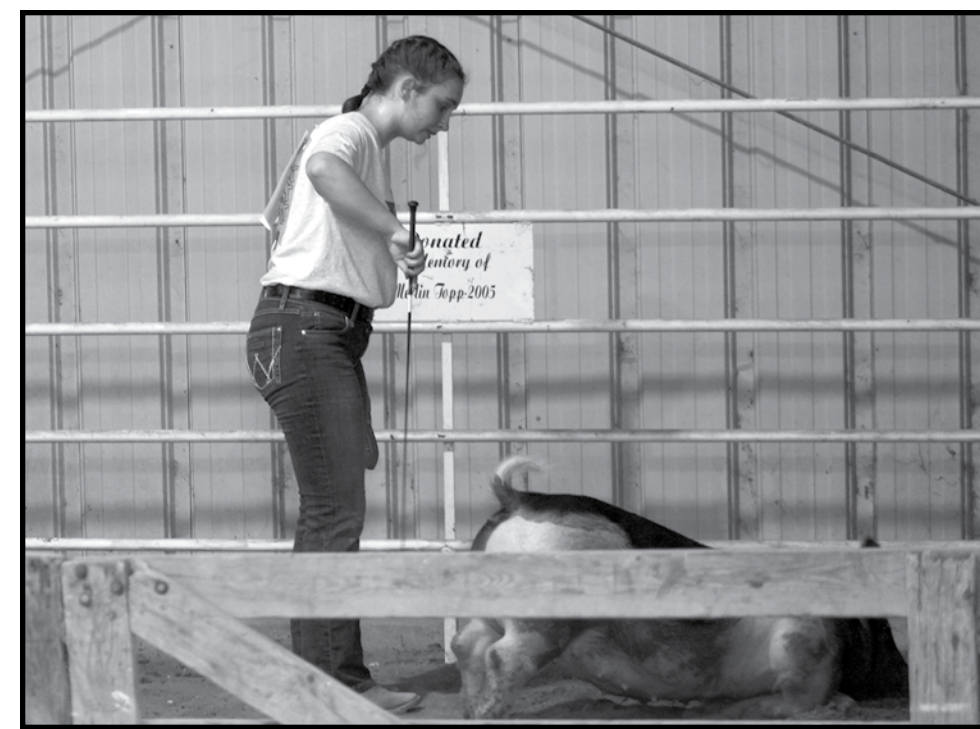
This study evaluated the bioavailability of phosphorus from turkey litter ash and dried swine lagoon sludge relative monosodium phosphate, which was used as a highly available phosphorus control. Data suggest that the bioavailability of phosphorus from turkey litter ash and dried swine lagoon sludge is approximately 60 to 70% relative to monosodium phosphate. Thus, these recycled waste products can serve as potential valuable alternative sources of phosphorus for swine.

Source: Cooper McAuley and Eric van Heugten, who are solely responsible for the information provided, and wholly owns the information. Informa Business Media and all its subsidiaries are not responsible for any of the content contained in this information asset.



Farmers Co-op

WINSIDE • 402-286-4277
PILGER • 402-396-3414
STANTON • 402-439-2430



Evaluating the animal

Among the activities at the Wayne County Fair is the Round Robin judging competition. Above, Grace Junck works to get a pig to cooperate while below, Landon Roeber answers the judge's questions.



DINKEL'S "We Can Do The Job For You"

NEW HOLLAND
AGRICULTURE

Dinkel Implement Co.
3615 W. Norfolk Ave - Norfolk, NE 68701
402-371-5092

KINZE **JCB** **Kubota** **LANDOLL**

www.dinkels.net

Applications being accepted for the Larry E. Sitzman Youth in Nebraska Agriculture Scholarship

The Nebraska Pork Producers Association is currently accepting applications for the Larry E. Sitzman Youth in Nebraska Agriculture Scholarship. College students enrolled as full-time undergraduate or graduate students at a fully accredited Nebraska college, university or technical college in an agriculture related degree program are encouraged to apply.

The deadline to apply is Nov. 10. Applications will be reviewed, and selection notifications will be sent by Dec. 1. Students may apply for the scholarship online.

The Larry E. Sitzman Youth in Nebraska Agriculture Scholarship is a \$1,000 scholarship that will be awarded to one deserving applicant.

The scholarship is named for Sitzman, who retired in 2016 as executive director of NPPA. Sitzman learned patriotism, service to our country and respect for our leaders from his parents. While in high school, he heard John F. Kennedy's inaugural address, in which he said, "Ask not what your country can do for you, ask what you can do for your country." This address increased his desire to serve.

Agriculture has always been his passion. Throughout his life he has provided service in various forms of leadership. Sitzman is known for sharing his

voice defending perspectives and asking challenging questions. He served on many state and national agricultural boards before being named the Director of Agriculture for Nebraska in 1991.

Academics, agriculture, military and other forms of public service have all improved in some measure due to the leadership, service and voice of Sitzman. Upon his retirement, NPPA established this scholarship in his honor.

Eligibility requirements

- Must be currently enrolled as a full-time undergraduate or graduate student at a fully accredited Nebraska college, university or technical college in an agriculture related degree program.

- Must have at least one full year of study remaining toward a degree.
- Must have plans to work in the agriculture industry upon graduation.

Selection will be based on qualities of leadership and participation in collegiate or extracurricular activities related to the agriculture industry.

Source: Nebraska Pork Producers Association, which is solely responsible for the information provided, and wholly owns the information. Informa Business Media and all its subsidiaries are not responsible for any of the content contained in this information asset.



The land market is in big demand!

Call us today to discuss the possibilities.



Wendi Schutte, Agent
Associate Broker/Branch Owner
(402) 518-0115



Steve Schutte
AFM/Agent
(402) 518-0111



103 W. 2nd Street • Laurel, NE • 402-256-9320

www.FarmersNational.com/Laurel

Real Estate Sales • Auctions • Farm and Ranch Management
Appraisal • Insurance • Consultation • Oil and Gas Management
Forest Resource Management • National Hunting Leases
Lake Management • FNC Ag Stock

AgVenture
THE SEED SOURCE

1610 Chief's Way
Wayne, NE 68787
402 375 4715

AGVENTURE THE SEED SOURCE
SCHULD BUSHNELL

www.seedsourceag.com | [Facebook.com/theseedsource](https://www.facebook.com/theseedsource)

CORN SOYBEANS ALFALFA SOIL SAMPLING FOLIAR FEEDS